

The Scoop

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ASBURY
BETHANY
VILLAGE
Anticipate More



From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As we are graced by the fall weather and going into the holiday season, I again want to thank residents and associates for your continued focus, patience, and effort in following the safety guidelines during these challenging times. Unfortunately, we continue to have negative trends in the number of covid cases throughout the state and country. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

COVID-19 Update: Our commitment to providing a safe living and work environment, for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and

awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

Unfortunately, we did have an outbreak of cases in The Oaks in October. We had several residents and associates who tested positive. All the residents who tested positive were

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fully vaccinated and only a few had minor symptoms. We were also able to provide a monoclonal antibody treatment to the majority of the SNF residents to assist in their treatment of COVID and to be proactive with those who did not test positive. The indoor masking guidelines for all residents and visitors (both vaccinated and unvaccinated) remains in place (CDC and CMS guidelines) due to Cumberland County being in the "High (Red)" rate of transmission category. We continue to ask that all residents take the necessary precautions especially if you are meeting or socializing with unvaccinated family members or friends.

We continue to review the latest CDC

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

We hope you enjoy this issue of *The Scoop*.

This is a monthly publication that will update you on what is going on at Bethany Village from the Bethany Village Communications Team.

www.BethanyVillage.org

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guidance and will continue to align our policies and guidelines based on these updates. There have been no changes made to the screening and masking process for MapleWood Assisted Living and The Oaks Skilled Nursing.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local requirements.

We have and will continue to update our policies and procedures for our residents and updated travel and quarantine guidelines have been placed on the “BV Family and Friends” page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Covid Vaccination Policy: Effective October 30, 2021, all Bethany Village associates must have completed the vaccination process against COVID-19 as a condition of employment. We did have 14 associates get approved for either a medical or religious exemption and those associates would need to follow specific masking, testing and PPE requirements moving forward.

Unfortunately, the numbers have continued to increase. Although there have been several “breakthrough” cases (vaccinated people testing positive), the majority of those that are being impacted and hospitalized are those that are unvaccinated. It is imperative that we do everything that we can to protect each other. We value all our associates and sincerely hope that all who are able, will choose to be vaccinated. However, with COVID-19 infections increasing in regions where vaccination rates in the general population are lower, we must put resident safety and well-being first. I am very happy to report that 99.3% of our resident population are fully vaccinated and 95% of our associates are fully vaccinated (10/31/21).

Booster Clinics: Bethany Village, in partnership with Care Options, Rx, provided a PFIZER booster clinic on 10/18/21. We were able to provide the Pfizer booster to approximately 180 associates and residents. We will also be having two MODERNA booster clinics. The first clinic will take place in the Richard Rife Center on 11/15/2021. The second clinic will take place in the BV West MPR on 11/16/2021. All residents will be contacted in advance to get their confirmation and schedule their appointments. The CDC has approved the booster vaccines for the PFIZER, MODERNA and J&J vaccines.

Skilled Nursing (SN) and Assisted Living (AL) Updated Testing Guidelines: Due to the Cumberland County transmission rate being in the “High (RED)” level, we will continue to test unvaccinated staff twice a week in both MapleWood Assisted Living and Oaks Skilled Nursing.

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As a system, we still have a positivity rate of 1% and Bethany Village has a positivity rate of .65% for 2021 (this has increased due to the SNF October outbreak). These are great numbers as the national average for positivity rate is close to 9%. We will continue to follow the testing guidelines set forth by the PA Department of Health and the PA Department of Human Services.

Staffing: We still are facing several staffing issues at BV. We continue to have shortages in housekeeping, dining, and clinical areas (C.N.A.s and Nursing staff). We are working in coordination with the Asbury HR team on developing a pilot program here at BV that focuses our resources for recruitment and retention. Unfortunately, we are seeing the ramifications of this as we have had to shut down some of our dining venues (Springfield's and Café) for short periods of time. We are being creative to ensure that we do have at least one dining venue open on campus and do appreciate your ongoing patience and support during these challenging times

Financial Update: Bethany did meet our Operating Ratio (OR) for September. We exceeded the OR target by **2.1%** (actual OR: 93.9% compared to our budgeted OR of 96%). We did post a positive variance in revenue **(\$168,667)** but were over in expenses **(\$106,266)** for a positive variance of **(\$63,401)**. The primary drivers of the expense variance were in contract labor, increased testing costs and health insurance. The BV Senior Leadership Team continues to work with the Corporate Finance Team to ensure that we are doing everything we can to maximize our revenue while decreasing our expenses. We have put together a contingency plan to help off-set these variances and will continue to prioritize the need to fill our openings in all areas.

Budget 2022: The 2022 Budget has been finalized and will be approved by the Asbury Atlantic Board during their October meeting. The 2022 Rates and budget letters will be reviewed during the November coffee and mailed out at that time.

Occupancy: (as of 10/30/2021): BV is experiencing vacancies in the Residential Living areas. We currently have 14 West Apartments and 8 Court Apartments available. We also have had an increase in our AL and SNF occupancy and only have 3 open AL apartments and 1 SNF room. We have extended the current incentive plan for the West and Court Apartments and will be working with our corporate marketing team to develop other methods to fill these openings. Our current campus occupancy rate is 92.29% compared to our budgeted occupancy of 94.54%. This is a negative variance of **(2.25%)**.

