

The Scoop

Volume: 12 Issue: VIII Date: August, 2022

ASBURY
BETHANY
VILLAGE



Anticipate More

From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As the residents and associates continue to enjoy the summer months, I wanted to thank you all again for your continued efforts and patience during these challenging times. The challenges that we are facing continue. The positivity rate in Cumberland County continues to be a challenge and we will need to ensure that we are taking all the necessary precautions to protect our residents and associates. Currently, Cumberland county's positivity rate is 19.88% (as of July 20th). We have seen an increase in resident and associate cases over the last 8 weeks. Due to the increase in both the county and at BV, we have re-implemented the masking guidelines in Residential Living. I do realize that the masks may be a hindrance, but we really need to abide by this guideline as we could have avoided some cases because of wearing masks. If you are not willing to wear a mask in the RL (Indoor) common areas, we are asking that you do not visit these areas. Masks are to be worn apart from when eating in the BV dining areas. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

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COVID-19 Update: Our commitment to providing a safe living and work environment for those who reside and work here, is as strong as ever. We remain diligent about preparation, process, and awareness regarding preventive measures for coronavirus and other communicable viruses and diseases.

We continue to review the latest CDC guidance and will continue to align our policies and guidelines based on these updates. We have removed the screening process for Residential Living family and friends who are visiting in Residential Living common areas and or Residential Living apartments/cottages. Also, all family/friends/vendors visiting Assisted Living or Skilled Nursing can now screen in at Door #21 (AL) and Door #30 (SNF). This also includes

Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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any Residential Living residents who are visiting spouses in these two areas. We continue to ask that all residents take the necessary precautions especially if you are meeting or socializing with unvaccinated family members or friends.

We have been consistent throughout the pandemic in examining all the guidance and science before easing any coronavirus restrictions. We must also consider information and guidance from the Centers for Medicare & Medicaid Services (CMS) and state or local requirements.

Just a reminder that any external contractor (i.e., housekeeper, private duty, etc.) must be fully vaccinated to be able to provide services to our residents at BV. We have made no changes to this guideline/policy.

We have and will continue to update our policies and procedures for our residents and updated travel and quarantine guidelines have been placed on the “BV Family and Friends” page. This can be linked through <https://www.asbury.org/bethany-village/resources-events/family-friends/>

Skilled Nursing (SN) and Assisted Living (AL) Updated Testing Guidelines: Due to the Cumberland County transmission rate being in the “High (RED)” level, we will test unvaccinated/unboosted staff twice a week in both MapleWood Assisted Living and The Oaks Skilled Nursing. The Cumberland County transmission rate is 19.88% (as of 7/20/22). CMS has also updated the guidelines to include associates over the age of 50 to be tested if they are not “UP TO DATE” with their vaccinations. This is defined as having the full vaccination with two boosters.

Staffing: We are still facing several staffing issues at BV. We continue to have shortages in housekeeping, dining and clinical areas (C.N.A.s and Nursing staff). Currently, we have 32 open full-time positions across the community. We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We do understand the frustration that is occurring. We will continue to do all that we can to ensure that we are meeting these needs in this area.

Financial Update: Bethany did meet the Operating Ratio (OR) for June. We made the goal by **3.8% (\$108,151)**. We did post a positive variance in OR revenue of **\$32,119** and were UNDER in OR expenses by **\$75,959**. Although we were under in total expenses, we are still challenged with our contract labor expense as we were over for the month by **\$186,833**. YTD, we have made up some ground but still are not meeting the OR goal by **3.1% (\$500,843)**. The BV Senior Leadership Team will continue to ensure that we are doing everything that we can to ensure that we are maximizing our resources while providing quality care and services. We also have completed and implemented a contingency plan due to not meeting our occupancy goals. This plan was implemented at the end of January.

