

The Scoop

Volume: 11 Issue: VI Date: June, 2021

ASBURY
BETHANY
VILLAGE
Anticipate More



From the Executive Director...

Brian Grundusky



Hello to all residents and associates. As we get close to the summer months, I want to thank the residents and associates for your continued focus, patience, and effort in following the safety guidelines during these challenging times. I want to again remind all our residents and staff to continue to practice the safety guidelines of masking, social distancing, and proper hand hygiene. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

COVID-19 Update: Our commitment to providing a safe living and work environment, for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and

awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

As many of you may have seen, the Centers for Disease Control and Prevention (CDC) announced updated mask-wearing guidance for fully vaccinated people recently. We are pleased to see this news and see it as another positive step as more and more people get vaccinated and COVID-19 cases continue to decrease.

We have reviewed the latest CDC guidance and we are pleased to announce several updates, the most significant of which apply to vaccinated Residential/Independent Living residents and are related to community screening, masking and gatherings. As we enter this new phase, most of the changes we're announcing are a direct result of the increasing numbers of those being vaccinated and the overall significant drop in COVID-19 cases across our country. These changes include fully vaccinated residential living

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

We hope you enjoy this issue of *The Scoop*.

This is a monthly publication that will update you on what is going on at Bethany Village from the Bethany Village Communications Team.

www.BethanyVillage.org

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residents not required to mask. Also, fully vaccinated RL visitors are not required to mask and screen when entering the building. We are also permitting RL visitors into the dining venues (Springfield's, John/Annie's Bistro and Clyde's Pub). Fully Vaccinated RL residents are not required to screen in when entering the wellness center and dining venues BUT WILL STILL NEED TO SCREEN AND MASK WHEN USING THE beauty salon. There have been no changes made to the screening and masking process for Maplewood Assisted Living and the OAKS Skilled Nursing.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local requirements.

We are happy to say that we are in a good position across Asbury because so many of those who live and work at our locations have been vaccinated and continue to follow all the proper health and safety measures. For that, we thank you. We can stand tall knowing that our partnership throughout the pandemic has put us in a good spot.

We have and will continue to update our policies and procedures for our residents. New travel and quarantine guidelines have been updated and placed on the "BV Family and Friends" page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Skilled Nursing and Assisted Living (AL) Updated Testing

Guidelines: We currently have not had a new case in The Oaks or MapleWood for several weeks and have re-opened both areas to have in-person visitation. We have also started beauty/barber services, smaller group activities and communal dining options. We have also been able to scale back our testing guidelines in both areas due to the changes in the testing process from the Department of Health and the Department of Human services. For routine testing, we are now only testing those associates who are not vaccinated and due to the Cumberland County positivity rate being below 5%, we are now just testing The Oaks associates monthly and the MapleWood associates every 6 weeks.

As a system, we still have a positivity rate of 1% and Bethany Village has a positivity rate of .301% for 2021. These are great numbers as the national average for positivity rate is close to 8%. We will continue to follow the testing guidelines set forth by the PA Department of Health and the PA Department of Human Services.

Covid Vaccine Update: We have been able to successfully

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complete 12 covid vaccine clinics since the start of 2021. We have vaccinated approximately 97% of our residents (including Bethany Towers) and 68% of our associates. We have also worked out an agreement with Care Options, Rx to be able to vaccinate all new residents and associates moving forward. These vaccinations will be coordinated with Care Options, Rx and take place every 2-3 weeks.

Anyone that received any vaccine is considered "Fully Vaccinated" 2 weeks after their final dose. We are still asking the residents and associates to follow the safety protocols of masking, social distancing, and proper hand hygiene as we still need to be cognizant of the covid variants and the risk of those variants. We will continue to update our guidelines in coordination with federal, state, and local agencies.

Financial Update: Bethany did not meet our Operating Ratio (OR) for April. We missed the target by **3.5%** (actual OR: 101.7% compared to our budgeted OR of 98.2%). We were under in operating revenue by **(\$31,218)** and over in expenses by **(\$55,248)** for a total variance of **(\$86,466)**. The main drivers of this were not meeting our occupancy targets in all areas of living (AL, RL and SNF) and increases in our contract labor costs, health insurance costs, and lab (testing) costs. The BV Senior Leadership Team continues to work with the Corporate Finance Team to ensure that we are doing everything we can to maximize our revenue while decreasing our expenses. We have put together a contingency plan to help off-set these variances and will continue to prioritize the need to fill our openings in all areas.

Occupancy: (as of 5/19/2021): BV is experiencing vacancies in the Residential Living areas. We currently have 21 West Apartments and 6 Court Apartments available. We have extended the current incentive plan for the West Apartments and will be working with our corporate marketing team to develop other methods to fill these openings. We are also experiencing occupancy issues in both MapleWood Assisted Living and The Oaks Skilled Nursing. We currently have 11 openings in MapleWood and 3 openings in The Oaks. We are adjusting our staffing levels based on these openings and will continue to do all that we can to ensure that we are filling these openings quickly. We did have several AL discharges occur in a very short period of time in the early part of January. Our current campus occupancy rate is 91.53% compared to our budgeted occupancy of 95.54%. This is a negative variance of **(3.01%)**.

As always, you can call or email me at any time with your questions, feedback, and concerns. I want to again thank all the residents and associates who have had to make changes to their lifestyle due to this current pandemic. With your support and focus, we will continue to do all the good we can to ensure the overall safety of all our stakeholders.

Stay Safe and Healthy!!!



Operation Warm provides warmth, confidence, and hope through basic need programs that connect underserved children to community resources they need to thrive.

In 2021, with the launch of our Warm Soles initiative, they now offer high-quality, athletic-style shoes that inspire confidence and

outdoor play, to serve children from age 2 to 3rd grade.

Operation Warm's mission has always been focused on the whole child. Their tagline, 'more than a coat' means that the coats don't just provide physical warmth, but also emotional warmth, the confidence to socialize and succeed, and hope of a brighter future.

