

The Scoop

Volume: 13 Issue: VI Date: June, 2023

ASBURY
BETHANY
VILLAGE



Anticipate More

From the Executive Director...

Brian Grundusky



Hello to all residents and associates! I want to thank you all again for your continued efforts and patience during these challenging times. The challenges that we are facing continue and you all have been very responsive, and patient and I will continue to ask that you follow all the necessary guidelines that we have in place.

COVID-19 Update: Currently, Cumberland County's positivity rate is 5.03% (as of 5/22/23). We have lifted the masking guidelines in all areas of living. We will continue to follow the science and the direction of our federal and state regulators when it comes to the pandemic. Please continue to ask questions and provide feedback as this is also a learning process for all of those involved. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at Bethany Village.

Financial Update: Bethany did meet the Operating Ratio (OR) for April 2023. The OR came in at 53.9% compared to a budgeted OR of 89.2%. This is a **positive variance of 35.7%**. These are PRELIMINARY results and a result of a foundation gift that was received in April. Once we can confirm the actual final gift amount, we can then finalize the April results. We are still having staffing challenges which created a

negative expense variance for the month of **\$74,184**. The primary driver of this variance was being over in contract labor (C.N.A.) in The OAKS SNF by **\$119,000**.

Staffing: We are still facing several staffing issues at BV. We continue to have shortages in housekeeping, dining, and clinical areas (SNF C.N.A.s). Currently, we have several open full-time positions across the community. We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We do understand the frustration that is occurring. We will continue to do all that we can to ensure that we are meeting these needs in this area. We will have an on-site Job Fair (Richard Rife

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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Center) on 6/14/23 from 9:00 a.m.- 5:00 p.m.

Occupancy: (as of 5/22/2023): We are currently **94.7%** occupied (compared to a budget of 94.8%). In Residential Living, we currently have 4 West Apartments and 2 Court Apartments available. We also have 5 Assisted Living rooms and 3 SNF beds available. We have extended the current incentive plan for the West Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

BV West Land Sale: We have finalized and closed the BV West Land Sale. I received feedback from both residents and associates on the utilization of these funds as we are re-investing the proceeds back into the community. I will continue to work with the BV Community Advisory Council and the BV Long Term Planning committee on this process. More to come.

2023 Great Place to Work Survey and 2023 Resident Satisfaction Survey: Bethany Village has completed the 2023 Great Place to Work (Associate) Survey and has been recognized as a “Great Place to Work” for the 6th year in a row.

BV will also be completing the 2023 resident satisfaction survey from 5/15/23-5/29/23. This will be an electronic survey that will be completed by Advanced Insights (third party vendor). Please take 15 minutes of your time to complete this important survey.

Thank you again and please stay safe and healthy!!

Bethany Village Auxiliary

Phyllis Kegerreis

Summer is coming and things slow down for the Auxiliary. The Auxiliary Board does not meet in July and August. We will meet on June 7th and then we will start up in September.

The Gift Shop will continue to be open for business. Come in, look around, purchase and help the Auxiliary. Don't forget to buy your Marzoni's and Hoss's Gift cards. We still need volunteers to work in the Gift Shop. If you like meeting people, call Mary Smith at 443-834-3895.

Thank you to everyone who shopped with Taylor Marie. The Auxiliary receives 10% of the proceeds. This time we will receive \$265. If you didn't get there this time, we will have her here in October.

Have a great summer! See you in September.



High Traffic Areas!

John Bowen, LSW, Director of Social Services



This may be a sign we need to post, not on the roads outside, but right here indoors at Bethany Village. It's clear to see there are more battery-powered scooters being used on campus than ever before. These forms of transportation can be a wonderful blessing to those who can no longer make the long walks from their residence to places that seem like the end of the world. However, there are some safety guidelines that everyone should keep in mind as you "share the road" with others. Here is a short list of some of the basic ones:

- Speed should be kept low in the building and only high when outdoors. Rule of thumb is to ride only as fast as the average person walks (2-3 mph).
- The horn is an important safety device to warn others as you approach a blind

corner or when exiting/entering an elevator.

