

The Scoop

Volume: 12 Issue: VII Date: July, 2022

ASBURY
BETHANY
VILLAGE



Anticipate More

From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As the residents and associates enjoy the summer months, I wanted to thank all the residents and associates again for your continued efforts and patience during these challenging times. The challenges that we are facing continue. The positivity rate in Cumberland County continues to be a challenge and we will need to ensure that we are taking all the necessary precautions to protect our residents and associates. Currently (6/21/22), Cumberland county's positivity rate is 16.34%. We have seen an increase in resident and associate cases over the last 4 weeks. Due to the increase in both the county and at BV, we have re-implemented the masking guidelines in Residential Living. I do realize that the masks may be a hindrance, but we really need to abide by this guideline as we could have avoided some cases by wearing masks. If you are not willing to wear a mask in the RL (Indoor) common areas, we are

asking that you do not visit these areas. Masks are to be worn apart from when eating in the BV dining areas. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved.

I also want to get back to some other operational updates as we need to forge ahead and

continue the great work that we do here at Bethany Village.

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COVID-19 Update: Our commitment to providing a safe living and work environment, for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

We continue to review the latest CDC guidance and will continue to align our policies and guidelines based on these updates. We have removed the screening process for Residential Living family and friends who are visiting in Residential Living common areas and/or Residential Living apartments/cottages. Also, all family/friends/vendors visiting Assisted Living or

Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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Skilled Nursing can now screen in at Door #21 (AL) and Door #30 (SNF). This also includes any Residential Living residents who are visiting spouses in these two areas. We continue to ask that all residents take the necessary precautions especially if you are meeting or socializing with unvaccinated family members or friends.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local requirements.

Just a reminder that any external contractor (i.e., housekeeper, private duty, etc.) must be fully vaccinated to be able to provide services to our residents at BV. We have made no changes to this guideline/policy.

We have and will continue to update our policies and procedures for our residents and updated travel and quarantine guidelines have been placed on the “BV Family and Friends” page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Skilled Nursing (SN) and Assisted Living (AL) Updated Testing Guidelines: Due to the Cumberland County transmission rate being in the “High (RED)” level, we will test unvaccinated/unboosted staff twice a week in both MapleWood Assisted Living and The Oaks Skilled Nursing. The Cumberland County transmission rate is 16.34% (as of 6/21/22). CMS has also updated the guidelines to include associates over the age of 50 to be tested if they are not “UP TO DATE” with their vaccinations. This is defined as having the full vaccination with two boosters.

Staffing: We are still facing several staffing issues at BV. We continue to have shortages in housekeeping, dining, and clinical areas (C.N.A.s and Nursing staff). Currently, we have 34 open full-time positions across the community. We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We do understand the frustration that is occurring. We will continue to do all that we can to ensure that we are meeting these needs in this area.

Financial Update: Bethany did not meet the Operating Ratio (OR) for May. We missed the goal by **.4% (\$11,827)**. We did post a positive variance in OR revenue of **\$16,349** but were over in OR expenses by **\$28,176**. The primary driver for this negative variance in expenses is again due to the cost of contract labor (**\$164,051**). The BV Senior Leadership Team will continue to ensure that we are doing everything that we can to maximize our resources while providing quality care and services. We also have completed and implemented a contingency plan due to not meeting our occupancy goals. This plan was implemented at the end of January.

Occupancy: (as of 6/21/2022): BV is experiencing vacancies in the Residential Living areas. We currently have 12 West Apartments and 3 Court Apartments available. We have seen a negative trend in The Oaks occupancy as we currently have 6 open rooms. Again, the key drivers in this area are AL and SNF occupancy. AL is off the goal by **2.0%** and SNF

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is off by **1.9%**. We have extended the current incentive plan for the West and Court Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

BV West Land Sale: BV continues to field offers for the 7.4 acres of land on the West side of campus (Across from the West Cottages/Century Drive extension). We currently will be working with those businesses and developers to ensure we have all the data and information needed to make a final decision. As of 6/21/22, we have 8 offers. We have extended the process due to a few late offers. The new timeframe for the completion of this process is by the end of July. We anticipate seeing movement/possible construction on this land within the next 12-18 months. Again, the proceeds from the sale of this land will be invested back into the community.

2022 Resident Satisfaction Survey – Thank you to all the residents and families for completing the survey. We did have a 71% response rate for the entire Asbury system (BV was closer to 60%). We are in the process of analyzing the data and will be providing the BV data to the residents soon (third quarter Town Hall Meeting).

Thank you again and please stay safe and healthy!!

Join us Monday, July 4th
from 11am-2pm in
Springfield's Dining
Room for a 4th of July
Lunch!

