

The Scoop

Volume: 12 Issue: II Date: February, 2022

ASBURY
BETHANY
VILLAGE
Anticipate More



From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As the snow and temperatures are falling, I wanted to wish you all well during these unprecedented and challenging times. I again want to thank all residents and associates for your continued focus, patience, and effort in following the safety guidelines. Unfortunately, we continue to have negative trends in the number of covid cases throughout the state and country. Cumberland County reached an all-time high of 33% for the Covid positivity rate in January. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

COVID-19 Update: Our commitment to providing a safe living and work environment, for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

In This Issue

Meet Elena Rosas	4
Ambulance Membership	4
Ecology Team.....	5
Bethany "All Stars".....	6
Food for Thought.....	7
From the Chaplain	8
New in the Library.....	9
PARCR News.....	10
Time Capsule	11
Auxiliary	12
A Garden Walk	13
Birthdays	14
Asbury Foundation	15
Behind the Curtain.....	16
Wellness.....	17
Dining	18
Venture Series.....	22
Bethany Readers.....	24
Bereavements	25
Welcome New Residents.....	25

I deeply regret to report that we have lost a total of 7 of our residents (5-SNF and 2-Residential Living) to covid. Please keep those residents, families and associates who worked with those residents in your thoughts and prayers.

We have been hit hard with positive cases in late December and January. This has impacted all areas of living (RL, AL and SNF). We did make the decision to scale back events, activities, and meetings in all three areas due to the increase in cases and the increasing positivity rate for Cumberland County. As of 1/25/22, we will be lifting the RL restrictions due to not having a new active case in Residential Living for the last two weeks (1/10/22-1/24/22). Communications will be sent out to the residents notifying them of the lift of these

(Continued on page 2)

Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

We hope you enjoy this issue of *The Scoop*.

This is a monthly publication that will update you on what is going on at Bethany Village from the Bethany Village Communications Team.

www.BethanyVillage.org

(Continued from page 1)

restrictions.

The indoor masking guidelines for all residents and visitors (both vaccinated and unvaccinated) remains in place (CDC and CMS guidelines) due to Cumberland County being in the “High (Red)” rate of transmission category. We continue to ask that all residents take the necessary precautions especially if you are meeting or socializing with unvaccinated family members or friends.

We continue to review the latest CDC guidance and will continue to align our policies and guidelines based on these updates. There have been no changes made to the screening and masking process for MapleWood Assisted Living and The Oaks Skilled Nursing.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local requirements.

We have and will continue to update our policies and procedures for our residents and updated travel and quarantine guidelines have been placed on the “BV Family and Friends” page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Updated CMS Guidelines for External Vendors and Vaccination:

CMS has updated their vaccination guidelines for Long Term Care communities. Moving forward, any external caregiver or service provider who provides services within long term care communities must be vaccinated. This includes home care providers, companions, and housekeeping providers. Asbury does not accept exemptions from external vendors. We ask that if you are utilizing these external services that you ensure that those vendors are vaccinated.

Skilled Nursing (SN) and Assisted Living (AL) Updated Testing Guidelines: Due to the Cumberland County transmission rate being in the “High (RED)” level, we will continue to test unvaccinated staff twice a week in both MapleWood Assisted Living and Oaks Skilled Nursing. This will now be a very low number due to the community’s vaccination policy and will only involve those associates (14) who have received a medical/religious exemption. We also have been completing “outbreak” testing in both MapleWood and The Oaks due to an increase in positive cases for both residents and associates.

Staffing: We are still facing several staffing issues at BV. We continue to have shortages in housekeeping, dining, and clinical areas (C.N.A.s and Nursing staff). We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We also continue to prioritize for housekeeping services at BV. We do understand the frustration that is occurring (specifically in RL areas). We will continue to do all that we can to

(Continued on page 3)

(Continued from page 2)

ensure that we are meeting these needs in this area.

Financial Update: Bethany did meet the Operating Ratio (OR) for December by 5.6%. We did post a positive variance in OR revenue of **\$190,432** but were over in OR expenses by **\$28,629** for a total positive variance of **\$161,803**. Although we did finish the year on a positive note, we did not meet the 2021 OR goal. At this time, our final 2021 OR is 97.9% compared to a budgeted OR goal of 96.7%. We missed the target by **1.2% (\$362,326)**. The main drivers of this variance were being over in the employee benefits and contract labor expenses. The BV Senior Leadership Team will continue doing everything that we can to ensure that we are maximizing our resources while providing quality care and services.

Occupancy: (as of 1/18/2022): BV is experiencing vacancies in the Residential Living areas. We currently have 16 West Apartments and 8 Court Apartments available. We are also experiencing some occupancy issues in The Oaks. This is being driven by a recent outbreak of positive cases in this area. We are exceeding the budgeted occupancy at this time as we are **93.95%** occupied compared to a budgeted occupancy of 93.58% **(+.37%)**. We have extended the current incentive plan for the West and Court Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

2022 SNF Annual Clinical and Life Safety Survey Results: The Department of Health was recently on campus to complete the annual Life Safety (Building Code 1/10/22) and Clinical surveys (1/18/22). We received 4 minor Life Safety deficiencies that were all corrected by the time the surveyor left the building. We received 3 minor clinical deficiencies. We are in the process of completing and submitting plans of corrections for both surveys and the Bethany Village Facilities and Clinical teams will be completing this process. I want to thank Mark Ruiz, Henri Lively and Michele Thrush for their leadership during these challenging times.