Occupancy: (as of 7/21/2022): BV is experiencing vacancies in the Residential Living areas. We currently have 11 West Apartments and 4 Court Apartments available. We have seen a negative trend in The Oaks occupancy as we currently have 7 open rooms. Again, the key drivers in this area are AL and SNF occupancy. AL is off the goal by **2.8%** and SNF is off by **2.5%**. We have extended the current incentive plan for the West and Court

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Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

Bethany Village Long Term Planning: I would like to thank all of the residents who were interested in volunteering to be on this committee. We were able to select a 7-member committee from the 18 resident volunteer pool. We wanted to make sure that we had representation from both the EAST and WEST sides of the community. We did have the first meeting of this group and plan to meet (at least) monthly moving forward. This committee will work with myself and Todd Andrews in looking at the long-term planning of BV. I will be providing a monthly update to the BV Residents' Council. The meeting minutes will also be sent to the council.

People's Bank and West ATM: I will continue to ask the BV residents to check out the great opportunities and services that People's Bank is able to offer. We really want to ensure we are maximizing these services so we can have on-site banking. I do have to announce that we will be removing the West ATM machine due to lack of utilization. This will take place the first week of August. The East ATM will remain in place at this time. Representatives from People's Bank will be presenting at an upcoming Coffee.

Thank you again and please stay safe and healthy!!



Grocery Store Shopping Change

We are changing the grocery store trips to Tuesdays, beginning August 1st

We will alternate between Weis, Giant, and Karns.

Please continue to sign up with the front desk.

Share your collection



Sure, we all downsized to move to Bethany. But many of us found room to keep that special collection. Did you keep all your vintage Barbie dolls? Zippo lighters? Hot Wheels? What about those beer steins in your kitchen?

If you have collectibles you would like to display in the curios at door 64, please contact Cheryl Brown at 717-795-8640.



Looking for birthday, graduation or just general gifts?

Look no further than your own Bethany Village Community.

The needle craft group has some quality items for sale including baby sweaters and baby blankets, all purpose blankets, lap robes, dishcloths, children's sweaters, hats, scarves, animals, toys, shawls, capes and much more! We have many different designs, colors and sizes too.

Interested in buying or browsing? Come visit us in the craft room across from the resident's life office on east. We are open on Monday's from 10 a.m. until noon. Questions may be directed to Georgie Calabrese at 303-745-3475.

Cash or checks accepted. Please stop by and see what we have. You won't be disappointed.



The Metamorphosis : from *mulch pit* to Healing Garden

Margee Kooistra

That was how the barren space surrounded by The Oaks had been referred to by some in its earlier life. Michael Lehman – the landscape gardener who helped transform our dreams into a garden - and I had recently found ourselves in the Healing Garden in conversation with Earlene Gerber, a resident of The Oaks, her longtime friend and caregiver, Joan Beckett, and Jane Delgordo, Activities Director of The Oaks. We learned how they had each been dispirited by their view of the brown mulch pit seen from the large windows of The Oaks.



In the summer of 2019 that changed when the newly formed Ecology Team, the brain child of the late John Judson, was given permission to transform the area into the Healing Garden. A group of residents, many of us gardeners, asked our friend Michael, who had created the Peace Garden along Front Street in Harrisburg and had helped many of us with our own gardens prior to moving to Bethany Village, to help design the garden. Working together and with Michael, including throughout the pandemic, has provided joy as well as healing for many of us.

Initial donations of \$3000 enabled us to anchor the garden with 2 Black Gum Trees, 4



Serviceberry Trees and to transplant the existing Kousa Dogwoods.. An additional \$10,000 led to the Hollies, Laurels, Butterfly bushes, as well as many other

flowering plants. It was the generous gifts of two men in memory of their wives that provided the shades enabling patients, staff, family members and residents walking by to visit and enjoy the beauty and calm in comfort.

As we evolve from the phase of establishing to maintaining the Healing Garden, we welcome your active support as a volunteer as we continue the work and expense of new plantings and ongoing care. If you'd like to make a donation in honor or in memory of a loved one, you may write a check payable to the Asbury Foundation, 325 Wesley Drive, intended for the Healing Garden. To volunteer or request more information please contact Margee Kooistra, 717-766-5496 or email margeekooistra@gmail.com.