Please Call (717)591-8329 to make reservations

****Café Will Be Closed All Day July 4th****



We Love our Pets

John Bowen, LSW, Director of Social Services

Asbury at Bethany Village has become a safe and comfortable home for residents of both the human and animal kind over the years. Pets on our campus provide us with wonderful companionship, unconditional love, and a spontaneity that adds joy to our lives. In our attempts to keep these furry friends living in harmony with our neighbors and associates there has been established a Pet Policy to help keep peace in our community. For those of you who arrived on move-in day with your extended family member, you were aware of the policy and procedure as outlined by the Marketing Department and found in the Resident Handbook. However, for those who may have chosen to adopt after a time at BV (and long since tucked away your handbook on a less frequented shelf), I will encourage you to dust it off and take note of what it says. Or, better yet, contact Beth in Marketing to insure you have the most updated version. We love our pets and want to ensure everyone understands how to treat them responsibly and with respect for those with whom we live and work.



The Healing Garden



The Healing Garden has benefited from the hours of care given it by Marilyn Keener, new resident with a penchant for weeding and watering, and Michael Lehman, landscape gardener, who continues to be the mastermind behind all that brings beauty to the garden.

A GARDEN WALK July 2022

Anna Johnston (717) 620-8587

There is so much to see. I would encourage you to develop a personal “BV Garden Bucket List.”

The Healing Garden is on the far side of West Campus in the Skilled Nursing area. Two years ago it was a “desert of mulch.” Flowers, bushes, and trees have been added by BV volunteers, part of the Ecology Team. Recently, new planters have been filled with annuals. Best of all, there are two covered areas with benches providing needed shade. Now patients in Skilled Nursing come out with staff. Families gather with their loved ones, and some other residents come there to read. Purple clematis climbs a pole supporting one shaded area. Yellow honeysuckle is on another. Can you name the other flowers?

If you still have your BV Community Map, the major gardens are listed. They include Martha’s Garden that is extensive and also has the model railroad. For something much smaller, Ann Marie Judson invites visitors to enjoy her cottage patio at 5277 Sycamore Court. Walk around the back. That’s just one, you probably have favorites gardens too.

On the East Campus, there are lovely plantings around the main entrances as well as a raised area by the Bistro. (Dead Header Bruce Seagrist removes the spent Knockout blossoms by the entrance to the Rife Center so that they will rebloom again and again.) If you dream of your former garden with abundant flowers and vegetables, you must visit (or better join) the Community Garden that is down from Bethany Towers. Come in the gate (Be sure to close it) and sit on the John Judson bench and Enjoy!

What is on your BV Bucket List? What should we add?

Why Take Supplements?

Donna Becknauld

Do vitamin D, Zinc, and C help prevent COVID-19 or hasten healing? It is true for old-age conditions such as the common cold. It makes sense that there would be a lot of interest in supplements for COVID-19, whether as prevention or treatment.

Indeed, Zinc, vitamin C, vitamin D, and even melatonin had been commonly prescribed by doctors from the earliest days of the pandemic.

Vitamin C and Zinc play an important role in the immune system. Vitamin C is an antioxidant that has long been promoted as a key player in healthy immune function. Zinc may have antiviral activity, whether by improving immune cell function that counters viral infections or by reducing the ability of viruses to multiply. Both of these products have been shown to improve respiratory function in clinical trials.

Taking a multi-vitamin along with these essential vitamins can boost your immune system. Don't forget to consider a probiotic in your daily regimen.

Stop by **The Medicine Shoppe** and we can assist you with all that you are missing in your daily routine. We are on the Second Floor down from the BIG TOWER CLOCK. HOPE TO SEE YOU!



Remembrance Garden

Do you know that we have a Remembrance Garden on campus? In August of 2014 the Residents' Council of Bethany Village created a committee to study the feasibility of establishing a Remembrance Garden. This garden was to be placed in a location on the Bethany Village campus that was accessible to all, and it was to be fully funded by the residents.

Through contributions from residents and friends we completed the construction of the Bethany Village Remembrance Garden in 2014. It consists of a curved brick walkway that contains memorial bricks leading to the labyrinth surrounded by benches and beautiful plantings. Here residents and friends may sit quietly to remember loved ones in a beautiful natural setting.

The Garden is located on the West Campus across the parking lot from the entrance to The



Oaks. Another way to access the Garden is to continue past the entrance to Sheely Lane and remain on Wilson Lane until you drive into the rear parking lot of the West apartments. The Remembrance Garden is immediately to the right as you reach the parking lot.

Please take the time to not only become familiar with the location but to enjoy the beauty and serenity of the surrounding areas. There are benches at the top for you to relax after you have

taken a meditative walk through the labyrinth. Or perhaps you would wish to take a slow stroll up the curved brick pathway reading the names of departed loved ones and recalling fond memories.

The mission of the Bethany Village Remembrance Garden is to provide a place where family members and friends can be remembered in a beautiful setting throughout the year.

Forms for requesting a brick to be added are available in the foundation office on the east side.



From the Chaplain...

The Rev. Brand Eaton, D.Min. BCC, Director of Pastoral Services

The preamble of the Declaration of Independence states, “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.”