Thank you again and please stay safe and healthy!!

Who is working for you at Bethany Village

Another in the series of associate interviews by John Bowen, LSW

Jessica Anderson- LPN in The Oaks Skilled Nursing Department

Tell me something about yourself.

I've lived in PA all my life, growing up in Gardners with my parents and four brothers. I played in a softball league for ten years with my mom as the coach and was also in the marching band in school, playing the flute. I enjoy listening to music of all genres. I am currently living in Carlisle with my husband Quay and son Samuel. We enjoy RV camping around PA when we can, and gardening at home. I was a stay-at-home mom and school bus driver for ten years before I started working here at Bethany Village in February of 2018 in Skilled Nursing.



How did you choose to become an LPN?

I've always wanted to be in nursing. I enjoy caring for other people and making a positive difference in their lives. I was a Certified Nursing Assistant for a few years when I was younger, and that's when I realized that I wanted to work with the elderly as a nurse. After my children were older, I took the initiative and applied to nursing school. Although I had a full scholarship, I decided to pursue my LPN license instead of an RN degree, as I felt like I could make the biggest difference in bedside nursing at a retirement community and that's where I belonged. I wanted to advocate for those who were unable to do so for themselves and be their voice as well as tend to their other needs. And here I am!

What do you like about working at Bethany Village?

Definitely the people-employees and residents alike. The sense of community here is wonderful to be around. As an employee, I feel that there is a sense of togetherness among a lot of the staff here-there's always someone willing to give a helping hand or just give you a little emotional support if you need it on a rough day. As a nurse, I enjoy listening to the residents talk about their lives, things they've seen, things they've accomplished over their many years. I really feel like I am making a difference in their lives by helping to support their physical, emotional and spiritual needs.

What is the most challenging part of your job?

You have to be able to adapt quickly to any situation that may arise. Conditions can change quickly in skilled nursing and you need to be able to do what is needed and do it right. It's also hard to leave work "at work" at the end of your shift — I'm always second-guessing decisions that I've made, always thinking "could I have done more today?" or "what can I do better or differently tomorrow?" At the end of the day, you have to be able to find solace in the fact that you've made a positive difference and you've done your best, and that you can do it all again tomorrow!

How has work affected you and your family during COVID?

Working with the most vulnerable people, it wasn't just me that had to be careful, it was my family at home as well. We had to always be aware of our surroundings, make sure we took precautions to protect those that I work with. I spent holidays at home when others were getting together with their families. My husband would make changes at his job to better protect me and those I serve at mine since at the end of the day we would be in the same space. Another hard thing was having my amazing uncle Jerry pass away from COVID earlier this year. That really opened my eyes to just how dangerous and indiscriminate this virus can be and made me want to work that much harder to protect the residents I care for. Obviously, some days can be stressful during these times, and it can be challenging not to let that spill over into your home life. I'm very lucky that I have an amazing and understanding support system at home.

Wed, Dec. 20th: Wellness Christmas Social

Place: West Front Door #1 Fire Place

Time: 1:00- 3:00 PM

Please join us for some hot chocolate and cookies before the holidays
so we may wish you a Merry Christmas!

Residents & Community members welcome!



“O JOHNNY, O JOHNNY, O”

A Public Tribute to John Currie
Hail to thee, O John Currie!
Body still; mind in a hurry.
One who's helpful to his friends;
One whose talent never ends.

John Currie is the remarkable guy who, for years, has driven residents on their errands safely and sociably. As so many of us have, he has now voluntarily surrendered his driver's license.

All those of us who have benefited from his kindness are searching for the proper words and deeds to reward such monumental attention, and are understandably falling short in their efforts to thank him properly, hence this tribute in The SCOOP.

John had quite a clientele! And he was personable to all, whether driving his bevy of Bethany belles called “Currie's Chicks”, or his distinctive male pals. Whether or not you are one of his riders, those of us who were regulars would greatly appreciate your joining us by saying “Great Job, Buddy”, when he is spotted on campus in his distinctive Hemingway hat.

Yes, we have come to the end of those faithful and fruitful rides. We, John's vast crowd of riders salute him, and thank him for keeping us motoring and seeing us safely home.

Prior to Covid-19 rearing it's ugly head, we had a very vibrant **"Friday Night at the Movies"** program here at Bethany. The event was initiated by George Tjiattas and we would like to honor George by reviving this once a month tradition in the Rife Center.

We try to pick contemporary and good "oldies" movies that we think will be of interest to residents. We are always open to input from our audience and will do our best to acquire your suggestions.

The doors to the RIALTO usually open the 3rd Friday of each month at 7 PM. Friday Night at the Movies is never broadcast on channel 956, so join us in the Rife Center auditorium and enjoy the in theater experience.



Phishing Emails: Resist the Urge to Click

In recent years, phishing attempts have been on the rise resulting in compromised accounts, ransomware, lost time and funds, as well as widespread spam and fraud. As our world continues to move toward more of a virtual setting, users should be aware of the risks and ways fraudsters can attempt to get your information.