Those who contemplate the beauty of the earth find resources of strength that will endure as long as life lasts. Rachel Carson

Associate Giving in 2021

Did you know that in 2021...

100 associates supported Bethany Village through payroll deductions, one-time gifts and pledges

Total associate giving to Bethany Village in 2021 equaled \$53,734

Associates gave in support of:

Care Assurance

Capital projects

Associate education

A special thank you to all associates who give of their time, talent and treasure.



PARCR got up to date on being a “Connected Community”

Lowell Starling



Pennsylvania Alliance of Retirement Community Residents

PARCR’s July Quarterly Meeting was held on July 13th via Zoom. The keynote speakers were Chris Horsman and Fred Weidemann, design engineers

from Morefield Communications in Camp Hill. Their topic was “The Connected Community: Streaming and Conferencing for Today’s Retirement Communities.” The speakers discussed how video conferencing and streaming technologies enable retirement communities to be more inclusive, accessible, and connected than before. The highlight of the talk was on strategies for helping residents adopt new technologies with simplicity while maintaining safe internet practices. Password protecting and encrypting WiFi networks was one focus, the other was on using password managers to safeguard your hoard of passwords 😞. They also discussed the recommended format for passwords, trading length for complexity.

The meeting as usual included an update from LeadingAge PA on what is going on, or not going on, in Harrisburg that affect our lives and pocketbooks. Austin Cawley reported that the legislature and governor agreed on a 17.5% increase in Medicaid funding for skilled nursing units. This is important to all of us at Bethany Village because the Oaks costs not covered by Medicaid for Medicaid patients affect Bethany Village’s finances.

Dan Seeger, a board member of NaCCRA gave an update on national activities and legislation that may affect retirement community residents. He focused on a report from the National Academy of Elder Care Attorneys on the relationship between residents and management of CCRCs. Most of the report is consistent with NaCCRA’s documents such as their Resident’s Bill of Rights, but there are some financial issues they are researching.

Also, at the meeting our own Monte Avery was introduced as the new Secretary of PARCR, filling one of the major vacancies. We are still recruiting for help to keep PARCR able to provide quality programs that affect all our live and pocketbooks.

The next meeting will be October 12, 2022 at Garden Spot in New Holland, PA. Bar ring some catastrophic COVID event, we will meet in person. The keynote speaker will be Dr. Terry Madonna who will speak on the implications of the coming elections. We will again have speakers from LeadingAge PA and NaCCRA give us updates.

As always PARCR individual memberships are \$20 a year and you can find the registration materials at PARCR.org.

Official Websites:

PARCR – parcr.org

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)

Food for Thought

Dale Meadowcroft

“What do you want?” he asked. “I don't know”, she replied. “If you don't know what you want how will you ever know when you get it?”, he said.

That quote came from *The Secret Movie: Dare To Dream*, a movie based on the book 'The Secret' by Rhonda Byrne. The book introduced many people to the concept that their thoughts may influence not only their actions but the experiences that they bring into their lives as well. In essence, it states that what you think and feel determines what you'll attract into your life.

When it comes to our internal monologue, loss aversion is a powerful driving force. We're a lot more worried about losing what we have, rather than getting what we want. That's why most of us subconsciously play not to lose, instead of playing to win. In part, this is why people who take more risks have less competition. Fewer people shoot for great than for average.

The concept is not new. Many years ago Norman Vincent Peale published a book called “The Power of Positive Thinking”. Although I read it probably more than 60 years ago, the most important lesson I learned from that book was how to eliminate the most devastating handicap - self doubt. Believing that it was possible I found it easier to climb above problems and visualize solutions.

In a similar manner, Rhonda suggests an actual, three-step process you can use to make the law of attraction work for you:

Ask. This is about being specific in what you want out of life. Vague questions get vague answers. Use a present tense structure and write down what you want from a perspective of gratitude: “I'm grateful to have [INSERT DESIRE].”