I sometimes wonder if the truths proclaimed about freedom and liberty really are as “self-evident” as the founding fathers declared. The existence of Negro slavery in America, at the very time the Declaration of Independence was being written, calls into the question the self-evidence of the truths of equality, unalienable rights, and the freedoms of life, liberty, and the pursuit of happiness.

How Americans interpret the meaning of liberty and freedom differently from one another makes questionable the self-evident quality of freedom. Some of us think of liberty in terms of having the power and resources to fulfill one’s potential.

Some of us think in terms of freedom from external restraints upon one’s person. At the core, it is this basic difference in defining liberty and applying it to American politics and society that divide liberals from conservatives in our nation.

The Hebrew Scriptures seem to me to promote a different understanding of liberty, based less upon personal or individual freedoms and thinking more in terms of community. Biblical liberty perhaps is best defined by the ordinance in Leviticus 25 to observe a year of Jubilee. In many ways, the concept of Jubilee informed Jesus’ understanding of the kingdom of God. In the observance of Jubilee, anyone who had sold themselves into servitude because of economic hardship was set free, all debts were remitted, and ancestral lands were returned to the original families. This was not to be viewed as a hardship by those who must set free servants or surrender lands gained, because it was understood that no one lost anything that really wasn’t theirs to begin with. It was also understood that as long as any Israelite was in servitude, no Israelite was truly free. Shalom—peace, well-being, wholeness—only happens when all experience it.



PARCR gets up to date on being a “Connected Community”

Lowell Starling

As announced earlier, PARCR’s next Quarterly Meeting will be July 13 from 10:00am to 11:30am and because of COVID will be held again via Zoom. The keynote speakers will be Chris Horsman and Fred Weidemann, design engineers from Morefield Communications in Camp Hill. Their topic will be “The Connected Community: Streaming and Conferencing for Today’s Retirement Communities.” The speakers will discuss how video conferencing and streaming technologies enable retirement communities to be more inclusive, accessible, and connected than ever before. The talk will also address strategies for helping residents adopt new technologies with simplicity while maintaining safe internet practices.



Pennsylvania Alliance of Retirement Community Residents

The meeting as usual will include an update from LeadingAge PA on what is going on, or not going on, in Harrisburg that affect our lives and pocketbooks. LeadingAge PA is spearheading a budget ask from the state for \$294.3 million in Medicaid funding to cover the increasing costs of operating quality skilled nursing units across the state. According to the briefing from LeadingAge PA to the PARCR Executive Committee on June 13, this ask has been well received by the legislators. The budget is due by June 30, so we’ll see where it ends up. This is important to all of us at Bethany Village because The Oaks costs not covered by Medicaid for Medicaid patients affect Bethany Village’s finances.

In addition, Dan Seeger, a board member of NaCCRA will give an update on national activities and legislation that may affect retirement community residents.

Separate from the meeting, LeadingAge PA will be holding their Annual Conference which will be in person June 22-24 in the Hershey Convention Center. Members of the PARCR Executive Committee will be exhibiting there as well as attending some of the sessions. You can see the details of the conference at <https://www.leadingagepa.org/education-events/annual-conference>. The conference includes valuable keynote addresses as well as a variety of educational sessions.

As always PARCR individual memberships are \$20 a year and you can find the registration materials at PARCR.org.

Official Websites:

PARCR – parcr.org

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)



The Bethany Village Auxiliary Presents Summer Shopping

**TaylorMarie's Apparel
Wednesday, July 13th
Rife Center
10:30 to 2:30**

**Shop the Latest Styles
Women's, Missy & Petite
Jewelry & Accessories**

**A portion of the proceeds
supports the Auxiliary
Everyone is Welcome
Come Join Us!**

 **TaylorMarie's**
Your Fashion. Your Style. Your Place.

Petite, Missy & Women's Sizes Available

We Accept Cash, Checks & Credit Cards

www.TaylorMariesApparel.com

Additions to the library—June 2022

Connie Scheib

“Empty Vows” by Mary Monroe is the 2nd installment in her Lexington, Alabama series. This scandalous follow-up to the Depression-era tale, *Mrs. Wiggins*, her 1st book in the series, delivers even more drama to the Deep South. As a proper church-going woman, she is determined to snare Alabama's most-sought after widower.

“The Sweet Life” by Suzanne W. Fisher is the 1st book in her “Cape Cod Creamery” series. It is an uplifting story of a restored relationship, faith during her battle with cancer, and the hope of 2nd chances. This series continues the story in the 3 Sisters Island series.

“Mulberry Hollow” by Denise Hunter is # 2 in her Riverbend Gap series. #1 is the same name as the series title. This is the story of a man who is walking the Appalachian Trail in memory of a friend who saved his life. He becomes ill and collapses on the doorstep of the doctor in Riverbend Gap, N.C.. They are attracted to each other but life gets complicated.

“22 Seconds” by James Patterson. This is book 22 of 22 in the Women's Murder Club series. There are 22 seconds... until Lindsay Boxer loses her badge—or her life.

