

The Scoop

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ASBURY
BETHANY
VILLAGE



Anticipate More

From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As we move forward to the sunshine and the blooming spring flowers, I wanted to thank all the residents and associates again for your continued efforts and patience during these challenging times. Although we have seen the positivity rate in Pennsylvania steadily drop over the last 2 months, we still need to take precautions as a new covid strand could be on the horizon. Currently (4/21/22), Cumberland county's positivity rate is 2.3%. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

COVID-19 Update: Our commitment to providing a safe living and work environment, for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

We continue to review the latest CDC guidance and will continue to align our policies and guidelines based on these updates. We have removed the screening process for RL family and friends who are visiting in RL common areas and or RL apartments/cottages. Also, all family/friends/vendors visiting AL or SNF can now screen in at Door #21 (AL) and Door #30 (SNF). This also includes any RL residents who are visiting spouses in these two areas. We continue to ask that all residents take the necessary precautions especially if you are meeting or socializing with unvaccinated family members or friends.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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requirements.

We have and will continue to update our policies and procedures for our residents and updated travel and quarantine guidelines have been placed on the “BV Family and Friends” page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Skilled Nursing (SN) and Assisted Living (AL) Updated Testing Guidelines: Due to the Cumberland County transmission rate being in the “Moderate (YELLOW)” level, we will test unvaccinated staff once a week in both MapleWood Assisted Living and Oaks Skilled Nursing. This will now be a very low number due to the community’s vaccination policy and will only involve those associates (11) who have received a medical/religious exemption. The Cumberland County transmission rate is 2.3% (as of 4/21/22).

Covid Second Booster: CMS has approved the second booster for anyone over the age of 65. We are in contact with Care Options pharmacy to possibly schedule a second booster clinic but at this time we are recommending that those RL residents who are interested in receiving the second booster to speak to your Personal Care Physician and to go to any local pharmacy (i.e., CVS, Rite Aid or Weis/Giant). We are asking that if you do receive the second booster to notify the clinic so we can update our internal records.

Staffing: We are still facing several staffing issues at BV. We continue to have shortages in housekeeping, dining, and clinical areas (C.N.A.s and Nursing staff). We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We also continue to prioritize for housekeeping services at BV. We do understand the frustration that is occurring (specifically in RL areas). We will continue to do all that we can to ensure that we are meeting these needs in this area.

New Clinic Coordinator: We want to welcome the new Residential Living Clinic Coordinator to Bethany Village. Lisa Shepps has been hired and has been training for the last several weeks. Lisa is taking over for Doreen Mank. Doreen is retiring with her last day being 5/3/22. As we welcome Lisa to the BV family, we want to also recognize and thank Doreen for her years of service to our associates and residents. Doreen is looking forward to traveling with her husband and spending time with her children and grandchildren. Thank you Doreen!!

Financial Update: Bethany did not meet the Operating Ratio (OR) for February and missed the goal by **18.7%**. We did post a negative variance in OR revenue of **\$127,032** and were over in OR expenses by **\$383,637** for a total negative variance of **\$510,669**. The primary driver of this negative variance in revenue was due to not meeting our AL and SNF occupancy targets for the month. The main drivers of the variance in expenses were being over in contract labor expenses (**\$259,020**), Employee Benefits (**\$127,250**) and Vehicle Lease (**\$51,337**). The BV Senior Leadership Team will continue to ensure that we are doing everything that we can to ensure that we are maximizing our resources while providing quality care and services. We also have completed and implemented a contingency plan due to not meeting our occupancy goals. This plan was implemented at the end of January.

Occupancy: (as of 4/21/2022): BV is experiencing vacancies in the Residential Living areas. We currently have 8 West Apartments and 4 Court Apartments. This is a decrease for this area, and we are optimistic that we will make the annual budget in RL for 2022. We

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have seen a positive trend in The Oaks occupancy as we currently have 1 open room. We are below our projected YTD occupancy by **.1%** (currently 93.5% compared to the budgeted occupancy of 93.6%). Again, the key drivers in this area are AL and SNF occupancy. AL is off the goal by **1.9%** and SNF is off by **2.2%**. We will see this negative trend continue in MapleWood with the goal of filling these openings in a timely manner moving forward. We have extended the current incentive plan for the West and Court Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

Upcoming Initiatives:

- Wellness Focus Group Meetings- BV will be holding Wellness focus group sessions in all areas of living on 5/18. We are working with the Asbury system to gain feedback on wellness and what is important to our residents in this area. More details to follow
- Quarter 2 Town Hall Meetings- Todd Andrews (Asbury President of CCRC division) will be on site on 6/7/22 for the Q2 town hall meetings. We will be sending out more information on this as we will again be asking for questions from our residents prior to the meeting. The resident meeting will take place from 10:00 a.m.-11:30 a.m. and the associates will meet from 2:00 p.m.-3:00 p.m. More direction to follow
- Leadership Development Institute (LDI)-Bethany Village will be the host site for the Asbury leadership conference. This will take place in the Richard Rife Center from 5/24/22-5/26/22.
- Polling Place: BV will again be a polling place for the 2022 May elections. This will be held in the Richard Rife Center.

Thank you again and please stay safe and healthy!!



From the Chaplain

Brand Eaton

Most of the time, I use this column to reflect on some aspect of life and spirituality and invite you in your reading to do so with me. However, I have occasionally used it to share news about the Pastoral Services/Spiritual Wellness Department at Bethany Village. Such is the topic of this month's missive.

As of May 1, the Sunday service offered in the Rife Center is moving from 7:00 pm to 4:00 pm. A number of things have come together necessitating this change, but I wish to share with you here a couple of primary factors in making the decision to adjust the time.

The chaplains officiate a Sunday service every week for the assisted living and skilled nursing residents of Bethany Village in the Oak Terrace activity room in The Oaks Skilled Nursing.