Believe. If you don't have unwavering faith in your goal, why should others? This is about radiating confidence, so that the people you meet along the way will support you. Don't be blindly optimistic, but have a go-getter spirit.

Receive. Imagine how you'll feel once you accomplish your goal. What would life be like? **Visualize.** This'll prime your actions in the right direction.

I learned a lesson a long time ago in a class I was taking for public speaking: The room is a direct reflection of the person in the front. If the leader exudes confidence, the room will also. In other words be what you want the environment to be.

It may be quite an extreme example but consider that fuzzy little caterpillar that knew it was time to spin a cocoon. Like the ugly duckling, he was transformed into something beautiful. In this case, a butterfly.

With even the smallest act of kindness, the shortest practice of goodness, or the slightest gesture of generosity, we can have significance well beyond all expectations. With that confidence, we rise and create a new life. With that belief, we give freely and joyfully.

Let us flitter and fly like butterflies on the wings of a confident life, beautifying our lives and our world.



“The Escape”, “The Chase” and “The Catch” are the 3 books in Lisa Harris’s U.S. Marshals trilogy. Deputy marshal Maddison James seeks the killer of her husband while she and Deputy Marshal Jonas Quinn try to find a missing woman and her child in connection to the murder of a judge’s wife. There are many twists and turns that knot up the plot until the end. A real page turner!

“Riverbend Gap” & “Mulberry Hollow” are 2 new books in Denise Hunter’s Riverbend Gap series. Avery Robinson, a young Dr. is working herself to death because she needs help to run the clinic she opened in Riverbend Gap, N.C. Then a young man, Wes Garrett, collapses on her doorstep after he became ill from walking the Appalachian Trail. A very interesting story with the 3rd installment due in September.

“The Last to Vanish” by Megan Miranda. This is a riveting thriller, filled with taut suspense and shocking twists that keep you guessing until the end. It opens with the disappearance of a journalist who is investigating a string of vanishings in the resort town of Cutter’s Pass—will its dark secrets finally be revealed?

“Safe House” by Stuart Woods. Stone Barrington is looking forward to some quiet time in New York City until he is asked to transport precious, top-secret cargo across the Atlantic. Taking on the challenge, Stone flies off unaware of what—or who—he is bringing with him. His plans to lie low are quickly spoiled when a dangerous dispatcher tracks down Stone and his tantalizing mystery guest who is intent on payback and will silence anyone who poses a threat.

“Quick Silver” by Dean Koontz. Quinn Quicksilver was born a mystery. Abandoned when he was three days old and raised in an orphanage, never knowing his parents, Quinn had a happy if unexceptional life. Until the day of “strange magnetism.” It compelled him to drive out to the middle of nowhere. It helped him find a coin worth a lot of money. And it practically saved his life when two government agents showed up in the diner in pursuit of him. Now Quinn is on the run from those agents and who knows what else, fleeing for his life.

“The Shadow of Memory” by Connie Berry. A new author-to us- of the Kate Hamilton mystery series. This is the 4th book in the series and is about an antiques dealer who discovers a dark secret in Victorian England.

Let me know how you like the new mystery authors.

Connie Scheil



What to do with old books?

Ellie Meadowcroft, Librarian

Recently the Bethany Village library was “gifted” with a large number of used books. (By large number I mean 6 cartons.) Most of these books were not usable by the library and they were left at the front desk to be delivered to the library, without identifying the donor.

Yes, the library does accept donations. Some of them make it onto the shelves, some are made available for purchase by a small donation. To make sure your donation is useful and helpful, here are a few guidelines to follow:

What we can use:

- Recent fiction, mystery, biography, or non-fiction.
- Classics, large print books, or paperbacks in good condition

What we can't use:

- Cookbooks, textbooks, medical books
- Condensed books, travel books, or large “coffee table” books.
- Dictionaries or other reference books.
- Old magazines, puzzle books, anything in poor condition.

Your volunteer library staff will appreciate your careful consideration of what you donate.