The term "phishing" should be familiar to most individuals in today's world. Phishing can be defined as the fraudulent practice of sending emails purporting to be from reputable companies in order to induce individuals to reveal personal information, such as passwords and credit card numbers (Oxford Dictionary). Phishing attempts use a form of manipulation called "social engineering" to result in an action from the targeted user. Social engineering is defined as the use of deception to manipulate individuals into divulging confidential or personal information that may be used for fraudulent purposes (Oxford Dictionary). Fraudsters have become more and more clever when it comes to these attempts to access your account, and that requires a response from the user.



Examples of phishing and other potentially harmful emails can include subjects such as expired passwords, invoice or fax attachments, shared folders or files, and credit card or payroll information.

To help a user identify whether an email is "good" or "bad", there are some general questions you should ask:

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- Should I open the email?
 - o Some phishing attempts can appear obvious from the title of the email and the sender. Other times it is hard to tell. Before opening an email, you should be sure that the visible information checks all of the boxes for a legitimate email. Some phishing emails or emails containing malware, and viruses can be executed by simply opening the email.
- Am I expecting an email from this user?
 - o Often times an email coming from an individual of high authority can result in immediate action. That is what a fraudster is expecting. Asking yourself “why” is the best way to combat these kinds of phishing attempts.
- Does this email seem legitimate?
 - o Phishing emails can often times look real, use actual logos, or appear to be coming from a known individual to the user. Attention to detail is an important aspect of picking out a phishing email. Rather than replying to the email, go directly to the vendor’s website to verify a problem.
- Did this email come from a known email address or sender?
 - o Phishing emails often “mask” email addresses making it hard to see where the actual email is coming from. Many companies have implemented a banner to warn the user that the email came from outside the network. Phishers can also duplicate this so it is important to be alert.
- Does this email require action?
 - o Some users can be “click-happy”, and that is what phishing attempts try to exploit. Prior to taking any action, be sure to read the email thoroughly.
- What action or information is the email requesting of me?
 - o In some emails it can be obvious, such as changing an expired password or accessing a document or file. If the email is directing you to the internet or telling you to open a file, be cautious when taking the next step.
- Are there any attachments or links in the email?
 - o Phishing emails often notify you of an expired password or a file that you need to view. Before clicking on any attachments or links, be sure the email meets all of the criteria of a legitimate email.
- Can I verify the validity of this email with the individual?
 - o If the email appears to be a legitimate email, verifying with the individual who sent the email can be another form of confirmation. You should not reply to the email or use any contact information in the email to contact the individual in the case that the individual’s email or phone have been compromised.

When it comes to phishing attempts and bad emails, one wrong move can result in a world of headaches for the user and for the organization. Before you open that new email, asking yourself these simple questions above can help you in identifying these types of emails.

Be Aware, Be Diligent, Remember your training and Resist the Urge to Click.

The post “Phishing Emails: Resist the Urge to Click” first published by McKonly & Asbury.

Auxiliary Basket Raffle 2022

Our Basket Raffle at the Auxiliary Fashion Show raises funds for items needed by our Bethany Residents at The Oaks and MapleWood.

Think of a theme, join friends, neighbors, hall mates and create a masterpiece.

Suggestions for themes:

Travel Dinners Hobbies Books Favorite Wines/Beers
Sports Outings Birding Patriotic Restaurant Gift Cards
Pets Kids Fishing Gardening

- Baskets should be worth \$100.00.
- Please, no perishable items.
- Free empty baskets available on table marked Basket Raffle outside of furniture room.
- Please, put your name, title the basket, state worth and if gift cards list address of business.
- No need to cover baskets in plastic unless you have loose items.
- Include bow or ribbon, (we can make bow for you).

All baskets due March 7, 2022

Questions call Nancy Toth 717-991-1821

Koziars Christmas Village



Save the Date: December 14th
Stay tuned for more Information
in December Sign Up Notes

Questions: Contact Susie Lupkes at 717-591-8410
or Email at slupkes@asbury.org

Alzheimer's Disease Warning Signs & Symptoms

Thursday, November 18, 2021 – 7 p.m. – Rife Center

The final lecture for 2021 will be presented by the Alzheimer's Association. This is an important topic for all of us and we hope that you will come to hear this lecture. These lectures are NOT broadcast on Channel 956.

Early signs of Alzheimer's—one of many diseases that can cause dementia—are different from signs of the normal aging process like benign forgetfulness (forgetting where you put your keys, for example) or decreased motor skills (walking more slowly or having difficulty tying your shoes).

According to the Alzheimer's Association, the following 10 symptoms are warning signs of Alzheimer's disease:

- memory loss
- difficulty performing familiar tasks
- problems with language
- disorientation about time and place
- poor or decreased judgment
- challenges with planning and problem-solving
- misplacing things
- dramatic and sometimes abrupt changes in personality or mood
- withdrawal from work or social activities

Because other diseases often cause similar symptoms, a comprehensive evaluation is essential to ensure the correct diagnosis and optimal treatment. Not all dementia-related problems are caused by Alzheimer's disease, but any symptoms associated with memory, judgment or difficulty performing daily tasks, as well as any abnormal behavior or mood swings, should be discussed with your healthcare professional.