Weather: We recently experienced two minor weather events here at BV. I want to respectfully remind our residents that we do have a process in place and will work diligently with our new grounds provider (Ruppert) to ensure that we complete the snow removal and clean up as quickly as possible. I would also respectfully ask that during these bad weather events that the residents try and avoid traveling and to be patient when it comes to your driveways, sidewalks, and cars. As we are coming to the end of January, we do expect additional inclement weather and will continue to do all we can to ensure a safe environment.

Thank you again and please stay safe and healthy!!

Introducing Elena Rosas

My name is Elena Rosas and I am a social work student at Messiah University right down the road! I was born in Southern California and grew up in Taneytown, MD. My parents decided to move to the East Coast when my dad was offered a new job near Baltimore. I grew up with one older brother and I am lucky enough to call him one of my best friends. He is currently in Texas pursuing his PhD in Oceanography. I had a dog for 14 years named Princess and 5 years ago we adopted another dog named Bailey. I played multiple sports growing up including cheerleading, volleyball and softball. Now, I currently play softball for Messiah University's Women's Softball Team. Some of my hobbies include drawing/painting for fun and I recently started to teach myself how to crochet! And of course, I value any time I get to spend with my closest friends. I chose to pursue social work as a career because I have a passion for helping people in any way possible and I strive to continue to show God's love and nurture with all my interactions. I hope to learn more about the social work profession and prepare myself for my future occupation while at Bethany Village for my last Spring semester of college.



Ambulance Membership

Each year we encourage you, as residents of Lower Allen Township, to subscribe to or renew your membership with the Lower Allen Emergency Medical Services. These are the paramedics and ambulance services that are primarily responsible for answering 9-1-1 calls here at Bethany. This subscription is not mandatory, but simply a suggestion that could save you money if you ever need to use these types of services. It is not uncommon to see some of their charges read "not covered by insurance." However, even after you become a member of L.A. EMS, you may still receive a bill from them or another EMS company who responded to an emergency situation. In each case, it is worth your while to call and inquire about this, as you may not need to pay the whole amount. We have spoken to these companies to help avoid incorrect billing to our residents who are subscribers, but encourage you to contact them directly (or any vendor for that matter) should you ever question a charge.



If you are a current subscriber to LA EMS, you should receive a reminder in the mail soon to renew. Otherwise we hope to get extra copies of 2022 applications before long. Feel free to contact your social worker if you have further questions about how to subscribe.

Thank You,
John Bowen, Director of Social Services
591-8081

ECOLOGY TEAM ACCOMPLISHMENTS

Ann Marie Judson

- 6 Trex Benches installed on campus due to the year long effort of the Plastics Project led by Jo and Charlie Davis and their committee
- Dining Room - Introduction of reusable plastic containers and the ban of styrofoam
- Healing Garden - Initiated by Margee Kooistra. Design and planting of trees and flowers by Michael Lehman, landscape designer and members of Ecology Team. Shade awnings installed. Fund for Healing Garden started
- Meadows- presentation by Joel Mitchell of PA American Water on the meadows planted by their company. Mark Ruiz has designated a pilot project & space on West Campus
- Ecology Endowment Fund established
- Medicine Disposal - was set to start but delayed by covid. Arnold Cushner has been persevering in his efforts to establish this. Brian Grundusky has approved money in 2022 budget for Medicine Disposal
- Mission Statement - a committee is working on a Mission Statement to define our Vision, Values and Goals
- Monthly articles in the Scoop to keep residents apprised of our efforts
- Advocacy for the environment via Letters to the Editor and meeting with our State representative
- Establishment of mini-farm by John and Annie's Bistro for use by dining areas

**Ecology team meets the third Tuesday of each month
at 11:00 in t he Rife Center**



BETHANY VILLAGE “ALL STARS”

Carol Cressler

HAPPY VALENTINES DAY TO OUR “ALL STARS”

“You’re PURR-fect FUR me.”

RONIN Clovsky — Our cat, Ronin, is the name given in Japan for a samurai warrior without a leader. Well, we got this cat from the Harrisburg Humane Society. They had picked him up in the Wildwood Park. Our imagination is that he needed to be a warrior to survive on his own in the park. When we brought him home, it took him a long time to adapt to the environment of our home. He ran to hide under the bed with any sound he heard. We never knew where he was as he did not find a special place.

Today he is so willing to play with his toy—a mouse on a wand—of course, a human needs to put it into motion. He is not keen to sitting on your lap or being held. He doesn’t want to go outside, but if his owners are sitting outdoors, he will be standing by the door and on occasion “meowing” for some attention. When he thinks it is time to go to bed, he squints his eyes at you. He is a gentle soul. We are happy to have him in our family.

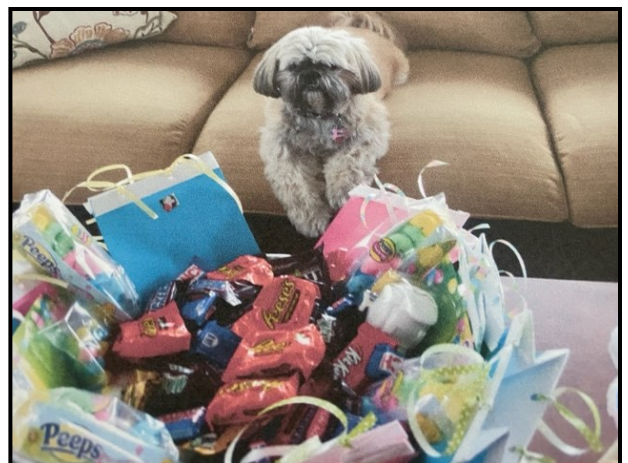
Judith and David Clovsky.