Because of the scheduled dining times for those neighborhoods and the logistics involved, that service cannot be conducted later than 3:00 pm. Lasting about 45 minutes, the service concludes at 3:45 pm leaving a long gap for the chaplain to fill until the 7:00 pm vespers service. This is not an efficient use of hours, and tightening the schedule is necessary. The only viable option is to move both services to an earlier hour. Thus, the Oak Terrace service is being moved to 2:30 pm with worship in the Rife Center following at 4:00 pm.

A second primary factor is the availability of drivers to operate shuttle service to the Rife Center for worship. I think we are all aware of current labor shortage issues, and the same is true at Bethany Village. The person who had been driving Sunday evening was working a midday shift to provide transportation to Springfield's Dining Room on Sundays from 10:00 am until 2:00 pm. Since he lived nearby, he was willing to return and drive the evening to provide transportation to vespers. This individual is no longer with Bethany Village, and we currently do not have a driver available for the Sunday evening timeframe. Efforts to fill that spot are ongoing, but no immediate resolution is presenting itself.

It is a missional imperative for us to make in-person worship available to anyone who can participate regardless of transportation needs. We can currently provide transportation to worship at 4:00; we cannot currently fulfill the need at 7:00 pm. Those who do not drive, or who do not drive after dark, will continue to be served with transportation to worship if we schedule the service for 4:00 pm.

I understand that many residents have rather long-standing patterns for Sunday visitation with family members or other daytime activities on Sundays, and this change will be somewhat disruptive and perhaps make for unwanted choices to be made. I have often desired to be able to make everyone happy in a large group or community, but I confess to failing in such efforts on every occasion. All I can say is that I appreciate your efforts to understand and accommodate the change, even where you find it distasteful, or you disagree with the decision. Your chaplains remain committed to doing all the good we can, by all the means we can, in all the ways we can, in all the places we can, at all the times we can, to all the people we can, as long as we ever can.



The Benevolent Fund Committee completed a comprehensive review of supported charities of 2021. With full approval of the committee, four charities were removed and three charities added. The Vesper committee findings and recommendations were based upon financial need, services provided, and locality.

VesperBenevolentCharities2022

BethesdaMission
CentralPAFoodBank
MissionCentral
DowntownDailyBread
MechanicsburgMealsonWheels
NewHopeMinistries–Mechanicsburg
BeaconClinicforHealth&Hope
HabitatforHumanity
LowerAllenFireCompany#1
EcumenicalFoodPantry

Your generous spirit of giving reaches into our greater community and meets the needs of others.

Thank you from the Benevolent Committee. Ginny Wilt - Chair, Kay Hess – Co-Chair, Ralph Tygard, Nan Enders, Nan Rhan, Anne Wagoner, Barbara Zeigler, Evelyn Fennell, Don Mowrey.

Caring At Bethany Village; it has been a tradition to care about each other. We do that by mailing a greeting on the occasion of a birthday or hospitalization and by attending a memorial service or contributing to Care Assurance.

Mail can be sent across campus without a postage stamp. It can be deposited at the East or West Front Desk or the East mailroom and they will ensure it is delivered to the correct person. Inter-Cottage mail is delivered every Monday, Wednesday, or Friday by Facilities.

Birthdays of residents are listed monthly in The Scoop and daily on Channel 956.

Hospitalizations and deaths are listed daily on Channel 956.

Especially for us to remember are residents who have re-located to Assisted Living and The Oaks. Our Directory makes all campus addresses accessible. Let us continue the “caring tradition.”

Brenda Snider



A GARDEN WALK: May 2022

Anna Johnston

If “April Showers bring May Flowers,” I am hopeful. Several week ago ---It was cold enough for snow--- we confused tree blossoms blowing on our car windshield with snowflakes. A positive: Daylight Savings means we now go for walks after supper so that we can see what is growing and thriving in our community.

Encouraging Bluebirds: Beth Shank took the initial Wood Working course taught by Ken Kieffer that taught how to use the different wood-working machines. She’s been returning ever since making bird houses and then sharing them with others. Margee Kooistra’s bluebird eggs have already hatched while others have eggs that they are regularly checking. Joyce Kieffer is looking forward to being a Bluebird great grandmother.

Daffodils seem to be the most-planted flowers in our community and are now fading. Some of mine have more than faded---they never came up. It’s in areas under our bird feeders. I have blamed our neighborhood ground hogs and the squirrels. What to do? Google. Before BV, we had a back yard of Black Walnuts, and they had a toxic chemical that caused most plants under them to not make it. It turns out that this is a similar situation. The Sunflower seeds and hulls also have a toxic chemical that inhibits the growth of many plants. It’s a toxin called allelopathy, so at least I have a name for it. Cleaning up old seeds and hulls may help. Good luck!



Tulips! They are so lovely and a challenge when we’re dealing with critters. Longwood Gardens digs up their marvelous tulip displays and discards them. But tulips can come back after the first year. You may remember last years’ lovely bed of pastel tulips along Sheely Lane. Many came back again for us to enjoy. If you want to encourage your tulips to return next year, experts suggest you cut off the seed heads right after the petals fall. The bulbs will then get the food they need rather than the seed heads.



Expect to see more flowering bulbs, dogwoods in bloom, and azaleas. The traditional last frost for our zone is the first week in May. It’s also time to spread some flower, herbs and vegetable seeds directly into the soil. Don’t forget to visit the Healing Garden at The Oaks. It has two shaded areas with benches. Read a book? Enjoy the garden.

Community Garden Update: Cindy Lindsay

Thanks to Todd in Bethany Maintenance the garden has been tilled for spring planting. Much of the garden activity has been delayed due to April showers, but we have seen gardeners working on their plots. Charlotte Perrego is there early in the morning prepping her area. Expect to see a lot more activity in the garden soon.