Early signs of Alzheimer's disease include forgetfulness and trouble finding words, but this also occurs with normal aging. What distinguishes the person with early Alzheimer's disease is development of new psychological symptoms. Energy and engagement in everyday life may diminish. These symptoms can become so severe that they may interfere with the ability to carry out more difficult tasks, such as handling finances or driving a car. Knowing the signs and symptoms of Alzheimer's disease can help you or a loved one identify whether or not you are at risk and put you on the right path to treatment.



More Great Happenings in the Bethany Village Model Railroad Club!

The Annual Night Train Run of the Garden Trains in Martha's Garden



On October 7 at 6:00 pm the BVMRRC held its annual Night Train Run of the Garden Trains. Some 65 residents, associates, and friends enjoyed watching the trolley, the short line, and the main line trains that ran through the expanded layout. During their run, the trains visited farms, factories, a southwest village, and 19th and 20th century villages. In addition to watching the trains run through the new layout, we had a sing-along of railroad songs led by our own "Broadway" Tom Cognato. The guests also enjoyed light refreshments. It was a magical evening bringing back memories of

yesteryear and the guests lingered until dark to watch the trains and socialize with their friends and neighbors.

Next up: The BVMRCC Christmas Train returns to the West Main Lobby!

The week before the Thanksgiving holiday, the BVMRRC members will set up the popular Christmas Train display and get it running for the season which lasts until after New Year's Day. This year's Christmas train layout features a variety of buildings from the Department 56 Christmas in the City collection, plus multiple moving accessories including an ice hockey rink, a swan pond, and a figure skating pond. One tap on the foot pedal at the base of the layout and the buildings light up, the Polar Express train begins to run, and the figures on the ponds spring to life. The display will run for around 3 minutes, then everything will settle down for a long winter's nap. Be sure and stop by to watch the display operate and enjoy a little extra Christmas cheer!



Food for Thought

Dale Meadowcroft

It was a dark and stormy night. No, seriously. It was dark. And it was stormy. And it was night. Those on the fishing trawler returning to port were frantically seeking the flashing light from the lighthouse that would lead them safely through the shoals. The last two miles to the harbor were always difficult even in the best conditions but tonight as the waves were crashing over the bow and literally soaking everyone huddled by the helm it was vastly important to find the light before proceeding. Suddenly, the familiar sequence of lights indicating their home port became visible. Now the captain knew the way home. Aligning his compass readings and the charts laid out before him, he knew he would be able to safely navigate. The light would lead the way and soon he would be home with family, dry and warm and fed.

A lighthouse is a tower, building, or other type of structure designed to emit light from a system of lamps and lenses and to serve as a beacon for navigational aid. Lighthouses mark dangerous coastlines, hazardous shoals, reefs, rocks, and safe entries to harbors.

Interesting, isn't it? Man-made structures, often high above the water just to emit something called light. No single answer to the question "What is light?" satisfies the many contexts in which light is experienced, explored, and exploited. The physicist is interested in the physical properties of light, the artist in an aesthetic appreciation of the visual world. Through the sense of sight, light is a primary tool for perceiving the world and communicating within it. Light from the Sun warms the Earth, drives global weather patterns, and initiates the life-sustaining process of photosynthesis.

But for now, let's be simple. Light is the absence of darkness. Even more interesting is that the darker the night the more effective the light. Under ideal, controlled circumstances (eyes adjusted, blackout conditions, excluding horizon) a candle could be seen at up to 30 miles, according to a 1941 study by Columbia University. Perhaps you have had the opportunity to tour a large cave. Somewhere during that tour, all of the lights were turned off. It is not possible to even see your hand in front of your face. Think how valuable a single light would be.

Years ago, on a somewhat cloudy morning, I remember observing our daughter sitting in the back seat of our car, holding her arm extended with just her index finger pointing upward singing "This Little Light Of Mine." In her innocence she was asserting the fact that although it may be cloudy, she could "make it shine" and brighten the day.

If a nine year old girl by simply raising her finger and starting to sing is enough to make the day a little bit brighter, think about what each of us could do if we just let our light shine. There are lots of ways to do that. Can you deliver a meal? Can you knit a shawl for a shut-in? Can you work in the gift shop, or fix a broken chair?

Each of us has something to contribute. The more we share that gift, no matter how small it may be, it is sure to enrich the lives of others and ourselves. Remember, if it is possible to see the light of a candle from 30 miles away, it is possible to light up a life with your personal ray of sunshine.

Do you remember the hit many years ago sung by Debby Boone, "You Light Up My life"? Be a "lighthouse".

2021 Variety Show

**Attention: Acts wanted for this years Variety Show!
We want you to bring and show off your Talents!**

Both residents and associates are welcome and encouraged to participate!

Sign up at the Wellness Department or contact Wellness at
717-591-8022 or you can email us at BVWellnessTeam@Asbury.org.

This is a show you won't want to miss!

When: Wednesday, November 17th @ 7:00PM

Where: Rife Center on East Campus– Please note we will have a limited audience due to restrictions. However, due to this it will also be broadcasted on Channel 956.

“GOOD MORNING BETHANY VILLAGE!”