“Beautiful” by Danielle Steel. A renowned supermodel's world is torn apart when a bomb explodes in the airport, killing her mother and a good friend. As Veronique forges bonds old and new, she begins to see a light beyond the darkness she has come to inhabit, finding peace in opportunities to help others, and redefining for herself what beauty is, and what it truly means to be beautiful.

“Barefoot” by Elin Hilderbrand is a stand-alone novel about 3 women, each with their own set of problems. They came to Nantucket for the summer to relax and have fun in the sun, but, then, along came Josh Flynn!

“Deceived” by Irene Hannon is the 3rd and last book in the Private Justice series. Deceived is filled with complex characters, unexpected twists, and a riveting plot line that accelerates to an explosive finish.

“Boardwalk Bookshop” by Susan Mallory; "A book begging to be read on the beach, with the sun warming the sand and salt in the air: pure escapism."

“Sparring Partners” by John Grisham The “Sparring Partners” are the Malloy brothers, Kirk and Rusty, two successful young lawyers who inherited a once prosperous firm when its founder, their father, was sent to prison. Kirk and Rusty loathe each other, and speak to each other only when necessary. As the firm disintegrates, the resulting fiasco falls into the lap of Diantha Bradshaw, the only person the partners trust. Can she save the Malloys, or does she take a stand for the first time in her career and try to save herself?

Be sure to watch for a new series by Sara Donati called Into the Wilderness. The book titles are: Into the Wilderness, Dawn on a Distant Shore, Lake in the Clouds, Fire Along the



Sky, Queen of Swords, & the Endless Forest. It is a fact and fiction series about another time involving characters involved in romance and adventure.

Food for Thought

Dale Meadowcroft

For many years Ellie and I have attended classical music concerts by the major Symphony orchestras. It started in Philadelphia with Eugene Ormandy and Zubin Mehta, then after we moved to the Washington DC area we were involved with the National Symphony Orchestra under Mstislav Rostropovich and Leonard Slatkin. Near the end of our time in the DC area, the Baltimore Symphony Orchestra started to perform at The Music Center at Strathmore no more than three miles from our home. Little did we know that it was also the inaugural season for Marin Alsop. When she walked out to the podium we thought nothing of the fact she was a woman. Nor did we have any idea of her lifelong struggle to be a conductor. We just knew she was good.

A little while ago PBS aired Great Performances: The Conductor, a 90 minute biography of Marin Alsop. At the age of nine, her parents, both classical musicians in New York City, took her to a young people's concert hosted by Leonard Bernstein. As she listened and watched she knew from that moment on that all she ever wanted to be was a conductor. Talented enough to attend Juilliard as a violin student while still in high school she attempted at every possible moment to take conducting classes. She was advised that it was more likely a woman would be the chief executive of a G7 country than the conductor of a Symphony Orchestra. It was more likely she would be a four star general in the armed forces than a conductor of a major Symphony Orchestra.

After attending Yale University for two years, she returned to Juilliard to pursue a Bachelors and Masters degree in music. After being told repeatedly that it was impossible for her to become a conductor she formed her own orchestra of Juilliard women. At this point in a program, she turned toward the camera and smiled saying, "Don't tell me I can't do something." That group of women has played together for over 20 years and traveled the world together.

She continued her relentless drive for the podium and was invited to attend the Berkshire Music Festival where she again fell under the spell of Leonard Bernstein who literally took her under his wings. It would be easy to say the rest is history but there were many rocky hills yet to climb before she could become the principal conductor of four major symphony orchestras throughout the world and an inspiration and mentor to all young women and men striving to be leaders and conductors.

At one point she said, "You know, I think the most despicable four letter word in our language is can't."

That really struck a chord with me (no pun intended). How many times have we changed our path in life because someone else told us we couldn't do it? How many gifted students have chosen to be run of the mill because they were forced to sit quietly after they had finished their lessons faster than anyone else? Perhaps it is because it is easier to say no than it is to expend the energy to be supportive. Or, it could just be the desire not to let anyone else be better than me.

On the other hand, think of the possibilities if we were to support one another, seeking solutions and mentoring others. It is exciting to imagine how far we could go if everything we did was to improve our neighbor.

Let us not wait until the new year for a resolution. How about a mid year resolution. From here on out I resolve to never say can't. I resolve to say, "How can we get to yes."

Care Assurance Statistics

Care Assurance (benevolent care) is the discounting of fees, including monthly and ancillary fees, and payment of certain expenses, for residents who have exhausted their assets.

On average, Care Assurance (benevolent care) covers a little more than half of the expenses for residents who have outlived their resources. Recipients continue to pay what they are able toward the cost of their care.

Did you know that in 2021...

Seventeen residents relied on support from Care Assurance at Bethany Village.

Average age of recipients is **93**.

Total cost was **\$616,471**.

Care Assurance is anonymous. The dignity of recipients is maintained by ensuring continuity of care and privacy.