For several years the Bethany Village knitting club has been providing hats mittens, scarves and other assorted knitted goods to Operation Warm. Members of the club enjoy gathering every Monday morning for a common time together, sharing ideas and patterns as well as socializing. Many of the projects are donated to Operation Warm. The knitting club recently made a donation valued at at least \$500 of knitted clothing. This is an excellent example of community outreach from the residents of Bethany Village.



Thank you, knitting club.

Garden Train Grand Reopening Program June 16, 2021 10:00-10:15a



Join us for a formal ceremony with snacks and drinks as we celebrate the fantastic improvements to the Garden Train in Martha's Garden.

Bethany Assets - They Make Bethany

(Another in a series of associate interviews by John Bowen, Director of Social Services)

Philip Quianzon

Tell us something about yourself (where from, family, interests outside of work).

I was born and raised in the Philippines. I am the 5th child among 6 siblings. I have 3 brothers and 2 sisters. We have a close-knit family. Growing up, I remember we would always spend a day at the beach every Sunday after going to church.

Currently, I am married to my lovely wife, Josefina, who once worked here at Bethany Village under Flagship Rehab. We have one daughter, and her name is Sofia. She is ten years old and loves to read, dance, and draw. As a family, we love playing mahjong, which runs in the family for generations. We also love to travel and watch movies. I enjoy playing tennis, dancing and being outdoors.



How did you choose to become a PT?

Originally, I wanted to be an engineer, but my mom encouraged me to take Physical Therapy instead and she told me that the job was in demand in America. So, I opted to follow my mom's advice and I am thankful I did.

How long have you been here and what do you like about working at Bethany?

I have been working at Bethany Village for a little over three years now. I like working at Bethany Village because the staff and the residents are all nice. I love being able to work closely with the residents and help them work through and overcome the physical difficulties. I also get to hear many different stories from different residents while I work, and I am always happy to hear what they have to say. It makes working more fun. I feel like I am a part of a big family.

What is most challenging part of your job?

One challenge of my job is meeting the goals of each patient.

How has your work here been affected by the pandemic or how has it affected your family?

Some of the challenges during the pandemic was not being able to see some patients in person, adapting to telehealth, and adapting to guidelines for COVID-19. Moreover, not being able to visit family. We were planning to visit the Philippines last year to celebrate my father's 80th birthday and supposed to attend a wedding as well, but it was cancelled because of COVID-19. So, we had to adapt to having a family get together through a video call.

Benevolent Care (Care Assurance) at Bethany Village in 2020



Nineteen residents relied on support from
Benevolent Care at Bethany Village in 2020.
Total cost in 2020 was \$800,807.



3 out of 4 Benevolent Care recipients are
female. Average age is 93-years old.



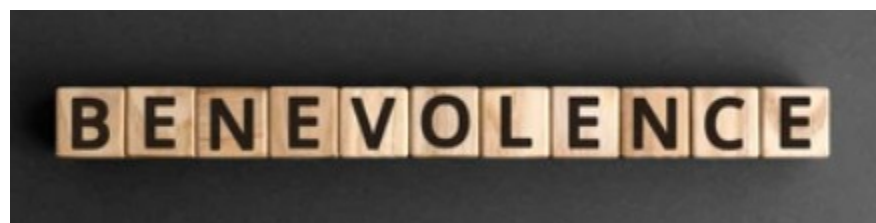
Benevolent Care is anonymous.
The dignity of recipients is maintained by
ensuring continuity of care and privacy.

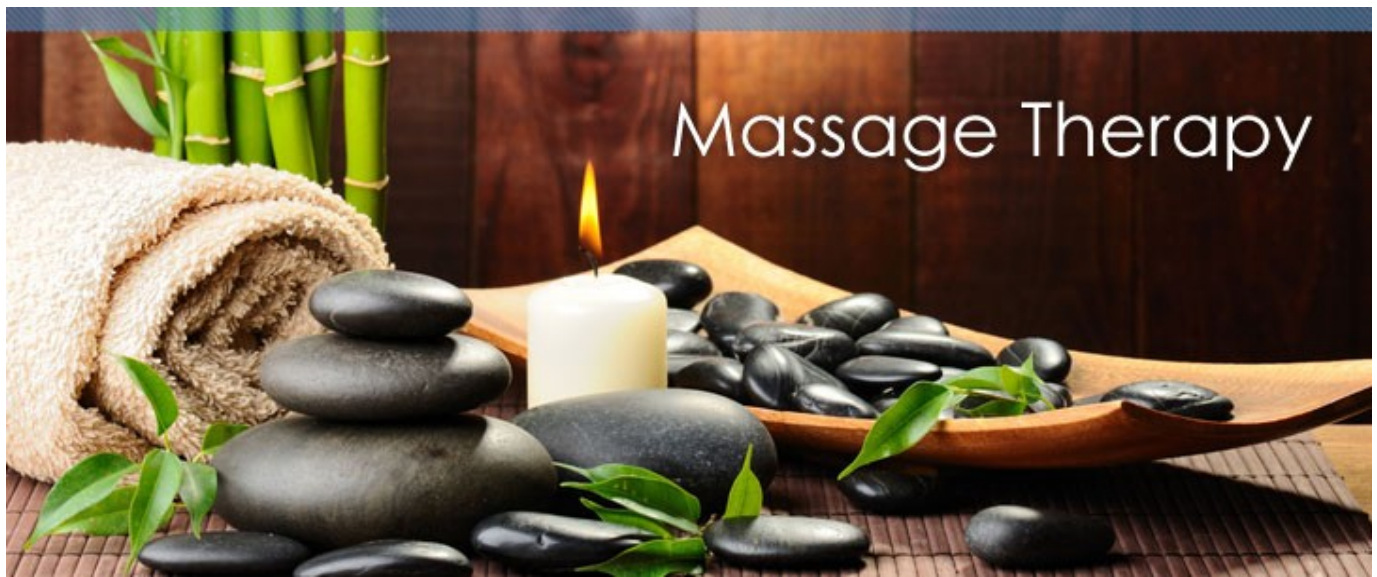
THANK YOU to the more than 790 individuals, corporations, and foundations who gave in support of Benevolent Care (Care Assurance) at Bethany Village in 2020!! YOUR generosity helps us to meeting the growing need for Benevolent Care (Care Assurance).