John Bowen, LSW, Director of Social Services

I was thinking about the upcoming Variety Show today and how it might seem like another activity in which to be a passive audience member with some folks in the Rife Center watching in person while others observe from the comfort of your living rooms on Channel 956. However, every year I see it as an opportunity to step out of character and have fun while providing a service to all those who need/want a lift of their spirits. Do you remember the movie, Good Morning Viet Nam? The title above is my impression of Robin Williams greeting the troops over the infamous radio show he broadcast during a very scary time for the American troops. While we are currently spared the tragedies of a violent conflict here at home, we still find ourselves on the defense and at times feeling threatened by the unpredictable situation of this COVID-infected world. That is why we need you. This is more than an invitation, this is a call to arms. You may not think you have something to offer, but you do. Don't call it a talent, it could be more of a hobby, or anything that you can share to offer a few minutes of distraction or a much-needed laugh to a campus hungry for humor during a serious situation. I know you are out there and I add my encouragement to our Wellness Team. Please put aside whatever excuse or justifiable self-talk that is holding you back and register for this year's Variety Show. You will not only gift others but be rewarded in the process.



PARCR learns how to be “Dementia Friendly”

Lowell Sarling



Pennsylvania Alliance of
Retirement Community Residents

That was the keynote topic at the Quarterly PARCR meeting on October 13 via Zoom. The speaker for this important topic was Kimberly Korge, BSEd, CDP, Memory Care Coach at Cross Keys Village.

Kim is a Certified Dementia Practitioner, and Support Group Facilitator, and currently in her last year of a Master's Program for Gerontology through the University of Missouri. Kim first showed how to distinguish between the memory problems common to many people as they age as opposed to true dementia. She then explained how to identify some of the issues experienced in communicating and working with people who have dementia, and how to address them. As part of the program, participants qualified to become Dementia Friends and were encouraged to help others practice the techniques in their community. Because many of us at Bethany Village have the need to communicate with someone with dementia, we are exploring how to bring the Dementia Friends program here.

As always at the Quarterly Meetings, Anne Henry of LeadingAge PA gave an update on the current state of legislative and regulatory issues in the Commonwealth which affect our lives and our pocketbooks. She also discussed some major organizational changes that are taking place including the appointment of an interim CEO to replace the former CEO who left for a new opportunity. Also, Anne is retiring at the end of the year, and they are working on a replacement. Dan Seeger the new President of NaCCRA reported on two of their documents for the public. The first is a five-page document on how to evaluate the finances of a CCRC which is available now for free on their website. It is aimed at prospective residents of a CCRC. The other is a 50 page document on the same topic which will be available free later this fall on their website. It is targeted at members of the finance committees of CCRCs to help them understand the intricacies of CCRC finances.

We are hoping to hold an in-person meeting this winter at Bethany village on January 12, 2022. This meeting will be for PARCR members only because we will be discussing the new strategic plan developed this summer. The draft plan includes multiple components and initiatives. The PARCR Executive Committee will be looking for feedback on those items and participation in their implementation.

As always, if you are interested, individual memberships are only \$20 a year and you can find the registration materials at PARCR.org.

Official Websites:

PARCR – parcr.org

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)

Bethany Village Auxiliary

Phyllis Kegerreis

Things are moving right along in the Auxiliary. Our last two fund raisers were quite successful. Our clothing sale with Taylor Marie brought in \$361.87 which is the most we have ever gotten. Maryann (the owner) was very pleased and told me they had 33 sales. Our next project was "Friends Helping Friends" at Boscov's. We sold 86 passes which gave us \$430. This likewise is the most we have ever made. 85 were sold at Bethany and I sold the last one to a lady while we were in line for the ladies room - anywhere- anytime. Thank you to everyone for your support. Don't forget to get your orders in to Sandy Newmyer for Rafa knives, mixes and cookbooks. The first order is due November 1st and the second order is due December 1st. The book orders are in the Gift Shop as are the Marzoni's cards. Time to start your Christmas shopping and you don't even have to leave campus.



Our Annual Auxiliary Meeting is going to be on December 1st at 10 o'clock in the Rife Center. This is for members only. We usually have a Christmas Brunch but due to Covid we are not able to have the Brunch. We will be having sticky buns, fruit and coffee, tea and punch. Please come and hear the year end report and elect the new officers.

Our November Board meeting will be on Wednesday, November 3rd at 9:15 AM. I am not sure whether it will be in the Rife Center or the Corporate Conference Room. Watch Channel 956 and the morning announcements for the location.

Our wish for all of you is for a Happy Thanksgiving. Enjoy your turkey and your families. Stay safe and healthy!

Facilities Department

Just a reminder to residents that as we transition our environmental systems from air condition to heat at this time of year, we still have mixed days of weather temperature that will on some occasions result in some interior temperatures seeming hot and others cold. As you all know, these systems are huge in scope and cannot be switched back and forth. They are switched between heat and air twice seasonally in fall and spring.

East & West Cottages

Please make sure your outside faucets are turned off for the winter. If you need assistance please call the maintenance office

Yard debris pick up:

Tuesdays: East Campus
Thursdays: West Campus

Reminder

To contact the Facilities Department, please call 717-591-8074

BENEVOLENT CARE

at Bethany Village



On average, **Benevolent Care** covers a little more than half of the expenses for residents who have outlived their resources. Recipients continue to pay what they are able toward the cost of their care.