For questions about Care Assurance, please contact Jacob Kanagy at 717.591.8019 or jkanagy@asbury.org



1997 Time Capsule

Maria Laterra

The time capsule was opened very unceremoniously on Thursday, June 9. Our special guest for the event was Brad King. Brad worked in maintenance at Bethany Village in 1997 and was there when they buried the time capsule. He even remembers our current executive director Brian Grundusky mowing the grass. After Todd Bretz from maintenance dug the capsule loose, Brad, Todd and Brian pulled it from the earth. Look for the contents of the time capsule in the display case under the TV in the breezeway on the east side of campus. We also hope to display it on the west in the not too distant future.



Work continues on collecting items for the new time capsule to be opened in 2047. Producer and cinematographer Bob Brommer and director Nancy Toth are doing a great job of collecting videos of interviews with various representatives from life at Bethany Village discussing the current status and what they envision in 25 years of the areas they represent. The entire campus will have the opportunity to view this video when it's complete.

Look for another great time capsule event in the Bistro the weekend of July 1st and 2nd. This time we are remembering the 70's with National Disco day. So pull out your leisure suit, hot pants and platform shoes and practice disco dancing the Hustle. Everybody will be King Foo Fighting while listening to Kool and the Gang.

Bethany Village Auxiliary

Phyllis Kegerreis

Summer has arrived and now we watch the days get shorter. That part doesn't make us happy. I, personally, like the longer days.

The Auxiliary doesn't meet during the summer but we are still working on our Fundraising as we start the second Half Century of the BV Auxiliary. Our first half was very active and we hope the second half will be also.

We have put some things in the new capsule that Bethany is putting together. It is difficult to put items in but we have a history that we are putting in. Hopefully in 25 years the residents of Bethany Village will enjoy reading about all our activities.

Mark July 13th on your calendar and come shopping with Taylor Marie clothes in the Rife Center from 10:30 AM to 2:30 PM. Don't forget the Marzoni's/Hoss's Gift Cards available in the Gift Shop. While you are there getting your cards, look around and you might see something else that you like.

Enjoy your summer!



1997 Time Capsule Inventory

Business Card - Bonnie S. Mauldin - Executive Director
Bethany Village trifold brochure
Auxiliary History Writeup
Auxiliary Invitation to 25th Anniversary
Auxiliary mug
Business Card - Stephanie Lightfoot - Purchasing Coordinator
Approved for Payment stamp
Business Card - Brad King - Construction Manager
Business Card - Jeanne B. Manganello - Housekeeping Supervisor
Business Card - Gene Morris - Director of Environmental Services
Business Card - George Schreiber - Maintenance Supervisor
Grout brush labeled My favorite toothbrush - Jeanne Manganello
Toilet stopper head? (from maintenance department)
Photo of maintenance department personnel
Photo of maintenance director George Schreiber captioned 'This happens at 40'
Maintenance work order to dig hole for time capsule
Inside of time capsule cap was inscribed 'Brad King & Gene Morris & Lisa Haney & George Schreiber was here first 5/28/97'
Maintenance visitation tag
The Bethany Villager May/June 1997 newsletter
Campus Programs Fridge Notes
May 1997 Campus Program Activities calendar
January, March, April and May 1997 Personal Care Activities calendar
Dutch Apple Dinner Theater playbill for My Fair Lady May 8 - June 28, 1997
Bethany Village baseball cap
Business Card - Rev Jim Browning - Director of Pastoral Ministries
Newsweek magazine articles
AOL 3.5" install disk
Computer Learning Network Computer Training Brochure
Computer Learning Network Computer Corporate Brochure
Lifeline Pendant
Patriot News newspaper dated Friday, May 30, 1997
Sundance Rehabilitation Corporation Yoyo
Care Computer Systems letter/envelop opener
Prediction sheets from Residents
Prediction sheets from Shiremanstown Elementary Students
Prediction sheet from Trinity HS Student Council
Photo captioned 'kids on a mission Allen middle school 1996 - 1997'
Magic hacky sack footbag and World Footbag Association brochure from Trinity High School
Beanie Baby article from the April 22, 1997 Patriot News
Pink Flamingo Beanie Baby
Shiremanstown Elementary School 96-97 Save Our Earth School Yearbook
Wildcat News dated May 1997
Wesley Affiliated Services, Inc. Final Financial Statements March 31, 1997"
Dutch Apple Dinner Theater playbill for My Fair Lady May 8 - June 28, 1997"
Business Card - Edward E. Kester - Wesley Affiliated Services President & CEO
Wesley Pen
Wesley Affiliated Services mug

BETHANY READERS JULY 2022

Barbara Bankard

The Bethany Readers will meet on Tuesday, July 12 at 10:00 am in the Rife Center. This month we will discuss "The Music of Bees" by Eileen Garvin led by Nadine Creighton.

ALL WOMEN OF BETHANY VILLAGE AND BETHANY TOWERS
ARE ALWAYS WELCOME TO JOIN THE GROUP.