Sincerely,

Jacob Karagy

Director of Development at Bethany Village





Beginning in May we will be able to resume Massage. We plan to start two days a week but can increase if more residents are interested in Massage.

We are excited to announce we have a new therapist named Jen Davy.

Massages are Available:

Jen Davy

Mondays: 10:00am-4:00pm

Nicole Fortney

Thursdays: 9:00 am-3:00pm

Massage Rates

1/2 Hour: \$50.00

1 Hour: \$65.00

1 1/2 Hours: \$95.00



Massage Add-Ons:

Hot steam towels & Aromatherapy
Foot scrub with Hot steam towels
Paraffin wax treatment for either Hand **or** Feet

To Schedule a Massage:

Stop by the Bethany Village Wellness Center

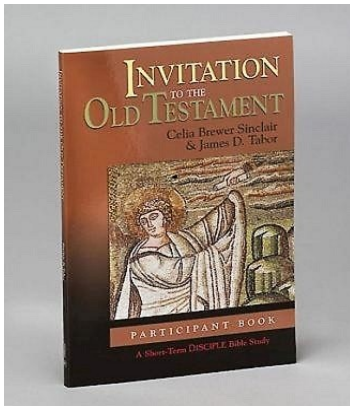
Call: 717-591-8022

Massage Gift Certificates are available at the Wellness Center!

From the Chaplain

Brand Eaton

Among the things learned during these months of pandemic mitigation life has been the desire many of you have for a greater number of spiritual life program offerings. The isolation of the pandemic led to a call for more spiritual life programming on Channel 956. As we have begun to turn the corner and can meet more in-person, many of you have voiced a desire for studies and group experiences focused on scripture and on contemporary spiritual issues. After Easter a number of you participated in the discussion groups for God and the Pandemic, based upon the book of the same name by N.T. Wright, and found the experience deeply rewarding.



Pastoral Services is now offering Invitation to the Old Testament, beginning June 2 in the Chapel, and meeting every Wednesday through June and July. While the 2:30 pm Wednesday cohort is now full, there remain openings to join the 10:30 am cohort. This is a great opportunity to gain a greater understanding of the two-thirds of the Christian scriptures that are often neglected—and often misunderstood. In addition, this is a great time to spend ninety minutes a week in direct fellowship with neighbors and friends after a long season of pandemic isolation. To register for Invitation to the Old Testament, please contact Lois Heagy in the Residents Life Office at 717-591-8071. There is a \$15 fee to cover the cost of study materials.

Don't be concerned that vacation time this summer might prevent your participation—you can keep up on your own during an absence week until you can rejoin the group sessions. Additional in-person study and fellowship opportunities for later in the year are also in the planning. If you have a topic you would like to suggest, please be in touch with me at beaton@asbury.org, or at 717-591-8011.

BETHANY VILLAGE “ALL STARS”

Carol Cressler

Our community is full of very special pets, so I, Carol Cressler, thought it would be great to place articles in the Scoop about them each month. You can send me your information anytime, and I will send the information to the Scoop for the next month. You can e-mail me at cjcressler4040@gmail.com or send it through mail to 5261 Spruce Court. We are all so blessed with our furry friends, so let's share their stories.

Here's the poop about the pets who live in Spruce Court (West Cottages):



Clyde Cressler & I had a wonderful lab who lived with us for 14 years and then passed away when our children were in college. We decided it best not to get another dog and just enjoy our 5 grand dogs. However in June of 2018 we were visiting our daughter in Franklin, TN and to make a long story short, we flew home with our cute little white fur ball of a dog, **HONEY** weighing in at 6lbs and not quite 4 months old. She is called a

Teddy Bear Zuchon; half Bichon and half Shitzu. She was born on February 20, 2018 and now at age 3 weighs 11 lbs. She has quite a loveable personality. Honey loves to visit people, especially here on campus, loves her furry friends in our community as well as most dogs or cats she meets; and will play ball until we stop. When we take walks Honey is always looking for squirrels, bunnies, deer;. She has outfits for every occasion and loves to show them off. After she is groomed with bows on her ears Honey will prance around the community to show off her new hairdo. She thinks she is the Queen Bee of Bethany Village!

Which leads us to her pet friends on Spruce Court.

ROSIE, the cat belonging to Bob and Alice Parks, met Honey, and they became instant friends. They see each other almost everyday and will even touch noses. Rosie is also friends with the other dogs in our neighborhood. Alice writes : “Rosie was a throw away...she was thrown out of a car on Rt. 15, in front of Messiah Village. When our grand dog, 115 pound chocolate lab was playing in the stream in front of Messiah Village, he heard her cry in the woods. He found her, and his owners took her home. She was starved, as she was too little to defend herself, and she had several cuts. Unfortunately my daughter was unable to keep her, as they had two cats and a big dog, so we took her! Such a sweet kitty!” Bob and Alice walk Rosie on a lovely, red leash.



THEO, the dog and **BLU**, the cat live with Nan Keiser. Our garage looks out on the back of Nan’s house, so our Honey and her Theo often communicate with one another. They also like to take walks together. Theo also likes Rosie and the other dogs inside and outside our Spruce Court.



Bob and Ada Sloane moved to Bethany Village with a dog and two cats. “We moved into Bethany Village with a Golden Retriever named **TOBY** and two Maine Coon cats, brothers **BERT** and **Ernie**. Unfortunately we lost our golden to liver cancer, not long after we moved here. We decided we needed another dog, so got permission to get a third pet **BAILEY**, a golden doddle. Ernie died of a heart attack shortly after we got Bailey. Toby and Ernie are greatly missed. You’ll find a bench on the track with Toby’s name on it in memory of him.