“ I WOOF you.”

COCOA Brown — Cocoa joined our family 13 years ago and is still going strong. She lives with her parents, Tom & Cheryl Brown at 1130 West. She has made a lot of new canine friends and she is always willing to have a pat or rub from anyone. She looks out the window and when she sees a friend she lets me know that she would like to go out and say hello. No, we did not let her have any chocolates, but she did get some special bones. Cocoa loves to be rubbed and every night her Mom has to get on the floor and give her a massage. No, she is not spoiled.

Cheryl Brown



Food for Thought

Dale Meadowcroft

Anyone who has been around me more than six months knows that I have a passion for English Premier League soccer. It's no surprise then that many of my friends have recommended the show on Apple TV called Ted Lasso. In short, it's the story of an American college football coach who is hired to coach a Premier League soccer team in England. Without giving too much away, the Ted Lasso character is optimistic and resilient, the ultimate "good sport."

My grandmother used to say when more than three people tell you you've got soup on your tie, it might be time to change your tie. When more than three people told me I should watch Ted Lasso, I did. The first episodes established the fact that this show was close to being, as my wife would say, dumb and stupid and stupid and dumb, but the more I watched the more I realized it was a flashback to the '70s and a show called MASH. Buried in the middle of foolishness was direct hitting, on target, honest respect for other people. Hidden in the midst of tomfoolery were incredible pearls of human kindness, of caring for each other.

A recent episode had a moment in it that taught a very important lesson and made me reflect and go deeper. Coach Lasso hustles a game of darts for incredible odds. Going into the last round he needs two triple 20s to win. He picks up his first dart and starts a soliloquy about a poem by Walt Whitman.

"Be curious, not judgmental."

Had the bully he was playing taken the time to ask one question like, "Have you ever played darts before?" he might have found out that Ted was a champion dart player. Unfortunately, he had misjudged and was not a bit curious. He lost.

Whitman's quote from a longer poem is a little instruction for life. An invitation, you might call it, to listen better. For your life, my life, any life. A little piece of advice that'll serve you well. Now, then, forever.

Think about it. Reflect on what some people might call a dysfunctional Congress, a troubled community, biased judgment. Our internal narratives can be filled with bias, can be self-destructive, or can result in hurting someone else. At the end of the day, our judgments can be the lens through which we understand the world and that lens is foggy at best, opaque at worst.

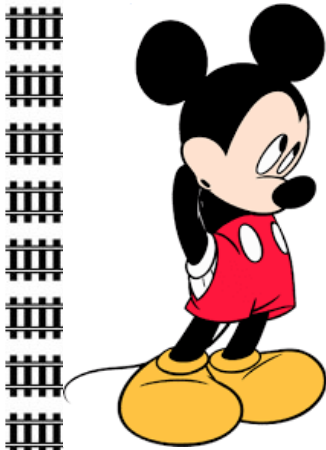
How easy it is for us to think that we have it all figured out. Of course, we are right. Of course, they are wrong. We might judge everything without being curious. If we are curious, we might take the time to ask questions, to listen to a different point of view, to fully understand where someone else is coming from. We might even find out we were wrong.

The more we are curious, the more we learn about something. The more we question, the more truths and wisdom we will learn. Perhaps we should all be curious, not judgmental, and not rely on what has worked in the past.

Be curious. Wonder awhile, listen, allow yourself to not know.

Not judgmental. Not "I know what this means", not imagining the worst, not coming to hasty conclusions.

Be here, not there. Be now, not then. Be curious, not judgmental...



The Bethany Village Model Railroad Club regrets to announce that the installation of The Oaks train platform has been delayed due to COVID issues.

We hope to try again in February.



From the Chaplain

Brand Eaton

Ah, February. It's cold and snowy but the days do get longer, which is especially noticeable toward the end of the month. We have Presidents' Day, a federal holiday observing I'm not sure quite what. I understand Lincoln's birthday and George Washington's birthday, but Presidents' Day just seems a muddle. Of course, I think the most fun day is Valentine's Day.

St. Valentine is commemorated on February 14, but it's now very much a cultural celebration of romantic love. One of the traditional gifts to offer your beloved is candy, usually chocolates in a heart-shaped box. However, one of the candy gifts I remember as a child are those little conversation hearts with snappy messages imprinted on them.



I recently bought a box of conversation hearts as a sort of whimsical trip down memory lane. However, upon opening the hearts and dumping them out in my hand, I found they were not imprinted very well. Some of the letters were too vague to read. On some of the hearts with two lines of text, the lines had been run together making the words unintelligible.



"Some conversation in those hearts," I thought to myself. But then I realized that our verbal communication is often like that—especially with those to whom we are closest. Sometimes our words are vague, distracted, or just flat out unintelligible. I guess my box of conversation hearts is a little more realistic than I expected. As those messages are printed, or misprinted, on little hearts I am also reminded that maybe love is often best expressed without words. Giving a box of conversation hearts, even without anything meaningful printed on them, can be its own message of affection and caring.