Fridge-worthy

John Bowen, Director of Social Services

Familiar with the term? In our house it usually refers to a child's exceptional report card or special piece of artwork brought home from school when they were younger. Here at the Village, I'd like to suggest there are some more important papers you may want to hang on the door of your refrigerator. For your peace of mind, it may be wise to clearly post advance directives (POA and Living Will) in the place most of our team and EMT's tend to look for those documents. If our clinic nurse is involved in a Sara call that results in a trip to the hospital we will send along what we have in the clinic chart so that the hospital and ambulance folks have insurance information, family contacts, and basic demographics. However, we recommend that you place a copy on the fridge, especially for any incidents that may occur after hours. Also of importance would be a list of current medications and phone numbers of your primary contacts. If your family or legal representatives have moved or changed phone service since you first provided that information to marketing, now is the time to let us know so we can update this important information that helps us to help you.

And if you aren't familiar with the bright pink POLST forms (Pennsylvania Orders for Life Sustaining Treatment), please ask at your next doctor's appointment so that it can be explained and completed, as needed. This form is even more relevant than a living will as far as present guidance to emergency personnel.

Thank You,

Duncan *N* Nulph

HEARING ASSOCIATES

Did you know that it only takes a small amount of moisture to cause performance issues in a hearing aid?

We now have both an at home and in-office solution to address moisture. Moisture removal treatment can be done through use of a hearing aid dryer. This moisture treatment can be done on hearing aids with disposable batteries and hearing aids with rechargeable batteries.

The ear is a hot and humid place where moisture can accumulate overtime. We have seen an increased amount of moisture issues in hearing aids during the hot and humid summer months. Additionally, we know that accidents can happen with water at any point in time.

Please contact Duncan- Nulph Hearing Associates at (717) 766-1500 to learn more about hearing aid drying options and our new in-house moisture removal treatment called the Redux.

Bethany Village Auxiliary

Phyllis Kegerreis

Summer is just about half over and things are quiet with the Auxiliary. We had a wonderful celebration for the Golden Anniversary of the Auxiliary on June 29th, fifty years to the date of the first official meeting - June 29, 1972. We had cake and ice cream. Nancy Toth talked about our basket raffle, Phyllis Kegerreis made remarks about the Auxiliary and its importance to Bethany. Kay Hess spoke about her volunteering at Bethany when she was a young woman and the Auxiliary members were Methodist Church members. If you see Kay ask her to tell you about the lady she would take out for a walk. It is a very moving story.

During July, we had Taylor Marie Fashions in the Rife Center. As usual, we received a check for 10% of the sales. Our check this time was for \$263.60. Thanks to all who shopped and bought. Taylor Marie will be back on November 9th. Mark your calendars.

We will begin our Board meetings on September 7th at 9:30 am in the East Conference Room. Hope to see you there. Our meetings are open to all members. Enjoy the rest of your summer.



A Garden Walk

Anna Johnston

Sun flowers seem to be raising their heads everywhere! Some of them reach the rooflines of the cottages while others are a little more modest. Sizes, shapes or shades of gold or yellow they are joyous. Have you ever watched them follow the sun? Once I was driving west on the Turnpike and ahead was a whole field of sunflowers turned toward me and the morning sun. A wonderful memory.

I hope some of you have been building your bucket list of gardens you have visited within our two campuses. Exploring is often best in the cooler evening.

You should often stop at the Community Garden on the East Campus. Cindy Lindsay reports: There isn't a nice weather day that goes by that you won't find members of the Garden Club working on their plots.

Our newest gardener who recently moved here is Scott Kehs. He earlier harvested asparagus that was already growing on his plot (a bonus) and he is developing the rest of his area. Bob Brommer and Marlene Faranov are there many days, too. Beverly Hoover has been working hard in her garden and planted tomatoes, pepper, cucumbers, zucchini, yellow squash, green beans and flowers. . It looks great! Marlene Faranov is also working hard with the help of her son. Members are putting produce on the garden tables located in the residential areas for our residents to buy. (That money goes to buy materials for the gardens.) Unfortunately the groundhogs, rabbits and chipmunks have gotten into the garden and feast on some of Cindy Lindsay's beans, corn, and peas. Guess they enjoy fresh vegetables too.