BARKLEY, the dog, joined the Spruce Court “All Stars” on April 10th, 2021 when he came to live with Dennis and Mary Smith. Mary said , “He is a curious, friendly ball of energy. Being the newest pup on the court, he is getting to know the neighborhood pet friends and their humans. Being only 4 1/2 months old, he is not so much a Cocker Spaniel, but more like a “runabout baby”, so he is not too interested in the girls and prefers the rough-and-tumble guys to play with. Give him a tennis ball, a chewy stick, or a big wad of peanut butter, and he is in heaven!”

Next month I will tell you more stories of the Bethany “All Stars” . Please send me your stories. Blessings and Thanks.

Food for Thought

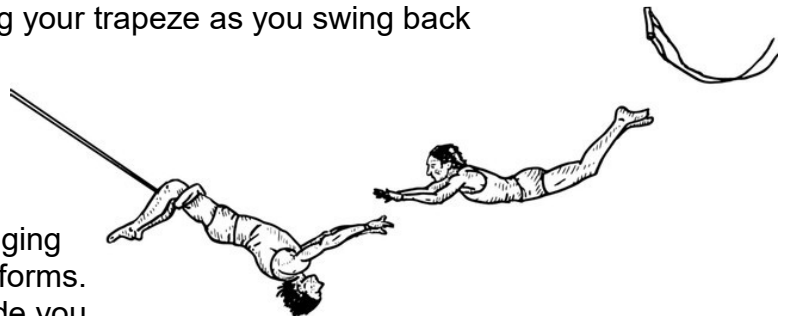
Dale Meadowcroft

There is a story about the filming of the 1963 movie *Hud*, starring Paul Newman. One scene called for a tree branch on which a number of vultures sat. Newman's character was to fire at one of them and they would fly off. But how were they to train them to sit there until scared off? So a number of vultures were obtained and each had their feet held to the branch so they could not fly away. But they became so accustomed to not being able to fly off, that when cued to leave they stayed put. They were offered the freedom to leave but didn't take it. We can be like that. We become involved in things that are comfortable and become too accustomed to them to leave them behind. We are captives to our passions, we prefer to stay where we are. The "inertia" needed to leave...to step out of the comfortable place where we are sitting...is too great.

As we begin to reopen the country from the COVID-19 pandemic many hope that life will begin to return to normal. I believe that we may need to redefine what normal means and looks like. People keep talking about having things go back to the way they were. In all honesty we can never go back, the only option is to go forward. That means it will be different and we must all embrace the new version of normal.

But that means change and we all know how tough that is. Humans are one of the most resilient species because we can adapt to change. In this case we've had to change twice; once at the beginning of the pandemic when we gave up our 'freedoms', and now adapting to what we might need to do to break from our current comfort zone in our safe community. Like the vultures in the example above, now that our feet have been untied are we willing to leave the branch?

I have often looked at change through the example of a trapeze artist. Imagine yourself high above the big top firmly grasping your trapeze as you swing back and forth. It was scary enough to climb that high. You were able to grab hold of the bar while standing firmly on the platform. Swinging is comfortable. However, you must do something or soon you will stop swinging and be left hanging between the platforms. In order for you to reach the other side you must grab hold of the next trapeze. However, if you do not let go of the one you are currently on you will end up being pulled in two directions. You must let go and fly. Call it a leap of faith, but our current situation requires all of us to conduct a flying trapeze maneuver by releasing our old ways of being and embracing the new normal.



Change is inevitable. Without it there can be nothing new. Every new beginning comes from something else ending. We can choose to sit on our trapeze and swing idly back and forth going nowhere, or we can let go of our current situation and experience the thrill of grasping the future and making it ours.

Those scary moments as we fly through the unknown is when we are really alive.

Plastic Collection and Trex Bench Update

Barbara Bankard

Thank you, thank you, thank you Bethany Village residents and staff! You have done an amazing job collecting and depositing your plastic bags and other soft plastic! Due to your support, 4 benches have already been installed. Our 5th and 6th benches will be ordered in the near future, and will be installed on campus as soon as they arrive (in 12+ weeks)

All good things must come to an end. As campus life is slowly, but surely returning to normal, a decision has been made to end this project on June 16. Until then, please continue to bring your plastic to the designated areas.

The Ecology Team encourages each of us to continue to recycle plastics once the project has ended. We have kept over 1 ½ tons of plastic out of the landfill! If you are unable to take your plastic bags and other soft plastic to the grocery store, ask a friend, family member, or neighbor to do it for you. We want to continue keeping single use plastic out of the landfill. Look for ways you can reduce, reuse and recycle plastic.

We especially want to thank Jo Davis who initiated the project and organized volunteers for every aspect of the project. In our next newsletter, those volunteers will be acknowledged!

If you have any questions, please reach out to Mary Anne Morefield, Barb Bankard, Sandy Jones or Joyce Kieffer.