Saying the words, "I love you," is still important. However, the communication of love can also be an action performed or a gift given without any words whatever. Speaking can at times only serve to interrupt the best communications.



Additions to the library — Jan. 2022

Bethany Village has begun a new year, so we in the library also will begin the new year with a different format to the one we have used in the past year. Instead of “New Library Books” we will call it, “Additions to the Library”.

You will find the new books we added to the library during the previous month as January’s will be in the February issue, etc.

January’s new books:

Deep in the Valley by Robyn Carr. To complete the Grace Valley series. It is the first book in that series.

The Madness of Crowds by Louise Penny. It is the 17th book in the Inspector Gamache series.

With No One As Witness (13), Something to Hide (21), Missing Joseph (6), Just One Evil Act (18), and What Came Before He Shot Her (14) are all books in the Inspector Lynley mystery series by Elizabeth George.

Pretty Things by Janelle Brown. This book was chosen because a patron requested a new mystery author.

The Paris Library by Janet C. Charles. For the Readers’ Book Club.

The Yellow Bird Sings by Jennifer Rosner. For the Readers’ Book Club.

Rosemary: The Hidden Kennedy Daughter by Kate C. Larson. For the Readers Book Club.

This Tender Land by Kent Krueger. Another Readers Book Club book.

The Book of Lost Friends by Lisa Wingate. A Readers Book Club choice.

The Lincoln Highway by Amor Towles. A Readers Book Club Choice.

Baby Love by Catherine Anderson. This is the first book in the Kendrick/Coulter/Harrison series by this author.

Tidelands by Phillipa Gregory. #1 in the 2 book Fairmile series

My Soul Sings by Kim V. Sawyer. The 3rd book in the Sweet Sanctuary W.W.II series

Christmas at the Hummingbird House by Donna Ball. This is a delightful continuation of The Ladybug Farm series.

Flying Angels by Danielle Steel. Story of 4 young nurses who were in Hawaii when Pearl Harbor was attacked.

19 Yellow Moon Road by Fern Michaels. # 33 in the Sisterhood series.

The Midnight Lock by Jeffrey Deaver. #15 of 15 in the Lincoln Rhyme series.

The President and the Freedom Fighter by Brian Kilmeade. Story of 2 heroes of our nation: Abraham Lincoln and Frederick Douglas.

Connie Scheib

PARCR Update

Lowell Starling

PARCR learns about the challenges to the CCRC industry which could affect all residents

The January 12, 2022 PARCR meeting was held via Zoom as scheduled. The keynote speaker was PARCR member Dan Seeger who is also on the board of the National Continuing Care Resident's Association (NaCCRA). NaCCRA is a Washington D. C. based national organization focused on providing information and support to CCRC residents and the public on topics important to them and prospective residents. They have members from over 100 CCRCs around the country in over 20 states. In addition to member forums on their website, they publish reports on topics like how to evaluate the finances of a CCRC and discussions of resident's rights. NaCCRA is also an active advocate in Washington for issues affecting CCRC residents.

Dan's topic was "Finding Stability Within Change: NaCCRA's Role in Maintaining Hope." He addressed this broad topic by focusing on governance and finances of CCRCs.

His first key point was that CCRCs are extremely complex organizations which include insurance components, healthcare, physical plants, food service, technology, etc. His second point was that the industry is in a significant state of change as demographics, business models, regulation, and technology change. Both the complexity and pace of change create risks and opportunities for residents of the CCRCs. NaCCRA's mission is to help residents make sound decisions about selecting a CCRC, and once there navigate the CCRC world.

Because of the importance of the information in the presentation, the video recording of the presentation is available on the PARCR website for anyone to view. Go to <https://www.parcr.org/copy-of-past-events> and click on the button for the video of the January 2022 meeting.

The April Quarterly meeting will be via Zoom and will include the Leading Age update. The keynote topic will be a presentation and discussion of the new draft PARCR strategic plan. Since the meeting is via Zoom, registration and login is restricted to PARCR members, but anyone interested can piggyback on a member's session. Also, if you are interested, individual memberships are only \$20 a year and you can find the registration materials at PARCR.org.

Official Websites:

PARCR – parcr.org

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)

A Peek at the Past in Virginia ...and one coming to Bethany Village

Maria Laterra

You may have seen recently in the news that an 1887 time capsule was unearthed in Richmond, Virginia. It was beneath a statue of Robert E. Lee and was described as representing Confederate pride, local commerce and a whole lot of Masonic tradition including the cornerstone in which it was found. Its contents were contributed by residents, organizations and businesses. While our time capsule might not be 134 years old, I'm sure it will be just as exciting. Do you think the Richmond residents of 1887 could have ever imagined what the world would be like in 2021? Here is some historical trivia from 1997 when our time capsule was buried. Imagine what people in 1887 might have thought of these events and what we think, especially knowing what we know today:

- In Denver, Colorado, Timothy McVeigh is convicted on 15 counts of murder and conspiracy for his role in the 1995 Oklahoma City bombing.
- NASA's Pathfinder space probe lands on the surface of Mars.
- In Lorain, Ohio, the last Ford Thunderbird for 3 years rolls off the assembly line.
- Ramzi Yousef is found guilty of masterminding the 1993 World Trade Center bombing.
- Bill Clinton, the 42nd US President, bans federally funded human cloning research.
- Donald Trump and his wife, Marla Maples, announce that they are separating.
- The US Department of Agriculture estimates that to raise a child to 18 years old costs \$149,820.