Stop, sit on one of the benches and listen for bees. Be sure to first close the gate! Can you hear other sounds?

Wander through the garden and you will see a variety of plants in the plots. There are now thirty four members working there. If you explore the different plots, you will see the variety of horticultural interests: Grandfather's rhubarb, exuberant zinnias and of course SUNFLOWERS!

VENTURE LECTURE SERIES

FALL SERIES 2022

The Venture Lecture Series will begin in September. We are pleased to have outstanding speakers for September, October, and November. A detailed description of each speaker and a brief biography will appear in the appropriate issue of the SCOOP. But to whet your appetite, following is a brief description of each presentation. Mark your calendars and plan to be a part of this exciting “venture” here at Bethany Village.

Thursday, September 22, 2022 – 7 p.m. Leading off the fall series will be Ann Van Dyke. Ms. Van Dyke has recently become a resident of Bethany Village. Her topic will be THE CONVERSATION. Two representatives of the Community Responders Network (CRN) will be presenting a short play entitled "The Conversation," followed by a time of reflection, Q&A. "The Conversation" is one of four dialogues provided by CRN that are designed to help us look at the impact of cultural isolation and the stereotypes and biases of good folks. We ask that people keep in mind these dialogues often make people uncomfortable and that is exactly why they were written...to push us to look at our biases...something we rarely do. Ms. Van Dyke will lead the conversation and will be joined by Rev. Yvette Davis, Director, Popel Shaw Center for Race and Ethnicity, Dickinson College.

Thursday, October 20, 2022 – 7 p.m. The second lecture in the fall series will be ART VS. HITLER: A TRIUMPH OF MODERN ART. In 1937, the Nazis confiscated thousands of artworks from German museums. Hitler had branded them “degenerate art” because of their style, subject, or the politics, religion, orientation, or ethnicity of their artists. These works were actually masterpieces of modern art, including works by Chagall, Matisse, Picasso, and van Gogh. The Nazis put them on public view, intending to subject them to ridicule. The plan backfired spectacularly – they created the best attended exhibit of modern art in history.

Our speaker for this lecture will be Dr. Susanna Caroselli, who was a member of the international team that reconstructed the exhibition in 1991. She will speak about the original exhibition and share the challenges, excitement, and surprises of the project.

Thursday, November 17, 2022 – 7 p.m. The third lecture in the fall series will be PEAK EXPERIENCE. This program tells the story of an eclectic group of hikers/climbers that spans over 30 years of adventure on North America’s peaks and trails in a DVD viewing followed by questions and answers. The DVD includes video, still photography, graphics, video soundbites, and beautiful music. Featured are the Canadian Rockies, winter ascents in the Adirondacks, the Grand Teton, Mt. Olympus, and Mt. St. Helens. The climbers discuss the danger, the humor, and the unique camaraderie that result from the intense interaction required of such endeavors.

The speaker for this lecture will be Jack Frank. His first mountaineering experiences were in the Canadian Rockies in the 1970’s and in 1996 he became one of the first 100 climbers to reach the highest geographical point in each of the 48 contiguous United States.

Time Capsule Tidbits...

Maria Laterra

Save the Date and Celebrate...

A Bethany Village Time capsule celebration social will be held in the Rife Center on Thursday, September 8 from 3 - 5 pm. Join us as we celebrate all things Bethany Village past, present and future. Until then look for special time capsule themed events at the Bistro.

View the contents don't be late...

By the time you read this, the contents of the 1997 time capsule will have been moved to the west campus near door one, opposite the fireplace and near the tower clock. The contents were listed in the July Scoop but you can get a close up look by dropping by the display case. Check next month's Scoop to get details on the contents of the 2047 time capsule.