PLASTIC BAG BOXES AVAILABLE

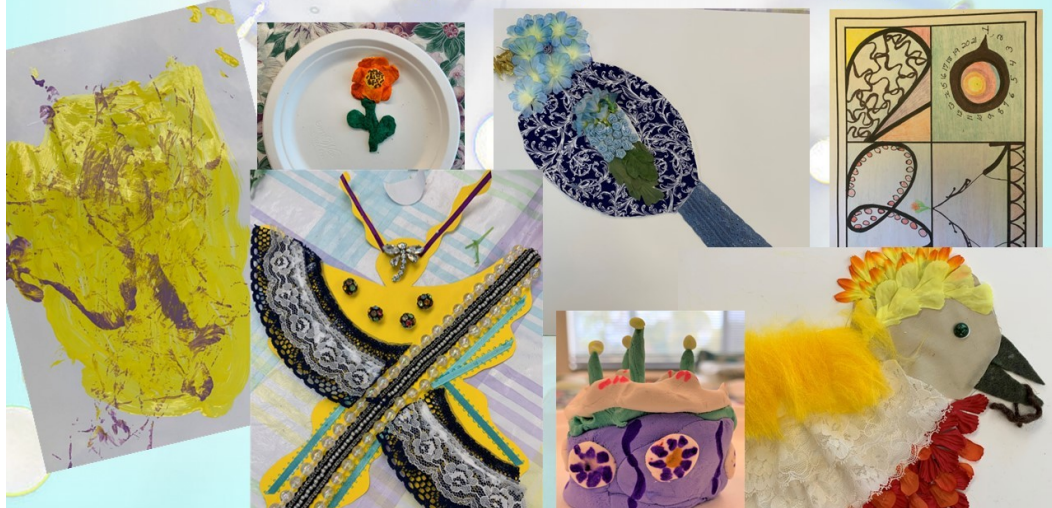
If you are interested in one of the plastic bag boxes once the program ends on June 16, contact Mary Anne Morefield as soon as possible, so one can be reserved for you. Otherwise, they will be discarded.



Plastic Bag Collection Ends on Wednesday, June 16!

Magical Making

Thank you to all who came out and got involved!
I think fun was had by all. We got to engage in play and making, and we challenged ourselves along the way!
Remember to find ways to: Stimulate your imagination »» Manage your stress »» Challenge tendency to isolate »» And always find ways to have fun & play!



Our Social Work student from the past year has now completed her internship. Kati wanted to thank all those who have contributed to her learning experience here at Bethany and especially those associates and residents who collaborated with her on the art class, Magical Making.

The pictures included are of actual examples from the classes Kati coordinated with Mary Lou Dallam and Alice Park



Asbury Amigos

Sandy Jones

Asbury Amigos started when the COVID pandemic made it impossible to visit our friends in The Oaks and Maplewood in person.

Now as things are beginning to open and warmer weather is with us, a new opportunity to be of service has arisen. With the development of The Healing Garden which is located outside of The Oaks, our friends living there would love to spend some time outdoors enjoying the beauty of the trees and flowers which have been planted there.

Taking a resident in a wheelchair for a walk or just spending time in the garden are ways we can brighten the days of our fellow residents as well as our own. If you are presently an Amigo and have a resident assigned to you, this may be something you would like to do; however if sending cards and letters works better for you, that is fine also.

If you are not presently an Asbury Amigo and would like to join us, that would be wonderful also. If you would like to volunteer to be an Amigo and adopt a resident or if you would like to volunteer to take a resident in a wheel chair, please call Linda Cushner or Sandy Jones.

Anything you are able to do will be welcomed by our fellow Bethany friends in The Oaks and Maplewood.

Sandy Jones. SljeJones@verizon.net or 717-774-2315

Linds Cushner cushpin1@verizon.net or 717-774-0730



In Memory of Doris Savage

A memorial service has been scheduled for Doris on Saturday June 19th, 2021 @ 11:00 AM at Trinity Lutheran Church, 2000 Chestnut St, Camp Hill, PA 17011 (between Market & Chestnut St).

Visitation with the family will occur prior to the service, from 10:00 to 11:00 AM, and lunch will be offered at the church following the service. Note that we will be adhering to any masking and COVID-related guidance that will be in place at that time.

Please respond to this evite link <http://evite.me/Yr4pP9zqqc> with the number planning to attend luncheon.

The service will also be live-streamed, so if you cannot attend in person you may view at <https://youtu.be/2HpeMVQb-t0>

Please feel free to forward this link if you know of someone else interested who cannot attend,

Respectfully, Ron Savage

The Bethany Readers

Barbara Bankard

Good News! We will be able to meet in person on Tuesday, June 8! Ida May Heidecker will facilitate My Own Words by Ruth Bader Ginsburg. Fully vaccinated residents will not need to wear masks. I know many of you have been anxious to return to meeting face to face, so I hope you will attend!

Currently there is no facilitator for July, so it's important for a volunteer to choose a book and lead the discussion of Little Fires Everywhere by Celeste Ng



Date	Location**	Book Title	Facilitator
Tuesday, July 13	Rife Center	Little Fires Everywhere	Volunteer needed
Friday, Aug 13	West Commons	Prodigal Summer	Jean Richwine
Tuesday, Sept 14	Rife Center	The Baker's Secret	Micki McCoy
Friday, Oct. 8	West Commons	Have You Seen Luis Velez	Linda Kelly
Tuesday, Nov. 9	Rife Center	Lost Boy Found	Jane Tracey
Friday, Dec 10	Rife Center	2022 Book Selections /Party!	None needed

Please contact Barb Bankard to volunteer, or to answer questions. 410-236-7520 or bbankard@comcast.net

New Wellness Intern



Hi! My name is Paige Inch. I am a senior Applied Health Science student at Messiah University. From the moment I could walk, I have been on the lookout for new adventures and experiences. If I haven't done it yet, I either haven't had the opportunity or I haven't heard of it yet! I live on a dairy farm in East Berlin, Pennsylvania with my family of 9. My hobbies and extracurriculars cover a wide range. I enjoy playing guitar, singing, dancing, acting, painting, and sketching. In middle



school I even starred as Anne Frank in the school play! I love playing sports, particularly volleyball, field hockey, and track. Although because of my responsibilities on the farm, I never played on the school teams. I like spending sunny days going on hikes or walks with my dog.

Meet The Massage Therapist

New Massage Therapist



Hello, my name is Jennifer Davy. I believe strongly in the power of touch and understand it is an essential part of a balanced self care routine. My studies at the Lancaster School of Massage Therapy taught me to thoroughly listen to my clients and devise a treatment specific to their needs. My approach is to deliver a service that heals and calms both the body and mind. I practice various modalities such as Swedish, Reflexology, Neuromuscular Therapy, Connective tissue massage, Myofascial release and Reiki.