Image from 1865 Harpers Weekly Magazine found in VA time capsule.

Bethany Village Auxiliary

Phyllis Kegerreis

It's hard to believe that we are in the month of February already. However, it does mean that we are closer to Spring and warmer weather.

Our friends in The Oaks are keeping warm with their shawls that they got for Christmas. Again, we want to thank the Knitters Group for all their hard work in making 97 shawls. The Auxiliary has received many thank you notes and they will be posted in the Craft Room. Our thanks too to the Crafters who made the clothes protectors for those in Memory Support in MapleWood. Work has begun on lap robes for Christmas 2022. If you knit or crochet, stop in the Craft Room and pick up a kit or pick your own yarn. These are smaller than afghans so they only cover the knees and legs.



Marzoni's/Hoss's Gift Cards are still being sold in the Gift Shop. Stop in and purchase some. While you are there, look around at all the nice things that are for sale. The greeting cards are very nice and the price is right. Thank you to all who work in the Gift Shop and Mary Smith and Ginny Eaton who are Manager and Assistant Manager.

Taylor Marie will be here in July. Will let you know the date next month. Hopefully, we will be able to have the clothes here then. More to come.

Just a reminder that the Vintage Fashion Show has been postponed from April until a date to be announced.

This year, the Auxiliary will be 50 years old in June. The first meeting was held on June 29th 1972. We hope to celebrate this special anniversary. Be on the lookout for more news about this next month.

Remember-all members are invited to attend the monthly Board Meetings. The next meeting will be February 2, 2022 at 9:15 AM. Please check with Lois Heagy about location. Have a Happy Valentines Day!

A GARDEN WALK (in Winter)

Anna Johnston

As I write this, there are patches of snow and the temperatures are consistently below freezing.

Norma Brandon observes that winter weather brings new possibilities: noticing animal tracks in new snow and seeing foxes and other surprises. What would you add to her list?

On both campuses, it is a good time to notice sculptures, wind spinners, bird baths (some heated) and weathervanes. Some interesting ones are in the water retention areas as well as among our cottage plantings.



By late February, we may be seeing early bulbs peeking out from snow drifts. I will have the cheerful winter aconite, rock iris, and crocuses as welcome harbingers of warmer days ahead. Probably the earliest signs of spring will be on the East Campus. Located in back of the East Cottages and bordered by trees is a long grass strip down from the Community Gardens. Last year, Margee Kooistra told me to come and see the cheerful buttercup yellow winter aconite and delicate snow drops in large groups edging the trees. They have multiplied over the years. These bulbs are “deer resistant” which is indeed fortunate. A group of

does and fawns grazed nearby. I wonder who first planted these bulbs that that have multiplied and we now can enjoy.



Deb Mihalich suggests you also look for the first spring perennials, the Hellebores (Lenten roses). You'll find them in our gardens a little later than the first spring bulbs.



Spring: Coming Soon to Bethany Village!

WRITING HELP WANTED: The HEALING GARDEN.

The Oaks staff has asked that plants and trees in the garden be labeled for added interest. We have the metal labels but need a volunteer with good printing skills to write the needed names. To help, contact Anna Johnston 717-620-8587

BETHANY VILLAGE FEBRUARY BIRTHDAYS

2/1	Val Johnson	2/14	Terry Crockett
2/2	Marci Baron		Mora Evans
	Barbara Woods		Robert Lau
2/3	Marian Delevan		Sandy Lipka
	Nan Keiser		Kathy Salmon
2/4	Geri Denison	2/15	Mary McFadden
	Pat Jewett		Shirley Walker
2/5	Barbara Thomas	2/17	Karen Spracklen
2/6	Bill Brandt	2/19	Leo Duffy
2/7	Nancy Hocker		Stephen Verber
	Dolores Lebo	2/20	Christine Depp
2/9	Mary Anne Loy		Harvey Huth
2/10	Clyde Cressler		Dorothy Shreffler
	Katie Grant	2/21	Jack Kaufold
	Bob Lyman	2/23	Glenn Rosborough
	Amy Piscitelli	2/24	Ginny Eaton
2/11	Naudene Gardner	2/24	Patsy Karns
	Theresa Hetherington	2/25	Bill Parish
	Sue Moeslein	2/26	Bob Gasull
	Ginny Smith		Betty Kublic
2/12	Lois Hoerner		Louise O'Neal
	Henry Killick		Nancy Seitz
2/13	Marian Gutshall	2/27	Charlie McNutt
		2/28	Barbara Zeigler
			Doris Beatty
			Ann Marie Judson



Support Bethany Village and Reduce Your Taxes with an IRA Gift

Did you know you can reduce your taxes by redirecting unneeded IRA income to charity? An IRA rollover gift is a simple and easy way for you to use your IRA to help your Bethany Village community.

What is an IRA Rollover Gift?

If you are 70 ½ or older, you can make a charitable gift of up to \$100,000 from your IRA annually. This gift will qualify for your required minimum distribution, and you would not have to pay federal income tax on the amount given from your IRA directly to charity.

Why an IRA Rollover Gift Makes Sense

When transferring some of your required minimum distribution from your IRA to Asbury Foundation, you may lower your taxable income as well as reduce your income and capital gains taxes this year.