Bethany Assets - They Make Bethany

Submitted by John Bowen, LSW

A chance to learn more about some of the amazing team members that make our community such a great place to work and live.

Name and title: My name is Beth Beamer and I am the Front Desk Receptionist (East), 2nd shift. This August I will be at Bethany 12 years.

-How did you choose to become a receptionist? I worked for an independent insurance agency in Camp Hill for almost 24 years. When the owners sold and merged with another agency, I decided to take a new path. While at the insurance agency, I volunteered at the Hershey Medical Center gift shop on the weekends. I really enjoyed the interaction with people, selling merchandise, taking flowers, balloons & gifts to the patients. Reading the job description for the Bethany position I had no doubt this is where I wanted to work. I felt it would be a perfect fit.



-Tell me something about yourself. The days before I came to Bethany, I worked at two specialty stores at the West Shore Farmers Market in Lemoyne. A children's boutique for 9 years until the store closed & then worked for the antique store that moved in for a year. While at home, I enjoy watching TV and when football season is here, cheering on the Pittsburgh Steelers! I like listening to music, taking care of my indoor plants, and calling my sister, who keeps me updated on my three Great-Nephews. Places I hope to visit again are Aruba & Disney World. I enjoyed as a child and still vacation with the family at Stone Harbor, NJ.

-What do you like about working at Bethany Village? Building relationships with residents, I am here, and they can depend on me. I treasure our bond; we are all family. I really enjoy hearing stories from the residents of their childhood. Takes me back remembering my grandparents and parents. A lot of smiles & laughs, wonderful memories!

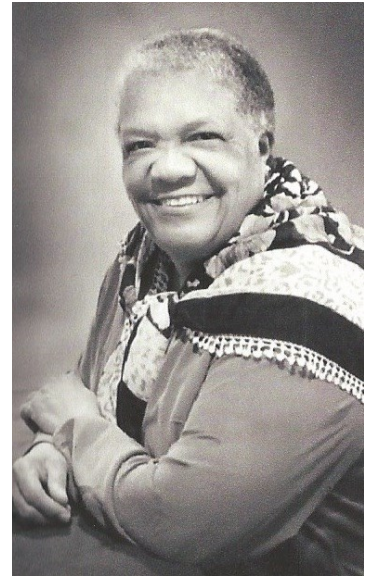
-What is the most challenging part of your job? The most difficult thing for me is saying goodbye when they move from Residential Living. I always say to myself "I am blessed," thankful for the time we share getting to know that person.

-How has your work affected you and your family during this time of COVID? During the pandemic, I really tried to be optimistic and more importantly honest, keeping residents informed as much as I could. The biggest challenge for me was the changing of procedures.

Forged Relationships Honor Late Bethany Village Resident

At the heart of the Asbury Foundation's mission is the "forging of relationships that enrich the lives of both residents and associates" at the communities we serve. At Bethany Village, this "forging of relationships" has been seen in the creation of a nursing grant fund and a healing garden outside of The Oaks Skilled Nursing – both honoring late Bethany Village resident Marian Dornell.

For those who knew Marian Dornell, she was often known as "Nurse Marian", a woman described as being both "tenacious" and committed to all she did. "Nurse Marian" was a dedicated wife, mother of five children, and at the age of 42 graduated at the top of her nursing class. While she worked in various nursing fields, her passion lay in hospice nursing. Marian possessed the special combination of tenderness and toughness that it takes to support, encourage and care for patients needing end of life care. Nursing was not just an occupation to Marian; rather it was a part of who she was as a person. She therefore committed herself in life to having a say in the new generation of nurses through her active engagement on the Bethany Village Nursing Grant Committee, ensuring that those with a desire to pursue a nursing career received a helping hand.



Following Marian's passing in 2019, the Asbury Foundation was contacted by Lisa Dornell Suggs, daughter of Marian, who shared her family's desire to honor their mother through a fund that would help support the education of Bethany Village associates seeking a career in nursing and end of life care. With support from Marian's children, the Asbury Foundation was able to create an opportunity to both honor Marian and her remarkable life, while also supporting Bethany Village associates looking to continue their nursing education.

The impact of Marian's life extends beyond associate education, serving also as inspiration for the creation of a healing garden outside The Oaks Skilled Nursing. Margee Kooistra, a dear friend of Marian, visited Marian on numerous occasions during Marian's stay in The Oaks and noticed an underused flower bed outside of Marian's room. Following Marian's passing, Margee and other members of the Bethany Village ecology team felt a need to revitalize the flower bed as a way of honoring Marian's life.

With support from the Asbury Foundation, the ecology team raised the necessary funds to create a healing garden for those both residing in and visiting The Oaks. Just as Marian's work as a nurse inspired peace and comfort for those she interacted with, so to the healing garden will serve as a place of peace, comfort, and hope for those who visit it.

Through the "forging of relationships" and support from Marian's children and many friends, the legacy of "Nurse Marian" will live on at Bethany Village.

Medication Disposal Boxes

Arnold Cushner for The Bethany Ecology Team

Almost from its beginning, a goal of the Bethany Ecology Team has been to locate a medications disposal box at Bethany. It is well recognized that outdated, unused, or no longer needed medications present a safety and health hazard. Putting such medications in the trash or flushing them down the toilet leads to ecological hazards, such as contaminated ground water.

A medications disposal box easily accessible and safely maintained provides an ideal solution to this problem. Members of the Ecology Team sought to implement this solution. It initially contacted Cumberland County officials; these officials directed them to Lower Allen Township Public Safety officers. When a request was made to these township officials, it was denied because of alleged time commitment and cost constraints. Subsequently two presentations were made to Lower Allen Township Commissioners. It was pointed out to the commissioners that Bethany presented a large contingent of voters, some of whom needed the accessibility that could only be provided by such a disposal box at Bethany. It was also pointed out that Bethany is the largest taxpayer in the Township and is the recipient of many fewer services than are provided to other taxpayers. On both occasions of these presentations, the Commissioners denied Bethany's request.