My current Wellness center hours are :



Returning Massage Therapist

Hi, my name is Nicole

Fortney. Massage Therapy, or Bodywork, is a lot of things; it is an ancient and wonderful practice to break pain cycles, it helps people cope with stress, it can strengthen and lengthen muscle tone, and it builds positive connections with healthy touch in the many systems of the body and mind. I look forward to returning to serve the vibrant community at Bethany.



My current Wellness center hours are:

Starting the week of May 3rd

To schedule an appointment:

Stop by the Wellness Center, Call 717-591-8022
Email at bvwellness@asbury.org



Long Gone Spring?

Mary Smith

Hello Summer !! Spring did not last too long did it ? Now we are in the sweltering days of summer. As I write this, it's 90 degrees on my patio and I'm thinking that's too hot, but not as hot as the *Summer Sale* at the Gift Shop.



We have all the travel sized necessities you will need as we – finally – start traveling again!! Besides cute stuffed animals for the grandkids, we are featuring some very attractive watches, and a new group of earrings, and necklace sets that are light and bright for summer at very attractive prices. New Anne Klein crossbody bags you don't have to run to Boscovs for!! They are in "Ice Cream" colors and so nice for summer; treat yourself or someone special !

Let me remind you that every purchase you make benefits the Bethany Village Auxiliary. In past years, the Auxiliary has made substantial gifts to both the Oaks (skilled nursing) and Maplewood (assisted living). Last year, because of the pandemic, we were not able to do that. It would be so good to be able to return to that tradition this year !! But we can't do it without your help.

Come by soon, take a look around. I know you will be pleased with what you see.

Bethany Village Auxiliary

Phyllis Keggereis

As things start to open up after the pandemic, the Bethany Village Auxiliary is back in business. We had our first board meeting in May and plans are being formed for activities to begin.

Mark your calendars for September 22nd. Taylor Marie will be here in the Rife Center with brand name clothes for the ladies. We will be able to shop for fall clothes from 11am to 3pm. There are dressing rooms to try things on and there will be people to help you if you want help in selecting or finding items. The Auxiliary receives 10% of the money spent and the clothes are discounted 10%. Tell your friends and family. The more we sell, the more the Auxiliary receives.



We are still selling Hoss's/Marzoni's Gift Cards for \$10 and the Auxiliary receives \$2 for each card sold.

All money raised goes to help the residents in Maplewood and the Oaks. We often think medical insurance covers everything but it doesn't. That's where we come in to help answer the "wish lists" formed by the administrators. We also help financially with projects such as Phase 2, Nursing Grant and the Train platform for the Oaks.

Our Board meeting in June will be held in the Rife Center at 9:15 am on June 1st. This meeting will still be for Board members only. Hopefully we will be able to have an open meeting in September. We do not meet in July and August but will resume meeting in September.

Have a happy and healthy summer.

PARCR brings you: “Oh Say! Can You See?”

Lowell Starling

No, we are not talking about the dawn's early light. We are talking about how well YOU can see. If that is an issue for you, and it is for most of us in retirement communities, plan to attend the next PARCR quarterly meeting on July 14th. The keynote presentation will be by Dr. Nora Siegel, MD, PhD, Ophthalmologist at Conestoga Eye. Her topic will be: Aging Eye Health, Good Practices, Potential Problems, Treatments, and Resources.



Pennsylvania Alliance of Retirement Community Residents

As always at the Quarterly Meetings, LeadingAge PA will give an update on the current state of legislative and regulatory issues in the Commonwealth which affect our lives and our pocketbooks.

As with the past three meetings, the format will be Zoom. The meeting will begin at 10:00am and end at 11:30am. As with the past Zoom meetings for licensing and security purposes the meeting is only open to PARCR delegates and individual members. If you want to join for 2021-2022, the membership forms are on parcr.org and the cost for an individual membership is \$20 per year.

PARCR hopes to resume live meetings in October, but that will depend on the status of the pandemic.

Official Websites:

PARCR – parcr.org

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)



Library News

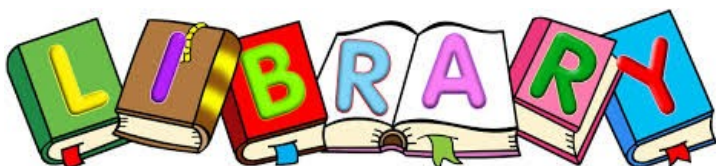
In her report to the Residents' Council on May 4th, Connie Scheib announced her retirement as librarian for the Bethany Village library. She wrote, "It has been my privilege to chair the library for 16 1/2 years and work with many dedicated, willing volunteers who made my job so much easier. I want to thank them for being so faithful and doing their part to keep our library running so efficiently and smoothly. We all worked together so well! I know they will work with Ellie Meadowcroft to maintain Bethany's library and make it better than ever. I want to thank Ellie for being willing to take on these duties in addition to all she contributes to Bethany. As of today, Ellie Meadowcroft will be your new chairperson of the library."

It seems amazing that in one short paragraph Connie summarized 16 years of dedicated time through the improvement of our library. When Connie first took over the role of librarian the checkout counter consisted of a card table by the door. The collection of books was decidedly smaller and the number of shelves much less. Later, a sizable donation would result in a major renovation, under the guidance and supervision of Connie. New, and more sturdy shelving units added significantly to the number of books available to the residents. She conscientiously studied the reading patterns of residents and kept up to date in the reading preferences ordering popular books at the rate of four or five a month, cataloging each one and covering them for long term protection. As reader preferences changed across the years Connie began to order large print volumes. While that may seem to be a simple item there are very few publishers selling large print books. Connie diligently worked with those few vendors to obtain the best deals for our library.

Purchasing and organizing books was not all that she accomplished in these past years. Starting around 2008 Connie installed software as the first stage in mechanizing the library and card catalog, entering every book and DVD into a database for library management. Once that was established, she was able to take the next step of leadership bar-coding every item to permit computer-oriented check in and check out and an online catalog accessible to Bethany Village residents.