Read the 1997 predictions

Visit the Residents' Council website <https://bvrescoun.org/time-capsule-1997/> to download and review the 1997 predictions and download form to record your predictions of 2047

Predict the future, participate...

You have until August 15 to fill out your 2047 time capsule questionnaire. These were distributed campus wide so you should have gotten one in your Bethany mailbox or in email. Provide your predictions for what life will be like in the specified categories in 25 years and return it to the Resident Life office. Completed questionnaires will be placed in the 2047 time capsule for future residents of Bethany Village to enjoy.

Video's almost done...I can't wait!

Bob Brommer and Nancy Toth have worked very hard and apparently really enjoyed themselves filming various residents, associates and other 'characters' around campus. The resulting movie will be broadcast on channel 956 and shown during the social on September 8. It will be placed in the 2047 time capsule for future residents to enjoy. You will see appearances by your friends and neighbors. Someone might even win an Oscar for their performance!




This is a freezer, not a time capsule.

Springfields

Mon – Thurs 5PM – 7PM

AUGUST 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 1	 2	 3	 HAPPY BIRTHDAY ASTRONAUT	Closed on Fridays, Saturdays and Sundays.	
	 8	 9	 10	 11		
	 15	 14	 17	 18		
	 22	 23	 24	 BEACH Party		
	 29	 30	 31	SEPT 1		
	 5 Lunch 11AM - 2PM Café will be closed today.	6	7	8		

Bistro and Bar

Tues – Thurs 9AM – 3PM
 Fri – Sat 11AM – 7PM

AUGUST 2022

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED					
Weekly Drink Specials					
Weekly Mindful Specials					
7 \$1 off S'mores Martini ALL WEEK	9  Chicken & Black Bean Buddha Bowl	3 	4  Bethany Babes Breakfast 10 th – 11 th	5  Happy National Filet Mignon Day	6  Tajima Night 2PM - 4PM
14 \$1 off Rum Punch Cocktails ALL WEEK	16  Brazilian, Vegetable & Quinoa Wrap	17  National AITA Day	18  Ladies Tea	19  Happy National Potato Day!	20 Build Your Own Loaded Potato
21 \$1 off Pina Colada Cocktails ALL WEEK	23  Hull Hill Chicken Tacos	24  National Waffle Day!	25  BETHANY STUDIOS BREAKFAST	26 	27 
28 \$1 off Cabernet Sauvignon ALL WEEK	30  Teriyaki Tofu & Grilled Pineapple Wrap	31 	SEPT 1 	2 	3 
4	6	7	8	9	10

John and Annie's Bistro Events

- August 4 National Chocolate Chip Cookie Day: Lunch Special Buy 1 Get 1 Free Cookie
- August 9-13 Mindful: Chicken and Black Bean Buddha Bowl
- August 10-11 Bethany Babes Breakfast: Blueberry Pancakes, Breakfast Sandwich, BV Breakfast
- August 12-13 National Filet Mignon Day
- August 13 Trivia Night (2PM–4PM)
- August 16-20 Mindful: Brazilian Vegetable and Quinoa Wrap
- August 16 National Cuban Sandwich Day: Cuban Sandwich Special for Lunch (11AM-3PM)
- August 17 National Fajita Day: Build Your Own Fajita For Lunch (11AM-3PM)
- August 18 Women's Tea
- August 19-20 National Potato Day: Build Your Own Potato/ Sweet Potato
- August 23-27 Mindful: Huli Huli Chicken Tacos
- August 24 National Waffle Day: Waffles served at Breakfast (9AM-11AM)
- August 25 Bethany Studs Breakfast: Pancakes, Farmers Omelet, BV Breakfast
- August 30 – September 3 Mindful: Teriyaki Tofu and Grilled Pineapple Wrap