How an IRA Rollover Gift could benefit Bethany Village

An IRA Rollover Gift could be designated for:

- Care Assurance
- Capital Project
- Special Program
- Associate Education
- Innovation

For more information on supporting Bethany Village through your IRA, please contact Jacob Kanagy, Director of Development at 717.591.8019 or jkanagy@asbury.org.

Behind the Curtain

Dale Meadowcroft

Do you remember the good old days? You know, those days when you owned your own home, you mowed your own grass, changed a light bulb occasionally. Every once in a while, you might breakdown and hire a contractor to do something you didn't want to do. They were good days. But then, somewhere along the way, we decided to move to a place like Bethany Village and let someone else have all the fun. Personally, I must admit, sitting by a warm fire with a mug of mulled wine in my hand, watching someone else shovel my front walk is a good way to spend an afternoon.

A quote of the Asbury web site states, "Sell your lawnmower! You don't have to fool with the plumbing, the electrical or anything else. Someone else will do it for you and you'll have more time to do what you want." But it doesn't get done by magic. Mark Ruiz and his maintenance team work tirelessly behind the scenes to make it possible.

In a recent facilities committee meeting, Mark reported that his maintenance staff has two positions open, the housekeeping staff has eight open positions, laundry services has one open position and we could use three part-time drivers. Yet in the first three weeks of January, his team completed 1183 work orders, and completed 100% of the scheduled unit renovations. In addition, they completed the fireplace room ceiling repair, coordinated a major kitchen renovation on the West campus, and supported multiple anti COVID construction projects in assisted living and skilled nursing.

The normal staff complement includes one associate dedicated to unit renovations, two associates almost full-time in assisted living and two associates almost full-time in skilled care. The four remaining staff empty the trash bins on the east campus because there is insufficient housekeeping staff to do so, operate the Solaris machine which uses ultra violet light to kill contagious microbes, respond to emergencies assisting security and manage maintenance for 145 cottages and all campus buildings. In their spare time, they do all the event setups and takedowns, sign for all deliveries, and handle any requests as they come along. Add to that freezing snow removal, frozen pipes, and unusual wildlife on our campus and you get a small idea of what it takes for us to enjoy mulled wine in front of a fire.

If you are like me, residing in Independent Living, you may not appreciate the vast amount of work involved with skilled nursing and assisted living. Just managing renovations for those units is a massive job, let alone the extra projects and cleaning required during COVID.

Do you remember that great scene in the 'Wizard of Oz' when Toto pulls aside the curtain and the Wizard turns to the crowd to say, "Pay no attention to the man behind the curtain." That is easy for us to do when it comes to the incredible associates we have on campus. We tend to take everything for granted and pay no attention to the people that make it happen.

The next time you find yourself waiting for two or three hours for an associate to stop by and change a lightbulb or tune your TV to a different channel, be sure to greet them with a happy hello and a warm welcome. They just might have been busy performing magic somewhere else on campus, making someone else's day.

It is not magic. It is the associates behind the curtain.





Get Ready for...



Bethany Games

This year the games will be spread out over a two week period. Mark your calendars to participate in the fun!

SAVE THE DATE:

The games will start **May 23rd** and the closing ceremonies will be **June 3rd**. Schedules and signups will come out by end of March

At the end of April and beginning of May, we'll be holding practices for some of the individual events so you can be ready and at your best! Keep an eye out for the listings of these practices and the dates they will be held. Everyone is welcome, even if you have never tried it before.

Also, we are going to be ordering BV Games shirts ahead of the start this year so keep an eye out for team countries/colors listed at the beginning of April in the Wellness department.

We look forward to having you take part in a favorite BV tradition!



Questions? Contact Wellness
717-591-8022 or email BVWellnessTeam@asbury.org





Springfield's Valentine Dinner

Monday, February 14 - 5-7pm

Spring Mix w/Blueberries, Clementines, Goat Cheese
and Candied Walnuts w/Vanilla Bean Vinaigrette

Rolls and Butter

Carved Prime Rib Au Jus w/Horseradish Sauce

OR

Bacon Wrapped Scallops over Pasta with a
Mushroom Thyme Cream Sauce

Shaved Maple Bacon Brussel Sprouts

Double Butter Yukon Gold Mashed Potatoes

Chocolate Strawberry Whipped Cream Cake

Rosa Regale Champagne Toast

\$28.99 per person

Please call x8329 for reservations

Regular Springfields Menu will NOT be Available



FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JAN 30 SPRINGFIELD CALENDAR	31 BURGER MONDAY	1 Tablesides Stir Fry 2022 Happy New Year - Start of the Year	2  Hot Fudge Sundaes This Week!	3  GREEK NIGHT	4 Featuring 2 Greek Inspired Blue Plates	5
6	7 Wing Night 	8 Kahlua and Coffee This Week! 	9 Free Dessert  Happy BIRTHDAY	10 Cuban Sandwich 	11 Using our New Panini Press! 	12
13	Prime Rib or Scallops Happy Valentine's Day 	15 Chocolate Desserts This week!	16 	17 Charcuterie Board and Wine Pairing 	18	19
20	21 BURGER MONDAY	 National MARGARITA DAY w/Insalata Pizza	23 Fried Oysters 	24 Baileys and Coffee This Week! 	25	26
27	28 Wing Night 	MAR 1	2 	3	4	5
6	7 Check out our Monthly Features highlighted on this calendar. Most are in addition to our weekly menu!	8	9	10	11	12

FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JAN 30	31	1	2	3	4	5
	John & Annie's Bistro Event Calendar	 This Week ONLY				Ground Hog Day Weekend Celebration
6	7	8	 mindful Braised Kale & Vegetable Pizza	 Bethany Babe's Breakfast	11	12
		This Week ONLY				Superbowl PreGame Weekend Celebration
13		15	16	17	18	19
	Happy Valentine's Day	 mindful Forbidden Rice & Crispy Shrimp Wrap	 NATIONAL PIZZA DAY		 NATIONAL DRINK DAY FEBRUARY 18	Friday join us for a meal that pairs with red wine. Saturday features white wine.
20	Presidents' Day	22	23		25	26
	 This Week ONLY	 mindful Margherita Whole Wheat Pizza	 Dietitian Talk: Is there room in my diet for Chocolate?		 LUAU	Tired of the cold weather? Break out the Hawaiian shirts and join us this weekend for a Luau.
27	28	MAR 1	2	Gent's Breakfast		5
6	7	8	9	10	11	12

CALLING ALL NEEDLE CRAFTERS, KNITTERS AND CROCHETERS REGARDING CHRISTMAS 2022

We have received many great comments about our shawls for skilled care this past Christmas. Because there is a need for lap robes, we have decided that for next Christmas, we would like to make those. Any pattern you wish to use is fine and the craft room has plenty of yarn and needles or hooks. We are suggesting this size to be approximately 24 inches to 26 inches wide and 28 inches to 30 inches long. Bring all finished lap robes to the craft room on east.

Thank you for helping.



Facilities Department

Director: Mark Ruiz-717-591-8047-MRuiz@Asbury.org

Frequently Asked Snow ?'s

When are vehicles cleared?

If vehicles will be cleared,
they will not begin until after the completion of the storm

Ground Floor Apartment Pathways

These are not cleared, only main campus sidewalks

Blowing Snow/Snow Drifts

Once the campus is cleared, we do not circle back for blowing snow

Filter Change

West Cottages will be changed this month.
A notice will go out to residents closer to the date.

Reminder

To contact the Facilities Department, please call 717-591-8074

VENTURE LECTURE SERIES

Monte Avery

The 2022 Venture Lecture Series begins February 17, 2022 with Deanne Burch. She will be talking about her book, JOURNEY THROUGH FIRE AND ICE, Shattered Dreams Above the Arctic Circle. We hope you will join us for our first lecture of 2022.

Deanne Burch was born and raised in Toronto, Canada. She obtained a BA in liberal arts from the University of Toronto as well as a BA in social work from the University of Toronto. She moved with her husband Tiger (Ernest Burch Jr.) in 1964 to a primitive village eighty miles above the Arctic circle in Alaska. After 1965, Deanne and her husband lived in several different places including Winnipeg, Manitoba and Kotzebue, Alaska, before settling permanently in Harrisburg, Pa. She now lives in Lemoyne, Pa. and has three adult children and seven grandchildren who live in different parts of the country. Her husband is deceased.

Deanne spent thirty years as an internationally renowned photographer. She taught and lectured in United States and Canada. During this time, she published several articles in photography journals and magazines. After retiring in 2014, she has devoted her time to writing. She enjoys writing short stories and children's stories. Deanne has just completed a memoir titled Journey Through Fire and Ice, which was published in March 2021.

Our second lecturer will be Jean-Paul Benowitz, who will be talking about "James Buchanan and Thaddeus Stevens: Lancaster Neighbors but Not Friends". ***The date for that lecture will be March 31, 2022. Please note the change of date for this lecture.***



Jean-Paul Benowitz is a historian who has been teaching American History at Elizabethtown College (Elizabethtown, Pennsylvania) for 28 years. He is the Director of Special Programs and Prestigious Scholarships and Fellowships. He teaches Honors First Year Seminars as well as Honors courses in leadership development. His Honors research methods courses, cross listed with the History Department's Public Heritage Studies Certificate program, focuses on local history and historic preservation providing Honors students with opportunities for community-based learning and civic engagement. He earned his BS in History at Eastern Mennonite University where he authored his senior thesis on the history of the Old Order Mennonites of Virginia. He earned his MA in History at Millersville University where he wrote his MA thesis on the history of the Old Order Mennonites of Pennsylvania and Virginia. He did his doctoral work at Temple University. His dissertation is a biography of U. S. Congressman James Wadsworth Symington (D-MO) who worked in the Eisenhower, Kennedy, and Johnson administrations. Much of his scholarship, published works, and public presentations have focused on Twentieth Century American political history, particularly presidential studies, and international relations. He has authored books about local history, articles about the Historic Peace Churches and Pennsylvania Dutch culture, and a column in the local newspaper in Elizabethtown about local history.

Our final lecturer for the spring series will be Lori Yeich on April 21, 2022. She is an Environmentalist with the Pennsylvania Department of Conservation and Natural Resources. More information about her lecture will be in the March issue of THE SCOOP.





Bethany Village Retirement Center

H&R Block, Camp Hill office, is pleased to offer our services to the residents and staff of Bethany Village. We are open now and ready to accept tax returns for this tax season. The Resident Life office will be the intermediary and accept your documents for H&R Block. William Parish, EA will be the contact person at 717-761-5602 for any questions. Mr. Parish and associates will be on the East and West Campus again Tuesday March 1st, times TBD. If you have your tax documents ready you can bring them with you.