At this point, Bethany's administration began looking into a commercial source for a collection box. The 2022 Bethany budget included funds for this project. The administration is still pursuing this course, but regulatory issues have become an impediment to success.



Despite the obstacles and denials the Ecology Team has faced, properly disposing of medications remains a safety and health concern. Fortunately, a satisfactory solution exists.

Residents can dispose of outdated, unused, or no longer needed medications at two medication disposal sites close to Bethany. These two nearby locations are:

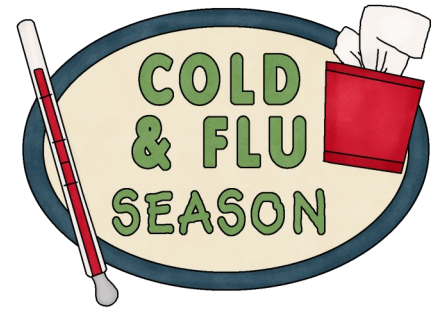
- **The Lower Allen Township Building
2233 Gettysburg Road**
- **CVS 105 S Sporting Hill Rd**

Until success at locating a medication disposal box at Bethany occurs, the Ecology Team urges you to use one of these places.

Managing the GI Blues

John R E Bowen, LSW Director of Social Services

While the number of residents affected by the recent GI bug have not grown to a point where we would restrict any gatherings or activities, it is still wise to demonstrate caution and consider the benefit of wearing masks and washing hands to avoid catching this infection right now. In case you do begin to show symptoms of loose bowels and/or nausea, here are some basic treatment suggestions from our Resident Health Services to keep in mind:



Some Helpful Tips:

- Stay home and rest until symptoms are resolved for at least 24 hours.
- Avoid coming to common areas such as front desk or mailboxes in the main buildings.
- Drink plenty of fluids. Water is fine while Gatorade and Pedialyte can also replenish lost electrolytes.
- BRAT diet is good for loose bowels (banana, rice, applesauce, and toast) Once nausea and vomiting are done you can start with light foods like toast, chicken noodle soup, crackers.
- If using an over-the-counter medication such as Imodium, please go slow and take sparingly to avoid extreme reversal of bowel movements.
- Call on family or neighbors to run errands and deliver supplies safely to avoid contagion to themselves.
- Check temperature daily and note any persistent fevers over 100 degrees.
- Let your primary care physician or the Clinic know if symptoms persist for more than 48-72 hours.

The Time Capsule committee has been meeting monthly to prepare for the great reveal of what the 1997 residents and associates of Bethany Village have predicted for 2022. We have also been contemplating what to concoct for our 2047 successors. Plans are starting to take shape. Here are a few items we have discussed.

- A video of clips with short messages for the 2047 future residents from today's residents, associates and leaders
- A social to celebrate all past, present and future residents and associates of Bethany Village
- Display of the 1997 time capsule contents
- Themed events at Springfield's and the Bistro

If you have any ideas to suggest we would be happy to entertain them.

Maria Laterra

717-265-3136

marial9812@yahoo.com

Food for Thought

Dale Meadowcroft

"Imagine if you will. You're traveling through another dimension, a dimension not only of sight and sound but of mind. A journey into a wondrous land whose boundaries are that of imagination. That's the signpost up ahead - your next stop, the Twilight Zone!" Every week Rod Serling would take us to another adventure that would expand our world and open our mind to untold possibilities.

"Number 12 Looks Just Like You" was an episode of the "The Twilight Zone" set in a dystopian future in which everyone, upon reaching adulthood, has their body surgically altered into one of a set of physically attractive models. In a future society, all nineteen-year-olds go through a process known as "the Transformation," in which each person's body is changed to a physically attractive design chosen from a selection of numbered models. She refuses, but the government overpowers and at the end of the show she looks and acts like everyone else.

What if everyone in the world were exactly alike? What if everyone talked the same, acted the same and watched the same TV programs? The world would be extremely dull!

Do you remember those wonderful days of high school when it was important that you looked and acted like everyone else? Conformity reigned supreme. I don't know about you, but high school is not something I wish to repeat. However, looking back, it was the foundation upon which we became adults. or, to paraphrase, "Adolescence is that period in life when we try on different lifestyles and personalities until we find the one that we like. Then we become an adult." Each of us is different.

Years ago, I was in a strategy meeting with other managers, including my boss. I disagreed with what my boss was proposing and stated my opinion. As we left the meeting, I apologized for disagreeing with him. His reply has stuck with me ever since. "When we always agree, one of us does not need to be here. Dare to be different. And do it with respect."

Different never means less. Different means different. Diversity and difference are the framework of humanity. We are all capable of love and compassion. We must accept difference as a valuable asset to this world. We are all different pieces of the puzzle, and we all have different strengths and virtues that we contribute to the world. We need one another.

Everyone in this world has a unique experience. We all see life a bit differently and take on the world in different ways. Just as we can never completely walk in someone else's shoes, we will never fully be able to experience the world through the eyes of someone with whom we differ. But this does not mean we should back off, or veer away from trying.

The beauty of The Twilight Zone is that it gave us an opportunity to really look at the world in which we live. It was much more than mere entertainment. It was a way to expand our minds and understand what really could be possible. It was, and is, up to us.

Imagine if you will. You're traveling through another dimension, a dimension not only of sight and sound but of mind. A journey into a wondrous land whose boundaries are that of love and compassion. A world that understands that although we are all different and extraordinary, we are all part of the greater good. That's the signpost up ahead - your next stop - Bethany Village.