BETHANY VILLAGE AUGUST BIRTHDAYS

8/1	Judith Clovsky	8/13	Carol Leidig
	Renee Kissinger	8/14	Monte Avery
	Ray Smallen		Mary Bennett
8/2	Bertha Stewart		Susan Brennan
8/3	Donald Baker		Anne Hipp
	Jean Weiss		Charlotte Lazarchik
8/4	Mary Lou Sproule		Carol Pennington
8/6	Edna Andrews	8/15	Pat Sharretts
8/7	Al Fritz	8/16	Ann Wilchacky
	Art Mauk	8/19	Claire Powers
	Becky Seibler		Elaine Sasser
8/8	Sylvia Fry	8/21	Mary Slepicka
	Frank Karkuff	8/24	Ken Rohm
8/9	Dorothy Hotchkiss		Joanne Sterner
8/10	Georgie Calabrese	8/25	Blanche Osborn
	Patricia Gally		Joyce Yeager
	Walter Greene	8/27	Joan Barth
	Helen Kelly	8/28	Carol Owen
	Barbara Nolan		Raymond Pepe
8/12	Beverly Reed	8/29	Jeanne Mullikin
	Arlene Williams		
	Donna Young		



BETHANY READERS AUGUST 2022

The Bethany Readers will meet on Friday, August 19 at 10:00 am in the Corporate Conference Room on the East Campus. This month we will discuss *The Seed Keeper* by Diane Wilson led by Micki McCoy.

ALL WOMEN OF BETHANY VILLAGE AND BETHANY TOWERS ARE ALWAYS WELCOME TO JOIN THE GROUP.

Book Selections and Dates for 2022

Date	Book	Facilitator
Friday, August 19 Corporate Conference Room ****	<i>The Seed Keeper</i> by Diane Wilson (Please note date and room change)	Micki McCoy
Tuesday, Sept 13 Rife Center	<i>The Book of Lost Friends</i> by Lisa Wingate	Melissa Stock
Friday, Oct 14 West Commons	<i>The Yellow Bird Sings</i> by Jennifer Rosner	Linda Kelly
Tuesday, Nov 8 Rife Center	<i>The Lincoln Highway: a Novel</i> by Amor Towles	Ida Mae Heidecker
Friday, Dec 8 West Commons	Select facilitators for 2023! Party!	

Please note room assignments are subject to change.

Facilities Department

Director: Mark Ruiz-717-591-8047-MRuiz@Asbury.org

Reminder

We are experiencing higher than average summer temperatures lately
Lowering your thermostats below 68 on a really hot day
may cause your unit to break
If you feel you're A/C is not working
Please contact the maintenance office

Filter Change

West Cottages will be changed this month.
A notice will go out to residents closer to the dates.

Reminder

To contact the Facilities Department, please call 717-591-8074

Bereavement Notifications

Maynard Brandt 6-25-22
Florence Conley 6-25-22
Susan Devine 6-28-22
Karen Lamb 7-4-22

John Seibert 7-4-22
Arthur Crow 7-9-22
Robert Lyman 7-10-22
Howard Jones 7-11-22



Welcome New Residents

Amanda Price



Patricia Hutter moved into Court Apartment 3208 7/21/22. Her phone number is 717-766-6408. Patricia comes from Mechanicsburg, PA. She loves gardening, board games, reading as well as puzzles and Jumble. Patricia spends most of her free time with family which her favorite thing to do! If you see her around be sure to say hello.

Gaida Ambrosio moved into West Apartment 2103.. Gaida is moving from West Chester, PA. Gaida is excited to be moving closer to her family. She has enjoyed working in the past in real estate, hematology research as well as working from home as a wife and mother! Gaida enjoyed many different activities in the past that has included traveling. She has been to Mexico, Italy and Germany. She is very excited to be here at Bethany so if you see her around be sure to say hello!



Harry Boswell moved into Court Apartment 3214 in late June. His phone number is 717-856-7954. Harry is moving to Bethany from Mechanicsburg, PA. He was born in Washington, DC . Harry served as a Navy Base Administrator. He is happy to be moving and excited his old neighbors will be his new neighbors here at Bethany! If you see him around be sure to say hello!