H&R Block also offers Digital drop off, Virtual online, or in person tax appointments. We look forward to serving you again this tax season.



3401 HARTZDALE DR, STE 118, CAMP HILL, PA 17011



Protect your Hearing Aids

Individuals with a hearing loss rely on their hearing aids every single day. Hearing aids assist with overall communication, safety and cognitive health. These devices need to be properly protected and taken care of on a daily basis.

Ear Gear is product that protects hearing aids from loss, dirt, moisture and wind. Ear Gear is a protective sleeve that slides onto your hearing aid and it can also be connected to your clothing via a cord and clip. If for some reason your hearing aid comes out of your ear, it is still connected to you via the cord and clip. This will prevent loss and damage of the hearing aid.

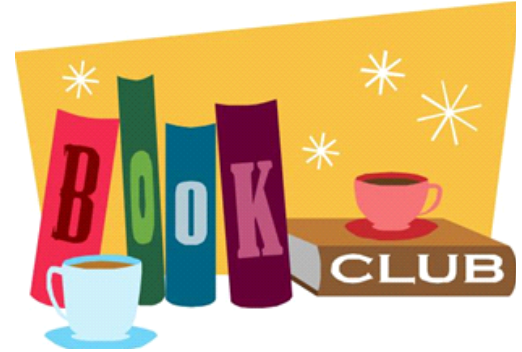
There are all different styles, colors and solutions available with Ear Gear. If you are interested in learning more about Ear Gear please contact Duncan-Nulph Hearing Associates at (717)766-1500 to schedule an appointment at the Bethany Clinic.

The Bethany Readers

Barbara Bankard

BETHANY READERS FEBRUARY 2022

The Bethany Readers will meet on Friday, February 11 to discuss *Rosemary: The Hidden Kennedy Daughter*. If small groups are permitted to meet in person, we will meet in the Rife Center so there is more room to maintain social distancing. If we are unable to meet in person, we will meet on Zoom. Information will be sent in advance as soon as possible.



There are some minor adjustments to the schedule. Please note the change for March. We will read and discuss *This Tender Land* by William Kent Krueger. *The Trees Inspire* by Joyce Kieffer will be scheduled for June.

Bethany Readers Book Selections and Dates for 2022

Date	Book	Facilitator
Friday, Feb 11 Rife Center (or Zoom if necessary)	<i>Rosemary: The Hidden Kennedy Daughter</i> by Kate Clifford Larson	Bev Hoover
Tuesday, March 8 Rife Center	<i>This Tender Land</i> by William Kent Krueger	Sue Brennan
Friday, April 8 West Commons	<i>The Personal Librarian</i> by Marie Benedict	Diane Myers
Tuesday, May 10 West Commons	<i>The Four Winds</i> by Kristen Hannah	Lucy Saunders
Friday, June 10 West Commons	<i>The Trees Inspire</i> by Joyce Kieffer	Joyce Kieffer
Tuesday, July 12 Rife Center	<i>The Music of Bees</i> by Eileen Garvin	Nadine Creighton
Friday, August 12 West Commons	<i>The Seed Keeper</i> by Diane Wilson	Micki McCoy
Tuesday, Sept 13 Rife Center	<i>The Book of Lost Friends</i> by Lisa Wingate	Melissa Stock
Friday, Oct 14 West Commons	<i>The Yellow Bird Sings</i> by Jennifer Rosner	Linda Kelly
Tuesday, Nov 8 Rife Center	<i>The Lincoln Highway: a Novel</i> by Amor Towles	Ida Mae Heidecker
Friday, Dec 8 West Commons	Select facilitators for 2023! Party!	

Please note room assignments are subject to change.

Bereavement Notifications

Mary Murphy 12-25-21

Joan Lange 12-26-21

Dolores Forsyth 1-8-22

Lila Depew 1-12-22

Alberta Knause 1-14-22

Elizabeth Leidy 1-14-22

Louise Young 1-14-22

Lynn Johnson 1-18-22

Edith Flurkey 1-18-22

Mildred Brooks 1-18-22

Gladys Laubenstein 1-19-22

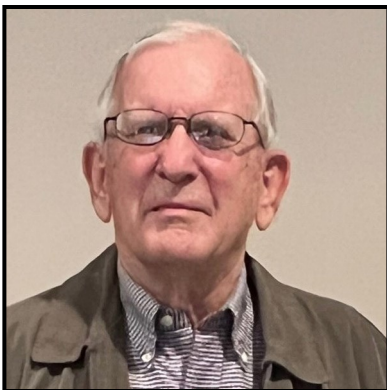
Thomas Drinkwater 1-20-22

James High 1-23-22



Welcome New Residents

Amanda Price



Wayne and Mary Baker moved in Court Apartment 12/30/21. They moved here from Arlington, VA. They love spending time in FL and moved to Bethany to be closer to family. When you see them on campus, be sure to say hello!



William Bauer moved into Court Apartment #3327 12/30/21. William is Married to Bonnie who currently resides at Bethany Village in Assisted Living. They moved here from Harrisburg, PA. Bill taught in a prison and Bonnie worked in the Hotel Industry. He has a saxophone collection and loves playing! Bill even played in a Navy Band and traveled the world! If you see them around be sure to say Hi!