Book Selections and Dates for 2022

Date	Book	Facilitator
Tuesday, July 12 Rife Center	The Music of Bees by Eileen Garvin	Nadine Creighton
Friday, August 19 Corporate Conference Room ****	The Seed Keeper by Diane Wilson (Please note date and room change)	Micki McCoy
Tuesday, Sept 13 Rife Center	The Book of Lost Friends by Lisa Wingate	Melissa Stock
Friday, Oct 14 West Commons	The Yellow Bird Sings by Jennifer Rosner	Linda Kelly
Tuesday, Nov 8 Rife Center	The Lincoln Highway: a Novel by Amor Towles	Ida Mae Heidecker
Friday, Dec 8 West Commons	Select facilitators for 2023! Party!	

Please note room assignments are subject to change.



Springfields Dining Room JULY 2022

Mon – Thurs 5PM – 7PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Weekly Drink Specials	27 4 Lunch 11AM – 2PM  The Cafe will be closed today.	28 5 Low Carb Cheesy Chicken Bacon Ranch Dietitian Booth 4:30	29 6 Free Birthday Dessert 	30 7 It's a... LUAU 	Closed on Fridays and Saturdays.	
\$5 Rum Runner! ALL WEEK 	11 Wing Night 	12 Hot Fudge Sundaes This Week! 	13 	14 French Cuisine. Free Glass of Champagne. Happy Bastille Day 		
\$5 Ginger Peach Iced Tea! ALL WEEK 	18 BURGER MONDAY 	19 Peach Panini with Brie Press! 	20 Low Carb Bruschetta Chicken 	21 PA Dutch Night 		
\$5 Margaritas! ALL WEEK 	25 Wing Night 	26 Chocolate Banana Sundaes This Week! 	27 Stir Fry 	28 Cuban Sandwich Using our New Panini Press! 		

July 4th – 7th: \$5 Rum Runner drinks

July 4th: Special 4th of July menu. Springfield's open from 11-2.

Please call for reservations. The Collegiate Café will be closed

July 5th: Carb Friendly Cheesy Chicken Bacon Ranch Breast

Are you curious about what it means to eat “low-carb” or follow a “keto” diet? Or perhaps you or a loved one have a diagnosis of diabetes and need to eat fewer carbs as a result? If so, the culinary staff at Bethany has developed some special new recipes with you in mind!

Stop by Springfield's on Tuesday, July 5th or Wednesday, July 20th from 4:30 to 5:30 pm to see and enjoy a new and delicious carb-friendly menu item. After your taste buds are revved up, join us for dinner that evening – the new entree will be available. Let the culinary team show you how exciting carb-friendly eating can be. And while you're waiting for your seat at Springfields, be sure to meet our new campus dietitian, Brigitte Brady. She will be available to answer general questions and have helpful information and recipes available for leading a low- carb lifestyle. So, whether you are nixing the carbs to follow a diet or trying to manage diabetes, come try these new items and get some ideas to inspire low-carb cooking at home!

July 6th: Birthday Night! Free Desserts for everyone. Happy Birthday sing-a-long at 6pm.

July 7th: Grab your flowered shirt and lei and come on up for the Springfields Luau.

Special menu.

July 11th – 14th: \$5 Long Island Iced Tea drinks.

July 11th – 14th: Hot Fudge Sundaes as the dessert special all week.

July 11th: Wings!

July 13th: Hot Dog Night!

July 14th: Happy Bastille Day! French Inspired dishes. Free glass of champagne.

July 18th – 21st: \$5 Ginger Peach Iced Tea drinks. *NEW*

July 18th: Burger Night!

July 19th: *NEW* Peach Panini with Brie made on our Panini Press.

July 20th: Carb Friendly Bruschetta Chicken. *NEW*

July 21st: PA Dutch Inspired dishes.

July 24th – 28th : \$5 Margaritas! All flavors!

July 24th – 28th: Chocolate Banana Sundaes as the dessert special all week.

July 25th: Wings!

July 26th: Stir Fry. With Vegetables only OR add a protein like chicken or shrimp.

July 28th: Cuban Panini made on our Panini Press.

Springfield's

Bistro and Bar
 Tues – Thurs 9AM – 3PM
 Fri – Sat 11AM – 7PM

JULY 2022

CLOSED		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Weekly Drink Specials	Weekly Mindful Specials					
 \$1 off Margaritas! ALL WEEK	 Cracked Wheat & Chickpea Wrap					
 \$1 off Chocolate Martinis! ALL WEEK	 Teriyaki Tofu Ancient Grain Poke Bowl	5	6	7	8	9
 \$1 off Hawaii Cocktails! ALL WEEK	 Ripe Tomato Pizzetta	12	Bethany Babes Breakfast 13 & 14	 During lunch	 Happy Abandon Breakfast	 2-4PM
 \$1 off Tequila Sunrise Cocktails! ALL WEEK	 Fiery Chicken Salad	Dietitian Talk: "Drink to your health!" 12-1pm	20  FRANK & SPENCER	21	22  COMIC @ HOME	23 Superhero Themed Dinner Menu
		26	27  NATIONAL CHILI DOG DAY	28  Bethany Studs	29  FRIENDSGIVING	30 Friendsgiving Themed Dinner Menu