Volunteers... you can now record your time online, from any computer.

Send an email to Kirstin Juchem (kjuchem@asbury.org) and tell her you want online access.

ARE YOU THINKING OF SUPPORTING THE UKRAINIAN PEOPLE?

UMCOR
United Methodist
Committee on Relief
458 Ponce De Leon Ave. NE
Atlanta, GA 30308
www.umcmmission.org
donationhelp@umcmmission.org
1-800-862-4246

**International Rescue
Committee**
P.O. Box 6068
Alberta Lea, MN 56007-9847
www.rescue.org
help.rescue.org/Ukraine
1-855-973-7283



Save the Children
501 Kings Highway East
Suite 400
Fairfield, CT 06825
www.savethechildren.org
1-800-728-3843

Catholic Relief
228 Lexington Street
Baltimore, MD 21201-3443
www.support.crs.org
1-877-435-7277

Mercy Corps
Mercy Corps, Dept. W
National Processing Center
P.O. Box 37800
Boone, IA 50037-4800
www.mercycorps.org
1-888-747-7440



**Trusted Organizations
Helping Ukraine**
Provided by: BV Residents Council

Here are some suggestions, courtesy of the Residents Council.

Foxes at Bethany Village

Barbara Bankard

It's spring and the East Campus has at least one den of foxes and their kits. Many of us are excited when we catch glimpses of them.

Here's some helpful, interesting information about them.

- Please do not hurt me or my mom. We just temporarily moved to the neighborhood so we could be safe. If you have suddenly seen a fox in the yard near your home, there is a good reason for this. It is denning season. Between the end of March and early April, a mother fox will give birth to between 4 and 5 kits (a baby fox is called a kit).
- A coyote will often find a fox den, dig out the babies, and kill them. A mother fox knows this and will frequently choose a den site close to people, away from where coyotes generally go.
- A fox will often den under a porch, shed, garage, barn, or side of a hill, trying to keep her little family safe. Please offer them a short-term rental because this is not a permanent situation.
- Kits are slow to develop and will not leave the den until they are about a month old. Foxes do not live in a den year-round, only when a mother has babies. During the summer as the kits grow older, you will see less and less of them, and by September everyone will have packed up and moved on.

If you are lucky enough to see how beautiful an adult fox is, or witness the kits playing (at a distance of course), you will be glad you did! It is not uncommon for Red Foxes to change dens several times during the season, so you may not see them for long.



Please do not call a service to "relocate them," they will often be killed. If you see a fox during the day, it does not mean she is rabid.

A mother fox works tirelessly to feed her kits and will often be out during daylight hours foraging for food. Foxes are omnivores, generally feeding on berries, grasses, and small rodents. They are solitary and prefer to be left alone. They do not want to hunt and eat your children, mate with your dog, or kill your cat. A fox just wants a place to raise her family safely, please allow her to do that.

I hope you catch glimpses of the Bethany Village foxes.

PARCR learns more about aging services

Lowell Starling

The PA Department of Aging to be more precise. The PARCR April Quarterly meeting was held via Zoom on April 13 beginning at 10:00 and ending at 11:30.



Pennsylvania Alliance of Retirement Community Residents

The keynote speaker was **Maria Dispenziere**, Executive Assistant, Office of the Deputy Secretary, PA Department of Aging. Her presentation was: PDA 101: An Introduction to the Pennsylvania Department of Aging." Maria provided an overview of the history of the Department of Aging, the variety of services and programs it administers, and how older Pennsylvanians can access these services.

Some of the highlights of Maria's presentation were a description of the seven types of services available from the PDA, along with contact information on how to access those services. One of the interesting points was that while some services like the PACE drug plan are means tested, many are not. She also showed a county map of PA to emphasize that access to the services begins with the PDA's County offices. Most of the attendees commented afterwards that they had no idea that the PDA offered so many services. Maria's slides are available on the PARCR.org web site under Events/Past Events.

The meeting as usual included an update from LeadingAge PA on what is going on, or not going on, in Harrisburg that affect our lives and pocketbooks. Austin Cawley, Director of Legislative Affairs spoke to the group about LeadingAge PA's activities and plans such as Garry Pezzano assuming the role of CEO and their Annual Conference which will be in person June 22-24 in the Hershey Convention Center. PARCR will be exhibiting there as well as attending some of the sessions. LeadingAge PA is also spearheading a budget ask from the state for \$294.3 million in Medicaid funding to cover the increasing costs of operating quality skilled nursing units across the state. This is important to all of us at Bethany Village because The Oaks costs not covered by Medicaid for Medicaid patients affect Bethany Village's finances.

Dan Seeger, a board member of NaCCRA, gave an update on NaCCRA's activities since the last PARCR meeting. One significant event was hosting a meeting of the Presidents of multiple state CCRC resident organizations like PARCR to discuss state and national issues affecting all of us. Future meetings are planned.

The July meeting will be held again via Zoom. The keynote speakers will be two design engineers from Morefield Communications in Camp Hill. Their topic will be "The Connected Community: Streaming and Conferencing for Today's Retirement Communities." The speakers will discuss how video conferencing and streaming technologies enable retirement communities to be more inclusive, accessible, and connected than ever before. The talk will also address strategies for helping residents adopt new technologies with simplicity while maintaining safe internet practices.

As always, individual memberships are \$20 a year and you can find the registration materials at PARCR.org.

Bethany Village Model Railroad Club

Lowell Starling

May 2022 News and Updates

While Spring has not yet sprung, the Model Railroad Club is already working on enhancing the always popular Garden Train. This year the Garden Train will run Wednesdays and Saturdays from 10:30 to 11:30am, weather permitting. The first run of the 2022 Garden Train is scheduled for May 11. The final run will be the "Night Train" run tentatively scheduled for Thursday, October 6 at 6:30pm. Here the crowd is watching the "Main Line" train traveling through the Southwest Village as well as enjoying refreshments and singing railroad songs last October.