Nineteen residents relied on support from Benevolent Care at Bethany Village in 2020. Total cost in 2020 was \$800,807.



3 out of 4 Benevolent Care recipients are female. Average age is 93-years old.



Benevolent Care is anonymous. The dignity of recipients is maintained by ensuring continuity of care and privacy.



Bethany Village received gifts from more than **790** individuals, corporations, and foundations in 2020 to help us meet the growing need for Benevolent Care.



Residents spend an average of **10** years at the community before requiring Benevolent Care assistance.

To learn more, contact: Jacob Kanagy | Director of Development | 717.591.8019

From the Chaplain

Brand Eaton

“Movable feast: a religious festival that occurs on a different date each year. Easter and Passover are movable feasts.” Thus speaketh the Merriam-Webster Dictionary. Why bring up these movable feasts, celebrated by Jews and Christians in the Spring? Because we have a national holiday this month with a history of being something of a movable feast.

The first Thanksgiving Day was celebrated by those New England colonists we know as the Pilgrims after their first harvest in October 1621. It wasn’t a single big meal, but a three-day event. Incidentally, while it was attended by 53 Pilgrims, it was also attended by 90 Wampanoag according to an account left to us by the third governor of Plymouth Colony, Edward Winslow. Sad we couldn’t have maintained that kind of fellowship, isn’t it?

Perhaps the more significant Pilgrim Thanksgiving Day was held in 1623. That year, it was held on July 30. It occurred after a disastrous drought broke following a fast observed by the Colony and a subsequent 14-day period of refreshing rain. On July 31, following the Thanksgiving celebration, a supply ship with more colonists arrived. That Thanksgiving Day is considered more significant, not only because of the circumstances surrounding it but because it was ordered by civil authority rather than the church, making it the first civil recognition of Thanksgiving in New England.

Proclamations for Thanksgiving Days were made by national and state authorities from time to time from the days of the early American republic onward. These were often scheduled for late in November, typically on the last Thursday of the month. It wasn’t until 1941 that the United States Congress passed a resolution setting the fourth Thursday of November as National Thanksgiving Day. However, to demonstrate just how un-united these United States have typically been through history, some states refused to honor the fourth Thursday and held it on the last Thursday of the month even if that was a fifth Thursday. Texas was the last state to comply, and not until 1956.



The point of all this history is just to say that perhaps when is not as important as what. Many cultures and races have celebrated a harvest festival, but the United States and Canada are unique in calling ours “Thanksgiving Day.” As our lives have generally become less rural, less attached to agricultural cycles and seasons, it is perhaps helpful that we have Thanksgiving Day. Furthermore, it helps us to be thankful for many blessings, not only for harvest blessings of food, and perhaps to direct our gratitude toward a benevolent Providence.

By the way—the Canadians had trouble pinning down their Thanksgiving Day, too. It wasn’t until 1957 that the Parliament in Ottawa declared, “A Day of General Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed—to be observed the 2nd Monday in October.”

Happy Thanksgiving!

BETHANY VILLAGE "ALL STARS"

Carol Cressler

Hi, my name is Baco. I live with my parents Maria Laterra and Kerry Butz in an East cottage. You've been reading a lot about the pets on the west side. They've got nothing on us east side pets. But first let me tell you a little bit about myself. It's hard to believe I'll be 13 years old in November.

I'm a Yorkshire terrier who first met my parents on the Fourth of July 2009. They were visiting a friend who happened to work at a rescue and brought me to her house for a visit while they were there. Dad immediately fell in love with me. It helped that I jumped in his lap and started

kissing him. I'm told I can't control my licker. Mom was a little leery of getting another dog because their last one was pretty sick her last three years and she didn't want to be tied down with another pet. But dad won and the rest is history. Mom even got another dog to keep me company. We used to have a vineyard in Dillsburg so I was named after a grape. My full name is Baco Noir. My sister was named Asti. Unfortunately, she left us suddenly before we moved here. Asti is a wine region in Italy which is known for it's Spumonti sparkling wine. I really missed her at first but we moved here and I made a lot of fun fur friends.

I'm known on the east side for my "stalking." Sometimes, when I'm out for a walk and see another dog from afar, I'll crouch down and slowly try to creep up on them. Then when I get close I'll launch a surprise attack. Most of the other dogs aren't impressed and just look at me like I'm crazy. I suspect it's because I'm pretty petite at 11 pounds. One dog's dad said I wasn't stalking but curtsying to the other dogs. Mom says I put the terror in terrier. I'm also known for my favorite activity....picking up greenies in our golf cart. I get to sit in mom's lap and let the wind blow through my hair. In the winter, I wear a babushka because my ears get cold. Then we drop off the greenies in the breezeway and I get to say hello to some of my Court apartment friends.

Let me tell you about some of my canine friends. Right down the street from us, up on holy hill, is Bella. We kind of look alike because we are close in size and she is part Yorkie.