July 1-2 Independence Day: Patriotic Themed Menu
July 5-9 Mindful: Cracked Wheat and Chickpea Wrap
July 7 National Strawberry Sundae Day: Strawberry Sundae Special
July 12-15 Mindful: Teriyaki Tofu Ancient Grain Crack Bowl
July 14 National Macaroni and Cheese Day: Macaroni and Cheese Action Station
July 13-14 Bethany Babes Breakfast: Pancakes, Breakfast Sandwich, BV Breakfast
July 15 Happy Gorgeous Grandma Day! Show pictures of your grandkids and get a special treat. Contest to see who has the most grandchildren/great grandchildren. Winner gets their meal for FREE!
July 19 Dietitian Talk from noon to 1pm. Learn how important it is to stay hydrated.
July 19-23 Mindful: Ripe Tomato Pizzetta
July 22-23 Comic Con: Superhero Themed Burger Night
July 20 Frank N Steins: Build Your Own Gourmet Hamburger Station and Beer
July 26-30 Mindful: Fiery Chicken Salad
July 27 National Chili Dog Day: Chili Dog Special
July 28 Bethany Studs Breakfast: Pancakes, Farmers Omelet, BV Breakfast
July 29-30 Friendsgiving: Thanksgiving Themed Meal. Bring your BV "Family".

John & Annie's Bistro

FUND Raisers Are Fine — But This Is A “FRIEND” Raiser!

Sandy Henry, Dining Committee

This news is hot off the press! At its meeting on June 20, your Dining Committee, which works diligently to enhance every aspect of your dining experience, decided to offer something new. It is not a new food, but rather a new way of doing things that will feed the spirits of our diners as well!

We would like to make it easier for those “on their own” to join the diners at Springfield’s, the Bistro and the Cafe. Starting in July, little green “Welcoming” cards will be put on every table, placed on their sides. If you would welcome company at your table, simply place the green card in an upright position as a signal.

If the room is already crowded, there will also be a separate table, a “Welcoming Oasis”, that will be in place with a “Welcome” card already on it for those who are on their own and wish to start a new table with staff assistance. More entering diners would be sure to follow.

We hope that this casual and subtle method will be a way to attract more people to our dining venues. (We all can name a friendship or two that has emerged from someone being both brave and gracious enough to ask an unknown person to join them.) Philosophically, there are really no “strangers” here at Bethany — just friends we have not met yet

To sum up, persons who wish to enjoy a quiet, solo respite or meal will simply do nothing, as well as those whose tables are completely full. But any others who would welcome company will signal their invitation by displaying the green card.

The committee members trust that you will accept this new “friend-raiser” in a spirit of comradeship and kindness. Let’s make our mealtimes fulfilling in every way!



Bethany Village Meal Plans

Dustin Goss, Dining Operations Manager

Did you know that Bethany Village offers meal plan options for its residents? It’s true! All residents are automatically enrolled in the “Pay as you Go” plan upon moving into Bethany Village, but all residents have an option to enroll in a monthly prepaid declining balance meal plan. Six different prepaid declining balance meal plans are currently offered.

Why enroll in a declining balance meal plan?

Each meal plan is accompanied with a discount taken at the time of purchase at a dining venue. The higher the prepaid declining balance, the higher the percent discount. Once the

(Continued on page 21)

(Continued from page 20)

prepaid balance is reached, the discount no longer applies.

How do I enroll?

The East and West front desk receptionists also have blank forms that are available at any time. You complete the form and return it to the East or West front desk receptionists. Forms are sent to the Billing Department, who in turn alerts the Dining Department to make the change in their computer system. Plans are effective the first full month after they are accepted. Please be sure to submit forms a few days before the next full month. Forms submitted the last day or two of the month may not be received by all parties before the next month begins.

Do I need to enroll each month?

The short answer is no. If you do not wish to change which meal plan you are enrolled, you do not need to reenroll each month. It will automatically reset the next month. If you wish to change meal plans, such as increase or decrease the prepaid amount, you will need to complete a new form and submit to the front desk receptionists.

Where can I use the meal plan?

There are 4 venues in which your declining balance dollars can be used: Collegiate Café, Springfield's, John & Annie's Bistro/Clyde's Pub, and the Bethany Village Meal Deal delivery program. Meal Plan dollars cannot be applied to Catering or at the Bethany Beauty/Barber Shops.

How can I keep track of my balance?

There is an updated balance shown at the bottom of every receipt when a purchase is made in any of the 4 venues.

What if I'd like to cancel a meal plan, or I plan on being away for a few months?