- Travel and Parking of scooters should always be as far to the right of a walkway as possible.
- It is your responsibility to report damage to property caused by bumps and scrapes.
- Guests to The Oaks or MapleWood areas should be particularly cautious around fellow residents with walkers and manual wheelchairs and are expected to park your vehicle outside The Oaks neighborhood and use the manual wheelchair or walker provided at those entrances.
- There are also walkers and manual wheelchairs available outside our public dining venues at both East and West, the Resident Health Clinic, and the East Craft room. These areas can be challenging to navigate on a power device, and it would be best that all motorized scooters and powerchairs remain outside and that you enter the area on your own volition or with someone's assistance as much as possible.

And be prepared to transfer from a scooter to a regular seat on the shuttle whenever you board the bus.

You can read more in our Policy and Procedure found in the Resident Handbook or contact Social Services with any questions. And, be aware that you can have an evaluation and "driver's lessons" with a professional therapist to get the full benefit of training before operating these handy, but potentially harmful, machines.

Nursing Grant Program

Nancy Toth

At the fifteenth annual luncheon, a full room of supporters celebrated our new grant recipients Anna, Julie and Kurtis, as well as two past awardees Jodi and Gem. We heard their heartwarming comments and considered ourselves lucky they chose to work at Bethany Village. We also showed our appreciation to those associates that have dedicated their lives to the nursing field both past and present.

The Committee thanks you for your generosity and support making this happen. Below are comments written by these outstanding young professionals.

Anna Scurlock

Anna joined Bethany Village in 2020 as a Resident Assistant and is currently enrolled in the RN program at the PA College of Health Sciences. Anna anticipates graduating with her RN in the next year.

When describing Anna, her supervisor shared, “Anna shows kindness to all of the Assisted Living residents. She is caring and patient and is committed to long-term care.” Through her work at Bethany Village, Anna has shown a focus on resident well-being, compassionate care, and a commitment to Bethany Village.

In describing her experience working at Bethany Village, Anna shared, “My time at Bethany Village has felt less like a job and more like an experience of loving residents, forming unbreakable bonds with both residents and their families, and laughing and crying with residents.”

Congratulations Anna on being a 2023 Nursing Grant Recipient!



Julie Winters

Julie has been employed at Bethany Village since 2016 as an LPN. Julie is currently enrolled at the PA College of Health Sciences and is pursuing her RN degree.

Julie has been described as a kind and accountable nurse who is highly committed to both Bethany Village and long-term care. Through her work at Bethany Village, Julie has exhibited an ability to lead others, show compassion to residents, and focus on the resident well-being.

During the application process, Julie shared that, “My most rewarding experience in long term care exceeds my day-to-day responsibilities. It is rewarding for me to know that the residents in my neighborhood can depend on me to help them fulfill the duties they no longer can. It is helping people during their most vulnerable moments. Giving a resident new hearing aid batteries so they can communicate with their families and other fellow residents is just one of my many rewarding moments. I also value the personal connection between the residents and their families.”

Congratulations Julie on being a 2023 Nursing Grant Recipient!



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Kurtis Adams

Kurtis has been an associate at Bethany Village since August of 2022. Kurtis serves as a Rehab Aid – supporting the physical therapy program. Kurtis is currently pursuing his RN degree at Harrisburg Area Community College.

Kurtis’s supervisor described Kurtis as a “welcome addition to the therapy team...Kurtis exemplifies a great attitude, dedication, and teamwork while balancing his work at Bethany Village, school responsibilities, and military duties.”

When describing his work at Bethany Village, Kurtis shared, “It is my belief that there is no greater measure for good than how we treat those who can no longer serve themselves, especially within long-term care...my experience working at Bethany Village has been a blessing for this reason.”

Congratulations Kurtis on being a 2023 Nursing Grant Recipient!



Daughters Continue Legacy of Love and Service

Margee Kooistra

Daughters of a former resident, Marian Dornell, attended the Nursing Grant Luncheon at the Rife Center recently. Lisa Suggs and Diane Peeples returned to Bethany Village again this year to honor their mother, Marian, a dedicated nurse in whose name a nursing scholarship is awarded.

Marian also inspired the creation of our Healing Garden. In 2019, looking out of her window #22 in The Oaks, only a couple of dogwood trees in the distance brought any life to the brown mulch covering the area. The vision of a garden was born. When the barrenness of the space was brought to the attention of the Ecology Team at Bethany Village, the committee agreed with the founding President, John Judson, that they should pursue planting a garden there for Oaks’ residents and families - as well as for all of Bethany’s residents, families and friends. Please stop by to see what has been growing from the work of many.

from left: Lisa Suggs and Diane Peeples share moments in the garden with Margee Kooistra, 5.2023.