In her tenure as the librarian Connie successfully navigated Bethany Village from a moderate library with manual checkout on a card table to an extensive library with a computerized inventory/database and automated checkout. A job well done.

In her true spirit she stated, "No gifts, please", but it is difficult to say thank you without some form of recognition. Residents' Council voted unanimously to make a donation to the library fund for the purchasing of books and needed supplies, in her name. They also moved that a special opportunity be created for the residents of Bethany village to make additional donations in her name to the library fund. If you are so inclined, please send your donation by campus mail to the Residents' Council Treasurer, 5255 Cypress Court.



We often call it a gift, a mystery,
We have the power to make or take,
Let's think about this
I know we all can relate
A brand-new human, bright-eyed to the world
We cannot tell time, we cannot tell where or when
Something will happen but we can see that brand new
Baby Boy or Baby Girl
Life is a treasure, a gift not to be destroyed
You cannot throw a child away as if it were a toy.
The actions you take can certainly make or break
Take the time to consider the life
You make.

Written by Jessie in the 10th grade. Located in the book of poems called "Whispers of the Lakota" by Indian children at the Red Cloud Indian School.

I have resigned from my position as chair of the library, but I have agreed to continue doing the book purchases. I will need your help in making the choices of the types of books you want to have access to in our library. I do know that the majority of our residents want the larger print, so that limits what is available. I will try my best to get your requests in the larger print. Please feel free to tell me what you are interested in reading.

Thank you.
Connie Scheib

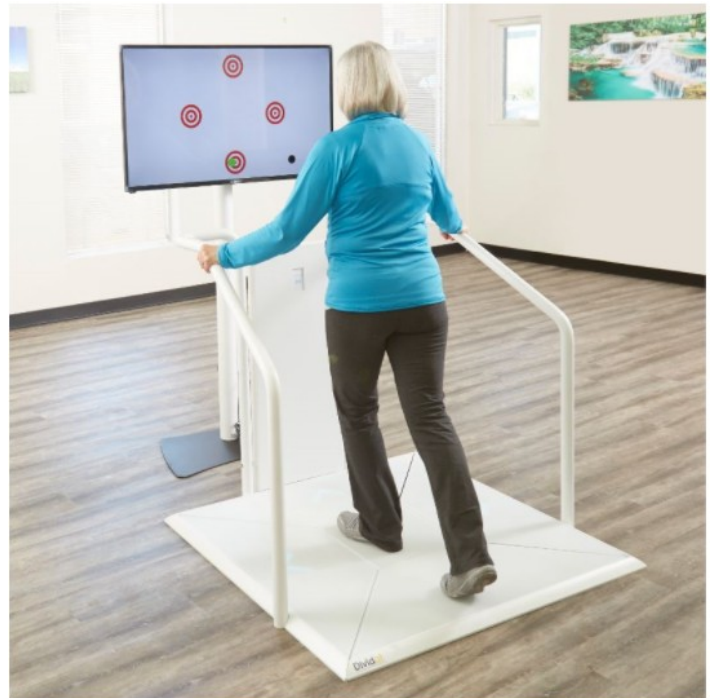
We are excited to announce our new piece of equipment the HUR Senso.

This is a tool that can help improve your balance, coordination and reaction time. The HUR Senso is a fun and easy to use equipment that simultaneously improves physical and cognitive function through activities and gaming.

This is a tool that can be used for all levels or users.

Steps to Begin using the HUR Senso:

1. Schedule a time with a Wellness Associate
2. Learn how to set up the HUR Senso
3. Play around
4. Sign up for a time slot for use on your own



Contact Wellness at (717) 591-8022 or
Email BVWellnessTeam@asbury.org



WANTED

New Residents



The marketing office is always looking for new residents to join our Bethany family. If you know of someone who might be interested, please contact Beth Merkel at 717-591-8072 or bmerkel@asbury.org

Reward

If your referral goes on the waiting list you get a \$25 gift card. If they move in you receive \$100 cash!*

*Referral must not currently be in our lead base to qualify for the reward.

Note: We are also looking for new residents in MapleWood Assisted Living! Contact Jamie Yockin at 717-591-8004 or jyockin@asbury.org for more details

A STORY 81 YEARS IN THE MAKING – THE MIRACLE CONTINUES

Phyllis Kegeris

It's almost a year ago that I wrote the first part of my story. In a time when happy events were few and far between, I felt very blessed with my event. Finding out who my birth father was and that I had two half-sisters was very exciting. The fact that Donna and Sherry were happy about the whole event and welcomed me into the family was above fantastic. When we met in August, I was in seventh heaven.

I thought I had found the right Nora M. Johnson (my birth mother's name) but come October of 2020, I found out I was wrong. No wonder my searches came to a dead end. I put a family tree on Ancestry and my 94 year old cousin in California saw it. She did some more research and I got a note from her telling me she had found my mother and her married name was Boyle. What a surprise that was. She found Nora Johnson Boyle's obituary on Find-A-Grave and it listed a son, John Boyle, as surviving her.

Of course, I called my sisters and Sherry (the family detective) said she would try to get in touch with the son. She was able to contact John's step-son and told him all about me. He contacted John and told him the whole story. Of course he was apprehensive. We didn't hear anything for several weeks, so I wrote him a letter. His wife, Linda told him, "If you don't call her, you'll regret it the rest of your life but it is your decision." Well, John decided to call me. In my story, I called this part, The Miracle.

We talked and he said he would have his DNA done. He did know that his mother had a baby that she gave up for adoption when she was 16 but he thought it was a boy. When he got his report on the DNA, there I was listed as a close relative, probably a half-sister.

Fast forward to May 22, 2021 – a warm sunny day. John and Linda were coming to visit. My sons Harold and George were here with me to meet their Uncle. Later in the afternoon, we Face Timed Chris, my youngest son, so he could meet his uncle. When I saw them coming up the drive the tears started. When John and I hugged, we both were crying. Linda was too. We all came up to my apartment and visited. We talked and Linda gave me a small wooden jewelry box that had been my mother's. John brought some pictures for me of my mother when she was little and also what I think is her high school picture. I know who I look like. I have a picture of me at the same age and my hair is styled the same as Mom's. Linda said she had something else that she and John knew Mom would want me to have. She reached in her purse and gave me my mother's engagement ring. Now the tears really flowed. It fit my ring finger and I now have a part of my mother with me all the time.