Baco & Bella



Baco

We are looking forward to freedom from our leashes in the dog park. Nearly every evening we see Daisy out for a walk with her mom Micki and Aunt Carolyn. Daisy is pretty chill. She's a beautiful white golden retriever from Turkey. She even has a passport to prove it. Molly is one of the dogs I like to stalk. She's a Shih Tzu and is usually out with her mom Missy when we drive by. She lives down the street from her cousin Jazz. I think that's short for Jasmine. Also on that street are Shih Tzus

(Continued on page 18)

(Continued from page 17)

Becky and Zoe. They live with their mom Mary. Becky is black and Zoe is black and white. I let Becky sniff my face when we see each



Baco & Blake:



Daisy:

other. You know sniffing for us is like reading the newspaper for humans. Blake is a Pomeranian rescue and likes to bark hello as we pass in our golf cart. Sometimes we even stop to chat. There are just too many friends to mention but I'll tell you about one more. His name is Rusty and he's a cat. But we won't hold that against him. He's cool. You may have seen him in a mesh backpack on his mother Terry's back when she rides her bike around our lovely east campus.

Bethany Plans to Open Time Capsule

Maria Laterra

Where were you in 1997? Were you contemplating what life would be like in 2022? The residents of Bethany Village certainly were. They buried a time capsule labeled Predictions of 1997 for the Year 2022. It is located in a little courtyard bordered by the Rife Center, the Alexander dining room and the old Gallery Goodies. The Residents' Council has formed a committee to plan for unearthing the time capsule and burying a new one. Think of the possibilities of what might be in the existing capsule and what we, the current residents and associates of Bethany village might put in the new capsule! The committee is looking for residents, associates or anyone else who might remember anything about the time capsule. We've already started exploring some archives in the breezeway and library but if you remember the time capsule or have any ideas of where we can find out anything about it, please contact any committee member. The members are Bob Brommer, Judith Clovsky, Leona Fickel, Bob Gasull, Sue Jones, Maria Laterra, Dale Meadowcroft, and Sue Moeslein. Kristin Juchem will be involved too. We will be growing the committee in the future so please think about joining us as we celebrate a gift from the past and prepare a gift for the future.



The Bethany Readers

Barbara Bankard

Bethany Readers

The Bethany Readers will meet in person on Tuesday, November 9, @ 10:00 a.m. in the Rife Center. Masks are **required** for all participants (they are not optional). Our book selection is Lost Boy Found by Kristen Alexander. Jane Tracey will facilitate the discussion.

This is our final book discussion for 2021. In December, we will select facilitators for the books we choose for 2022.

All book recommendations for 2022 need to be emailed to Barb Bankard at the email address below. Please include the book title and author's name. All recommendations need to be received by no later than **November 5**. Please remember, you must have read any book you recommend.

Once the list of recommendations is compiled, a list will be sent via email, with instructions on how to vote and the deadline.

Please contact Barb Bankard with questions. 410-236-7520 or bbankard@comcast.net



The Eagle Has Landed! by Barb Bankard

On Sunday, October 10, two unexpected visitors were seen on the East campus by the cottages on Bethany Drive. Two American bald eagles landed in the trees and yard by one of the cottages for a short visit. Barb Bankard was able to snap this picture before they flew away! It was an exciting morning! Bethany residents are so fortunate to enjoy a variety of wildlife on campus! I hope you take time to get outside and see the deer, foxes, squirrels (including the white squirrels), and a large variety of birds!



New Library Books

Watch for these new books that will soon appear on the library's "New Book" shelves!

"Find You First" by Linwood Barclay

Miles Cookson has been diagnosed with a terminal illness and finds out it is hereditary. Two decades ago, Miles had been a sperm donor and was father to 9 children. Discover the story of one of those children and what happened to the other 8 heirs.

"The Dead Ex" by Jane Corry

Vickie finds out that her former husband is missing. She hasn't seen him since their divorce, but the police do not believe her. David's new wife is the one who reported him missing, but what really happened that night? How can Vickie prove her innocence?

"Fallen" by Linda Castillo

Chief of Police, Kate Burkholder, is shocked to know that she once knew the victim of a murder. As she digs into the murder, she has another murder to investigate, one that is closer to home. Can Kate uncover the truth and bring the murderer to justice or will the killer stop her once and for all?

"The Triumph of Nancy Reagan" by Karen Tumulty

The definitive biography of the fiercely vigilant and politically astute First Lady who shaped one of the most consequential presidencies of the 20th century: Nancy Reagan.

"The Final Twist" by Jeffrey Deaver

Filled with dozens of twists and reversals, The Final Twist is a nonstop race against time to save the family.... and to keep the devastating secret Shaw has uncovered from falling into the wrong hands.

"Stronger" by Cindy Mc Cain

The widow of Senator John McCain opens up about her beloved husband, their thirty-eight-year marriage, and the trials and triumphs of a singular American life.

"The American President" by Kathryn Moore

Historian Kathryn Moore presents a riveting narrative of each president's personal and political experiences in and out of office, along with illuminating facts and statistics about each administration, fascinating timelines of national and world events, astonishing trivia, and much more. These details are woven together to present a complex and nuanced portrait of the American presidency, from the nation's infancy to today. Fully updated to include a chronology of events from 45th President Donald J. Trump's first term, and results of the 2020 election.

"Death with a Double-edged Sword" by Anne Perry

Daniel Pitt's investigation into his colleague's murder leads him through London's teeming underbelly to the suspicious dealings of one of England's most influential shipbuilding magnates in this thrilling novel.