PARCR Learns More About MEDICARE!

Lowell Starling

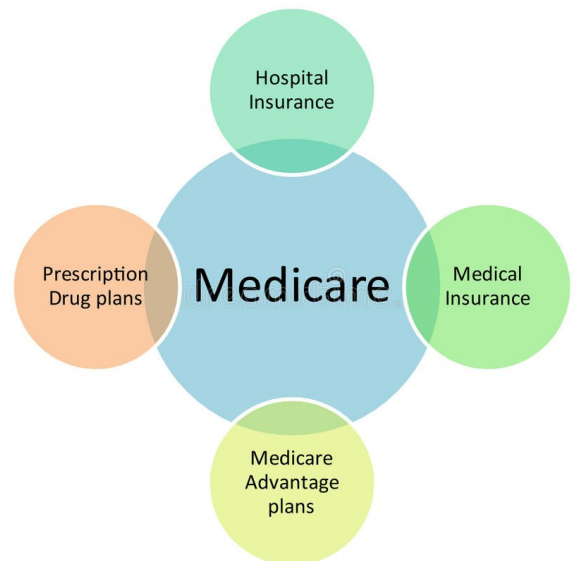
If you already know everything you need to know about Medicare, you can skip this article. And may the force be with you in finding the most appropriate coverage at the lowest total cost during this fall's Medicare Open Enrollment.

If you don't know everything there is to know, read on to find out how you can be better educated about the health insurance plan that covers almost all of us, and comes in multiple parts with multiple kinds and levels of coverage and multiple cost factors.

The keynote speaker at PARCR's next Quarterly Meeting will be Mike Fiaschetti, the President of Mediplanconnect speaking on Medicare Education. The meeting will be held at 10:00am on July 12, 2023, at Masonic Village in Elizabethtown. Mike will discuss the history of Medicare and the various types of Medicare plans along with some details on the various coverage types available. This information will be just in time for the Medicare Open Enrollment period in the fall.

You do not have to be a PARCR member to attend the in-person meetings. The invitation letter should be in your BV mailboxes a couple of weeks before the meeting.

As always, PARCR individual memberships are \$20 a year and you can find the registration materials at PARCR.ORG. For the \$20 you get access to all the legislative and regulatory information published by PARCR in conjunction with LeadingAge PA, and the PARCR Post newsletter. You also get front row seating at the Quarterly Meetings ☐



Official Websites:

PARCR – PARCR.ORG

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

NaCCRA – naccra.com (National Continuing Care Residents Association)



Pennsylvania Alliance of
Retirement Community Residents

Food for Thought

Dale Meadowcroft

This past May 5th was a 2K day. When I was in high school a 2K day meant that the soccer coach had us run two Kilometers of the high school cross country course before we started our practice. Obviously, May 5th, 2023 was not that type of a 2K day.

Since it was the night before the Kentucky Derby and ironically 50 years since Secretariat raced into history, we settled into the Disney Channel to watch the movie "Secretariat." It turned into a 2K night. That means at least two Kleenex. I was overwhelmed by memories and the absolute magnificence of "Big Red" and the woman, Penny Chenery, who basically bet her life on him becoming a great horse.

In 1973, my brother and I lived no more than two blocks apart and we watched all three races together, highlighted by Secretariat's incredible and unforgettable Belmont Stakes victory. Not only did Secretariat set yet another track record – he won the Belmont by a remarkable 31 lengths (roughly 75 meters). Fifty years later, Secretariat's win at the Belmont remains the largest margin of victory in Triple Crown history. Moreover, 50 years later, all three of Secretariat's Triple Crown track records remain unbeaten.

Most certainly, Secretariat was a superstar. The phrase Greatest Of All Times (GOAT) surely belongs to him. Witnessing his great Triple Crown races was worth at least half a Kleenex. Witnessing Penny's personal sacrifice, and the love for her father and her father's legacy accounted for the other 1.5 Kleenex.