It was a wonderful day and when they were leaving, John hugged me and said, "I'll call you this week, Sis." My heart is full to overflowing. As my sister Donna told me this week – "It's a Miracle!" and it truly is.

Thank you for letting me share my happiness and blessings with you.

Birthday Wishes



Listed below are our neighbors who are celebrating birthdays this month. Reach out to them on their special day (and other days, too).

6/1	June Bitzer	6/15	Anna Royer
	Anne Wagoner	6/16	Tom Drinkwater
6/4	Nan Enders	6/18	Margaret Schultz
	Larry Miller		Ed Stevenson
	Lou Scheffer		Mary Lou Suckling
	Donna Stoudnour	6/19	Reba Kell
6/5	Dorothy Bricker	6/20	Elinor Muller
6/6	Leon Calabrese		Judy Trissler
6/7	Wava Allen	6/21	Doris Bennett
	Georgianne Diener	6/23	Jean McKlveen
	Earl Norman	6/24	Dale Meadowcroft
6/8	Dolores Fortner	6/25	Lois Zettlemoyer
6/9	Dorothy Crow	6/26	Leonard Harp
6/10	Tom Johnston		Jean Voss
	Anna Yenchko		Joan Zimmerman
	Jack Zehring	6/27	Bill Lambert
6/13	Sara Beaver	6/28	Robert Anderson
	Evelyn Ries		Brian Jelstrom
6/14	William Gilbert		Bob Park
	Howard Jones	6/29	Larry Hallock
	Betty Rohm		Peggy String
6/15	Joyce Frak	6/30	Cate Reimer
	Marcie Norman		



Wellness Center Update

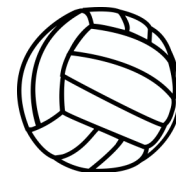
The Activities Below are looking for more participants!

Stretch : Tuesdays and Thursdays from 9:00-9:45 AM

A short warm-up followed by stretching and strengthening to increase flexibility and help keep your joints mobile

Water Volleyball : Tuesday and Thursdays from 3:30-4:15 PM

This is a fun pick up game of Water Volleyball. All ability levels are welcomed. Teams are created each day.



Outdoor Games Update

Mini Golf: June 14th – July 31st (7-Week League Play)

Course is located in the Sport Court. The West Front Desk and the Wellness Center have the key for the equipment cabinet.

Register with the Wellness Center to Learn More!!

Shuffleboard:

We are located in the Sport Court in the courtyard outside the pool and café on West. The West front desk has a key for the equipment cabinet

Disc Golf: Every Thursday at 10:00 AM

We are located on the East campus. Equipment is located by the door close to the woodshop.

****Mark your calendar on June 17th at 10:00 AM Jared Whitesel will be teaching everything you need to know about Disc Golf!**

Register with the Wellness Center to Learn More!!



Questions or to Register Contact Wellness at
(717) 591-8022
or Email BVWellnessTeam@asbury.org

Facilities Department

Director: Mark Ruiz-717-591-8047-MRuiz@Asbury.org

Power Washing

East Cottages will be done end of this month.

A notice will be sent out closer to date.

Filter Change

East Cottages will be done in June.

A notice will be sent out closer to date.

Yard debris pick up:

Tuesdays: East Campus

Thursdays: West Campus

Reminder

To contact the Facilities Department, please call 717-591-8074

Bereavement Notifications

Jane Follweiler 4-24-21

Roy Prescott 4-28-21

Ed Puchalla 4-30-21

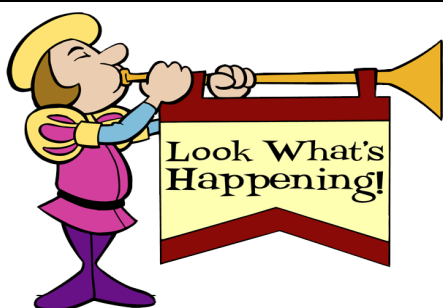
Mary Lou Dallam 5-2-21

Marie Bonanni 5-3-21

Phyllis Patterson 5-5-21

Ed Evans 5-17-21





The SCUTTLEBUTT Bulletin Board

"Looking for tennis player(s) to practice with by hitting some tennis balls at Wass Park tennis court. Could lead to a playing opportunity for outdoor Doubles tennis in an older players group that expects to start playing regularly on Wed. mornings in June."

Dick Landry
717-516-0854
612 whitefield Drive
landryr38@gmail.com



Wisdom from My Grandmother's Clippings

Windows Like Crystal

You say that you have tried everything anyone has ever told you about making your windows shine, including those sure-or-certain ways to do the job demonstrated on the TV commercials? Now try this. Make a mixture of $\frac{1}{2}$ rubbing alcohol and $\frac{1}{2}$ water. Put in a spray bottle and spray on window. Dry with soft paper towels. Wipe briskly. Presto! Windows like crystal.

MIRIAM HYZER

ANTS IN HOMES: There are over 3500 different species of ants. They've moved into many homes this time of year. Use dieldrin or chlordane spray or dust along cellar walls and in areas where you see the pest. Keep the chemicals out of reach of children or pets. One good way to catch the tiny ants which crawl on your table or sink is to dip a common sponge in a sugar solution, and leave it on the table over night. The next morning you'll find many ants in the sponge.

—TODAY—

THE SCUTTLEBUTT is a community bulletin board for announcements or communicating with our resident community. Included could be want ads, a brief thought to share, or thoughts for a new activity. If you would like your thoughts or ideas to fill this space, send them to dale.meadowcroft@verizon.net

Items of appropriate content, good for our community will be reviewed and published.