Some of the enhancements for this year include a new Firehouse building financed by donations by club members and accompanying fire engines financed by donations from residents of The Oaks. We are also working on landscape improvements to add color and contours to the layout. These improvements include adding artificial grass to rural areas and mounding the stones to provide green color and texture to the currently flat landscaping. We now have funding from the Bethany Village Auxiliary which will help us add artificial flowers in

hanging baskets and trellises that will add additional color and soften the current stark background of brick walls.

Come and watch as the "Main Line" Pennsylvania Railroad freight train travels through the pastoral rural area, and then the industrial area including a brewery and worker housing, then through the southwest America village. From there it moves through the 19th century and 20th century communities including a sawmill modeled after one that exists today in Gaithersburg, Maryland. Some days it pulls standard freight cars, other days it pulls a circus train complete with circus animals and characters.

Meanwhile, the antique Trolley shuttles back and forth between the passenger station at one end and its barn at the other end of its track. And the "Short Line" passenger train runs a route similar to the "Main Line" but with a shorter stretch of track. All this activity is viewable from The Oaks porch, or the Arbor on the other side of the layout.

If you have any interest in joining us in being a blessing to the residents of Bethany Village, we can use all kinds of skills to build, operate, and host the operations of our trains. Contact President Tony Wright (717 307-1718) or Vice President Jim Wilt (717 648-5175) for information. You can also see more details on our web site: <https://bvmrrc.bvrescoun.org/>



Bethany Village May Birthdays

5/1 Mollie Randolph	5/14 Margaret Kors
5/4 Wayne Baker	5/16 George West
Kathy Bostic	5/17 Shirley Davis
Helen Lee	Mary Jane Paluska
5/5 Stella Stolakis	5/18 Kerry Butz
5/6 Bill Higgins	Christina Hoffman
Lois Lewis	Ann Thurner
5/7 Bev Headley	Patricia Waterman
Carol Lundquist	Faye Weller
5/8 Naomi Brenizer	5/19 Carol Cressler
5/9 Alice Over	Linda Darkes
Jack Redshaw	Craig Seibler
5/10 Anna Davis	5/20 Charlie Thurner
Mary Koller	5/24 Marie Petrasic
Charles Sproule	Warren Willman
5/11 Helen Greene	5/26 Nancy Thomas
Ken Myers	Donna West
Anna Mae Roof	5/27 Maria Laterra
5/12 Sandy Hite	5/28 Lucille Bair
Phyllis Schweizer	Mary Baker
David Walter	Ida Mae Heidecker
5/13 Hope Pracht	5/29 Sara Johnston
Nancy Starling	Hildegarde Sollenberger

June 16th at 6:30 pm
Harrisburg Senators -VS-
Richmond Flying Squirrels



Cost to Attend: \$35

Cost Includes:

- 1-ticket to game with seats down first base line in the Giant Picnic Pavilion
- A Buffet Meal (Hamburgers, Hot Dogs, BBQ Chicken, Baked Beans, Pasta Salad, Chips, Cookies, Pop and Water)
- Transportation to and from game.

Questions: Contact Susie Lupkes call at: 717-591-8410 or
Email: Slupkes@asbury.org



Save the Date: Summer Mini Golf League

June 6th– July 31st

The League is open to Residents of Bethany Village. Score cards with playing rules and guidelines on the back are available in the equipment box at the course or table near Wellness Center. You may play as many times as you want for the week, just hand in your lowest weekly score to the Table outside the Wellness Center by noon, Sunday.

The course is open daily. Clubs, golf balls, and score cards are available in the storage box. The key to the box may be signed out at the West front desk receptionist. Please put equipment away, lock box, and return key and score cards to receptionist when you are finished playing.



Register with Wellness:

Call at: 717-591-8022 or

Email: BVWellnessTeam@asbury.org

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3  LIVE @ 12:00	4  Mothers Day Tea	5 	6	7
8	9	10  LIVE @ 12:00	11  Bethany Babes Breakfast	12 	13 	14 
15	16	17  LIVE @ 12:00	18	19	20 	21
22	23	24  LIVE @ 12:00	25  Your Local Magazine	26  Bethany Studs	27 	28 
29	30	31  LIVE @ 12:00	JUNE 1	2	3	4
5	6	7	8	9	10	11

Springfields
Dining Room

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 BURGER MONDAY 	3 Hot Fudge Sundaes This Week! 	STAR WARS DAY	 6 \$1.00 off margaritas! 	7	
8 HAPPY Mother's DAY 11 - 2PM Lunch 	9 Wing Night 	10 Apple Pie Ala Mode All WEEK 	11 Free Birthday Dessert Happy BIRTHDAY	12 Turkey Reuben Using our New Panini Press!	13	14
15	16 BURGER MONDAY 	17 national DEVIL'S FOOD CAKE w/Peanut Icing Week! 	18 SHILL O'GA HOT DOG HURRY DAY! 	19 Chicken Sate RUM RUNNER Pairs great with a Rum Runner \$1.00 off tonight	21	28
22	23 Wing Night 	24 Chocolate Banana Sundaes This Week! 	National Wine Day 	26 Meatloaf Panini 	27	4
29	 11 - 2PM Lunch	31 CMP Sundaes This Week! 	JUNE 1 Whiskey Sour Cocktail \$1 off All WEEK 	3	10	11
5	6	7	8	9		



What's New in the Library?

“Aftermath” by Terri Blackstock. Three friends attend a concert, but only one makes it out alive! When police stop Dustin Webb with a warrant to search his trunk, he knows there’s been a mistake. He’s former military and owns a security firm. But he’s horrified when the officers find explosives, and he can’t fathom how they got there.