Connie Scheib

BETHANY'S LITERARY TREASURE CHEST

Sandy Henry

With Winter coming and a new year approaching, I think it might be fun to establish an imaginary literary treasure chest of all-time favorite books! I shall attempt to open the chest and start the collection with my top treasures:

Pillars Of The Earth by Ken Follett
The Autobiography of King Henry the Eighth by Margaret George
The Unlikely Spy by Daniel Silva
The Evening Class by Maeve Binchy
Light a Penny Candle by Maeve Binchy
Rage of Angels by Sidney Sheldon
The Rose Code by Kate Quinn
The Alice Network by Kate Quinn
Roses by Leila Meacham

OK, Bethany readers! It is time to think about your most enjoyable reading experiences. Let's fill the chest with our favorites. Any year....any author...any subject...your choices!

A "Westie" Reader/Listener



Hearing Loss and Communicating on the Telephone

Many individuals with a hearing loss will find talking on the telephone difficult. This is due to the fact that they are not able to rely on the visual cue of someone's mouth when communicating. Talking on the phone has become a daily ritual for most individuals, whether it's to communicate with family or friends, appointments, prescriptions etc.

Caption phones are recommended for anyone with a hearing loss and struggling to communicate on the phone. These phones are able to amplify the conversation more than a typical landline phone. The information will also be written out for the patient during phone calls and with messages.

If you or someone you know would benefit from a caption phone, call Duncan-Nulph Hearing Associates at (717) 766-1500. Duncan-Nulph Hearing Associates provides their comprehensive hearing services at the Bethany Clinic every Tuesday.

Birthday Wishes



Listed below are our neighbors who are celebrating birthdays this month. Reach out to them on their special day (and other days, too).

11/1	Brenda Snider	11/15	Ron Nisson
11/2	Glenn Crum	11/16	Kendall Parlette
	Laura Dotterer		Janet Spillman
	Jim Wilt	11/17	Joanne Smith
11/3	Ed Lewis	11/20	Howard Langan
11/5	John Killian		Ron Wolf
	Jacquie Paese	11/22	Roma Barry
	Bernice Snyder	11/23	Evaline Mahan
	Marlene Steltzer		Pat Marr
11/6	Sally Killian	11/24	Evelyn Bentz
	Bill Zilch		Joyce Kieffer
11/7	Hilda Bender		Margaret Kline
	Carmen Zilch	11/25	Terry Wise
		11/26	Glenn Gutshall
11/8	Jean Richwine	11/27	Myrna Granville
11/9	Barbara Bankard		Judy Higgins
	Susan Sublett		"Mac" McDonald
11/10	Frank Lewis		Lucille Oberman
	Clara Weigard		Rosemary Schwab
11/11	Jane Tracey	11/28	John Gardner
11/12	Leah Kuhns	11/29	Sally Walter
11/13	Elinore Miller	11/30	Dale Darkes
11/14	Susan Melvin		Doris Miller
	Josie Miller		

Pool Closed for Cleaning



The pool will get it's annual cleaning from

December 18—26, 2021.

It is expected to re-open on Monday, Dec. 27th.

All pool activities will be canceled during that week.

*f you have any questions, please reach out to the
Bethany Village Wellness Staff.*

717-591-8022 or email BVWellnessTeam@asbury.org

Bereavement Notifications

Vanarda "Mike" Young 9-25-21

Shirley Leonhart 10-10-21

William Braucher 10-17-21

Harold Myers 10-17-21



Welcome New Residents

Amanda Price



Sandra Fowler graduated from Cumberland Valley High School. She is moving from the East Shore and is excited to be moving to the West Shore where she will be closer to her daughter and two grandchildren. She is looking forward to getting settled and starting her new life here at Bethany Village



The SCUTTLEBUTT Bulletin Board

"People were created to be loved, things were created to be used. The reason the world is in such chaos is because things are being loved and people are being used."

SPARKLE SPEAKS!



Coffee is the first prayer of the day!"

(Anne Marie Judson)

SWEET TWEETS OF REMEMBRANCE

I realize that this small column was established for the occasional tributes to Bethany residents whom have passed from the scene, whether recently or long ago — but I felt compelled to contribute a few thoughts on our most recent loss of a multi-talented national giant — Colin Powell. Americans bond instantly, despite their political preferences, when faced with the loss of someone as special as Powell. You could almost hear a country-wide intake of breath and the words, "oh, no....." when the news was announced. The losses of icons such as John McCain and Ruth Bader Ginsburg aroused similar feelings. Our country is a better place because of their former presences in our lives as national leaders. The intellect, integrity and inspiration of Powell will be greatly missed. Please join me in praising God for his influence in our country's noble journey. I might also add thanks for the protection we receive here at Bethany, where we are free to work on our own projects, whether lofty or laughable. What a wonderful world!

Sandy Henry

THE SCUTTLEBUTT is a community bulletin board for announcements or communicating with our resident community. Included could be want ads, a brief thought to share, or thoughts for a new activity. If you would like your thoughts or ideas to fill this space, send them to dale.meadowcroft@verizon.net

Items of appropriate content, good for our community will be reviewed and published.