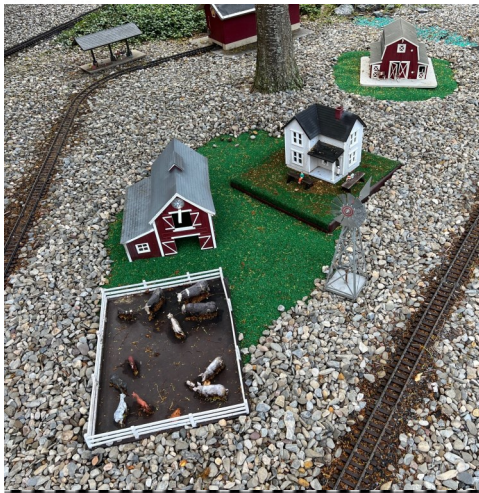
If you'd like to cancel your meal plan, or plan to be away from Bethany for a few months, please contact the Billing Department at 717-591-8029 to make them aware.

If you have any further questions about meal plans, please contact Dustin Goss at 717-591-8323 or by email at dgoss@asbury.org.





The most recent upgrades to the Garden Train area include a welcome sign featuring a variety of train engines and the words welcome to the Bethany Village Model Railroad Club Garden



Trains. In addition we've begun adding more color to the layout with green artificial carpet under strategic areas where it makes sense to distinguish the building's surroundings from the gravel surrounding them. Come out and see the ever evolving display.



Art Exhibit: **7 Lively Artists, a Journey through the Years**

June 10 through July 22, East Apartments, Admin Hallway. The 7 Lively Artists is a group of artists, who first gathered to paint in Central Pennsylvania in

1956 and are still creating beautiful works of art today. Bethany Village is very proud to have received donations from several of the current artists. These, plus paintings we already had and others donated by BV residents are on display. Everyone is invited!

JULY BIRTHDAYS

7/4	Marcia Clark	7/16	Scott Kehs
	Marilyn Keener		Penny Williams
	Pat Pursell	7/18	Frank Konchar
7/5	Florence Bennett	7/19	Myron Roher
	Frank Craig	7/21	Charlotte Perrego
	Tom Granville	7/22	Jean George
	Richard Papiernik		Alice Park
	Ginny Schrecengost	7/23	Mary Czachur
7/6	Faye Chorpensing		Tom Fabian
	Bob Hetherington		Susan Hatfield
7/7	Bernie Kunz	7/24	Lee Stover
	Nancy Rohrabaugh		Tom Usiadek
7/9	Geri Gamber	7/25	John Diener
	Marion Russell		Howell Sasser
7/10	Susan Baldwin		Kathryn Wiley
7/11	Jeanne Zody	7/26	Barbara Hiller
7/12	Mary Loring		Virginia Noble
	Debra Mihalich		Mike Tracey
7/13	George Greider	7/27	Mary Ann Henson
	Twila Perry		Pat Huth
	Bill Toth	7/29	Norma Brandon
7/14	Nadine Creighton		Gertrude Roeder
7/15	Tom Cognato		Patricia Wonders
	Richard Ruelius	7/31	Melissa Stock

Bereavement Notifications

George Woods 5-21-22
Ruth Richards 5-22-22
Arlene Machemer 5-22-22
Wava Allen 5-22-22
Emelie Sconing 6-1-22

Josephine Romberger 6-5-22
Hildegard Sollenberger 6-18-22
William Gilbert 6/20/22
Patricia Schankweiler 6/23/22



Welcome New Residents

Amanda Price

Ann Van Dyke moved into East Cottage 462 in May. Her phone number is 717-982-1050. Ann moved here from Harrisburg, Pa with her dog. If you see her around be sure say hello!



Kay Kush moved into West Apartment 4115 in June. Her phone number is 717-329-6259. Kay is moving to Bethany from Carlisle, PA. She has recently retired as a Psychologist. Kay loves to cook and is looking forward to having her grandchildren and family to her apartment and make new memories.

Carol Owen moved into West Apartment 1102. Her phone number is 603-525-4125. She comes to Bethany from New Hampshire and is excited to be closer to her niece who is local. She was a Pharmacist for many years. Carol is so happy to be closer to family and be here at Bethany Village. If you see her around be sure to say hello.





The SCUTTLEBUTT Bulletin Board

Joyce Kieffer, author and Bethany Village resident, will be interviewed on Monday, July 11 on Good Day PA – Channel 27 (ABC). Joyce has written a trilogy of historical fiction set in Juniata County in the early 1900's. The first novel, "The Trees Inspire," describes the adventures of a young farm girl, the devastation of the forest by clear cutting, and its effects on the animals, birds and plants. "The Trees Inspire" can be purchased from Joyce, at Barnes & Noble, and online via Amazon and store.bookbaby.com. The second book, "The Trees Endure" will be printed soon.



Photo by Becky Lock
Editor Juniata Sentinel

THE SCUTTLEBUTT is a community bulletin board for announcements or communicating with our resident community. Included could be want ads, a brief thought to share, or thoughts for a new activity. If you would like your thoughts or ideas to fill this space, send them to dale.meadowcroft@verizon.net

Items of appropriate content, good for our community will be reviewed and published.