“Rosemary: The Hidden Kennedy Daughter” by Kate C. Larson is a biography about the eldest, and eventually secreted-away, Kennedy daughter, and how her life transformed her family and an entire nation.

“Unsheltered” by Barbara Kingsolver is a timely novel that interweaves past and present to explore the human capacity for resiliency and compassion in times of great upheaval.

“A Stranger’s Game” by Colleen Coble is about a suspicious death. But when Torie learns that her best friend has drowned, she knows it is more than a tragic accident: Lisbeth was terrified of water and wouldn’t have gone swimming by choice!

“The Maid” by Nita Prose is about a maid who finds a dead man in a room in the hotel and finds herself as the chief suspect.

“The Lightning Rod by Brad Meltzer is #2 in the Escape Artist series. #1 in the series is Escape Artist. Sounds very interesting!

“The Summer Getaway” by Susan Mallery is about a woman who takes the vacation of a lifetime.

“The Code Breaker” by Walter Isaacson is a compelling account of how Nobel Prize winner Jennifer Doudna and her colleagues launched a revolution that will allow us to cure diseases, fend off viruses, and have healthier babies.

“Carnegie’s Maid” by Marie Benedict is about someone who is not who they think she is. She’s not the experienced Irish maid who was hired to work in one of Pittsburgh’s grandest households. She’s a poor farmer’s daughter with nowhere to go and nothing in her pockets. But the woman who shares her name has vanished, and assuming her identity just might get Clara some money to send back home.

“Shadow’s Reel” by C.J.Box – a Joe Pickett novel-about a family in a crosshair over a book -the Fuhrer’s personal photo album-that Marybeth received at the library where she worked. A neighbor was murdered. Who is after the book?

Connie Scheib

Hearing Loss: Third Most Common Health Problem in the United States

Hearing loss currently affects more than 36 million Americans today. Although hearing problems are commonly associated with the normal aging process, more than half of all hearing-impaired persons are younger than 65.



On average, most Americans consider hearing loss a condition that is simply associated with aging, and don't know how to recognize the condition or who is qualified to diagnose and treat the condition. In an effort to raise public awareness for the growing number of Americans suffering from hearing loss, Duncan-Nulph Hearing Associates is celebrating Better Hearing Month this May.

As part of Better Hearing Month, Duncan-Nulph Hearing Associates is encouraging consumers to be more aware of their hearing health. Please contact Duncan-Nulph Hearing Associates at (717)766-1500 to schedule an appointment at the Bethany Clinic.



We want to clear up some confusing information about Massage Therapy at Bethany Village.

Massages are temporarily on hold due to not currently having any massage therapist to provide any massages. Wellness is looking for a new massage therapist.

Our current therapist is on leave. Any gift certificates already purchased, will still be honored when we are able to start providing them again.

Questions please reach out to Wellness:

Call at: 717-591-8022 or

Email: BVWellnessTeam@asbury.org

Are You Recognizing an Associate Who Is A GEM?

Did you witness an associate **Go the Extra Mile**? Lift up your fellow associates and give them recognition when you see them exhibiting behaviors of Asbury's core competencies by submitting a GEM! When submitting a GEM, here are a few things to keep in mind:

Be Sincere: recognition should be based on true appreciation and excitement

Be Specific: say what the associate did and why the effort was of value, ***explain what the associate did that was above and beyond their normal job duties***

At Bethany Village, the Associate Engagement Committee reviews GEM submissions every month to select a GEM of the Month. GEMs of the Month are then reviewed annually by the committee to be nominated for an Azzy at Asbury's annual Leadership Development Institute. We want to recognize those associates who truly **Go the Extra Mile** and exhibit our core values outside of their job description.

As of recent, the committee has seen many GEMs be submitted that state "Associate does a great job – thank you for all of your hard work!" It is of no doubt that all associates here do a great job in their daily work and take pride in what they do. While we want to recognize all associates at all times, please keep in mind when submitting GEMs we want to be sincere and specific with how associates **Go the Extra Mile**.

Sincere & Specific GEM Submission Example (we want more of these!):

Ronald who is a Dietary Aide was working on evening when a resident was not happy with the meals being served. The resident already had a bad day and only wanted a meal that he enjoyed. Ronald asked the resident what he would like to have. Ronald was surprised to hear he only wanted a PB&J sandwich. Since the cook was busy in the kitchen, Ronald made the resident the sandwich himself! The resident was so happy to receive the sandwich and had a happy demeanor the rest of the night. Ronald's display of customer service shows his dedication to residents!

GEM Submission Example (please try to not submit these!):

A resident was unhappy with the meal choice. Ronald asked him what else he would like instead. Thank you for going above and beyond Ronald!

Help the Bethany Village Associate Engagement Committee have a challenging decision when voting on GEMs of the Month and Azzy nominations by submitting **sincere and specific** GEMs!



Bethany Village Auxiliary

Phyllis Kegerreis

WANTED: The Bethany Village Auxiliary is in need of some help! We are looking for someone who would like to help us out by doing our posters we use to advertise special activities. If you are interested, please contact Sandy Newmyer at 301-775-9072. We are also looking for someone to take pictures for our board in the Breezeway. Again, if you would like to help us, please contact Sandy Newmyer.



Our Knitters here at Bethany have been busy making lap robes for Christmas gifts to the residents of MapleWood and The Oaks. If you knit or crochet and would like to help out, there is plenty of yarn and patterns available in the Craft Room. The group is there every Monday from 10AM to Noon. You can stay and knit or do it at home. Someone will be happy to help you. The Auxiliary appreciates all the help the Knitters give us.

Our Gift Shop, under the management of Mary Smith, is doing well. If you are not familiar with it, why not stop in and have a look around. The

Gift Shop is located across from the Library on the East side at the end of the Breezeway. We have a wide variety of gift items, jewelry, snacks, soda, milk and very nice inexpensive greeting cards. We look forward to having you stop in.

Gift Shop 
Bethany Village

The purpose of the Auxiliary is to help make things better here at Bethany, especially in MapleWood and The Oaks.



Every year at Christmas, we are given a Wish List by the Administrators of these two areas. We provided the furniture and amenities on the MapleWood front porch so residents can enjoy the fresh air when the weather is nice. We have pledged for both Phase One and Phase Two in the East and given money to the Train Club to help upgrade their equipment. We also have donated to the Nursing Grant, the Healing Garden and the Dog Park.

We are always looking for new members, both men and women. Pick up a membership folder from one of the locations on campus. You are always welcome to attend our Board meetings. They are held the First Wednesday of every month, with the exception of July and August, at 9:30 AM in the East Corporate Board Room. Our meeting for May will be on May 4th at 9:30. Hope to see you there.

Bereavement Notifications

Edward Lewis 3-23-22

Dorothy Early 4-3-22

Wilbur MacIvor 4-5-22

Benedict Fajt 4-16-22



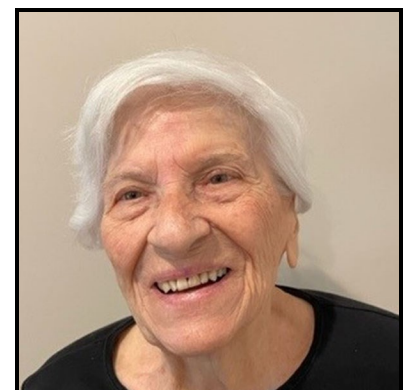
Welcome New Residents

Amanda Price



Louise Bauer moved into West Apartment 3126 April 8. Her phone number is 717-579-5433. She moved to Bethany from Harrisburg ,PA. Her family lives close and she likes to spend time with them. She is excited to be at Bethany. If you see her around be sure to say Hello!

Betty Brown moved into Court Apartment April 19. Her phone number is 717-514-8562. Betty came to Bethany from Camp Hill, PA. She retired from being a Journalist as well as a Speech Writer. She enjoys writing, puzzles and other "Mind Games." She has traveled many places in her lifetime including Russia, Ireland, France, England, Finland, Canada and most of the US! Betty likes to ease into her day, so you will probably see her out and about anytime after lunch, and when you do be sure to say Hello!





Charles and Celeste Lorup moved into West Apartment 2142 April 15. Their phone number is 717-591-5442. They came to Bethany from NJ. If you see them around be sure to say Hello!

Larry and Maria Ferenbaugh moved into Court Apartment 3108 in March. Their phone number is 717-903-0342. They moved to Bethany from Harrisburg with their dog Cubby. Larry is retired from Sales and Maria from Clerical work. If you see them around be sure to say Hello!



Scott and Connie Kehs moved into West Apartment 2144 on April 21. Their phone number is 215-345-6597. Scott and Connie Kehs have been married for 53 years. They moved from Doylestown PA where they lived for 42 years. Daughter Aimee and her family live just 5 miles away from Bethany. Son Brian and his family live near Annapolis, in Crofton Maryland. Scott and Connie have four grandchildren. Both are retired school teachers: Scott taught computer science, Connie was an elementary and a middle school librarian. Scott enjoys gardening and raising orchids and other kinds of plants. He was a member of the Community Garden in Doylestown for many years. Connie likes to bake, is an avid reader, loves to walk and is hoping to relearn how to crochet and knit.

Joyce Weiser moved into West Apartment 4121 on 4/8/22. Her phone number is 484-716-4527. Joyce is moving to Bethany from Reading, PA . She is very active with her church. Joyce worked in a printshop previously. If you see her around be sure to say hello!



The Last Word

Farmer Joe was in his car when he was hit by a truck. He decided his injuries from the accident were serious enough to take the trucking company responsible for the accident to court. In court the trucking company's fancy lawyer was questioning farmer Joe.

"Didn't you say, at the scene of the accident, 'I'm fine'?" said the lawyer.

Farmer Joe responded, "Well I'll tell you what happened. I had just loaded my favorite mule Bessie into the...." "I didn't ask for any details," the lawyer interrupted, "just answer the question."

"Did you not say, at the scene of the accident, 'I'm fine!'"

Farmer Joe said, "Well I had just got Bessie into the trailer and I was driving down the road...."

...The lawyer interrupted again and said, "Judge, I am trying to establish the fact that, at the scene of the accident, this man told the Highway Patrolman on the scene that he was just fine. Now several weeks after the accident he is trying to sue my client. I believe he is a fraud. Please tell him to simply answer the question."

"Didn't you say, at the scene of the accident, 'I'm fine'?" said the lawyer."

By this time the Judge was fairly interested in Farmer Joe's answer and said to the lawyer, "I'd like to hear what he has to say about his favorite mule Bessie."

Joe thanked the Judge and proceeded, "Well as I was saying, I had just loaded Bessie, my favorite mule, into the trailer and was driving her down the highway when this huge semi-truck and trailer ran the stop sign and smacked my truck right in the side. I was thrown into one ditch and Bessie was thrown into the other.

I was hurting real bad and didn't want to move. However, I could hear ole Bessie moaning and groaning. I knew she was in terrible shape just by her groans.

Shortly after the accident a Highway Patrolman came on the scene. He could hear Bessie moaning and groaning so he went over to her. After he looked at her, he took out his gun and shot her between the eyes.

Then the Patrolman came across the road with his gun in his hand, still smoking and looked at me. He said, "Your mule was in such bad shape I had to shoot her. How are you feeling?"

Now Your Honor, what would you answer????"