Penny became determined to revive Meadow Stable for reasons that involved the heart more than business. "I love horses and I loved my dad," she said. "He was failing and my brother and sister wanted to sell the stable and I said, 'No, not while Dad is alive.'" When Chenery's father died in January 1973, his estate owed such a large tax bill that it could only be satisfied by syndicating the breeding rights to Secretariat and the 1972 Derby winner Riva Ridge to a consortium of breeders. Chenery made headlines by successfully syndicating Secretariat for \$6.08 million. Unproven as a three year old, Secretariat had to win races to validate the syndication. Penny literally bet the farm on Secretariat.

For me, the movie was all about relationships. The love that Penny's father gave to her and she reflected back to him was wonderful to behold. Also, was her love for "Big Red". After his incredible victory at the Kentucky Derby Penny said, "I wanted to do it right, so we spent 40 minutes in the press box answering questions, but I really wanted to get back to the barn and congratulate the horse and join the party.

We can learn a lot watching how Penny responded to the love of her father, and Secretariat responded to the love of Penny. Many studies have shown that a healthy and supportive relationship—be it romantic, familial, friendship, or otherwise—can be linked to higher self-esteem, increased sense of self-worth, and improved self-confidence.

What matters most? Memory itself or the love that feeds and frames it? Love lasts longer so perhaps love wins. Love inspires, love nurtures, love can be rekindled. Love knows many ways of being recaptured: in a kiss or a fleeting look; it can be made immortal in a photograph. Love lives within the present and the past. Love has the future; we must not forget that.

Take a chance. Volunteer. Invite a new resident to join your dinner table in Springfield's. Share the love that is Bethany Village and buy a new box of Kleenex.

A Garden Walk June

Anna Johnston



The song says: “June is *Bustin’ Out All Over!” I agree, except it “Bustin” in May, too. Rose bushes were in full bloom in mid-May. Those Knockout roses will continue to bloom into November IF the rose hips (the seed heads) have been clipped off. Our volunteer Dead Headers clip many campus rose bushes, but we have more bushes than volunteers (*We need your help. Volunteer for a bush or two?*)

During your walk, you should check our apartment balconies and see that many have flowerpots spilling floral color. Many cottages have a variety of interesting flowers, bushes, and trees. Some of the plants have family stories. Sometimes, it’s about Grandpa’s rhubarb, and that is true for Ron Savage.

There is so much to see on our walks. Are the sunflower lovers’ crop coming along? If you remember last year, some were taller than the cottage roofs. Are the peonies still blooming or did they burst forth earlier?

Have you seen your favorite annuals and perennials? Have you noticed the variety of blue flowers?

On the East Campus, Asbury Drive, note Deb Mihalich’s plantings. Continue on Asbury, and you will see a large stand of very tall lilies. When they are in bloom, give them a sniff but don’t get the yellow pollen on your nose or clothes. To prolong the lily season, we have a variety of options: Asiatic, Trumpet, Oriental and Orienpet lilies are the most familiar.



It is true for many that gardening is both therapeutic, rewarding, challenging, and always changing. “I must move this plant. It needs more sun/shade” “When I garden, I forget everything else.” “I love dirt!”

We all might follow Voltaire’s famous final line from his play, “Candide”. The author’s main super-optimistic character is Candide. After many discouraging misadventures, Candide gives up and returns home to farm. He gives this advice: “We must cultivate our garden.” This is about more than one’s garden. It is how we cultivate ourselves, those most around us, our communities, our wider world.

On the West Campus, check out the Healing Garden. It gets lovelier each year. Some of you may remember when it was a bare area covered with mulch. Two covered areas give shade and seating, thus making it a happy place to relax with friends and families or to just enjoy by yourself. Bring a book. Guess plant names.

Just Because It’s June!” is an extra-special time to take A Garden Walk: Beauty! Exercise! Meet friends! Take deep breaths! Smile! Go!

*Note: The librettist removed the “r” of Bur~~st~~ing to “Bustin” because an R is difficult to sing. Try it.

Bethany Garden Club

Cindy Rogers Lindsay

Things are really starting to grow in the Bethany Garden Club plots. Ed Bitzer and his son, Mike, are already harvesting produce and putting the extras on the West produce table. Early mornings, I see Charlotte Perrago along with many others working in the dirt. Charlotte is happy to see that some of her spinach made it thru the winter and MaryAnn Swartley is hoping her spring peas will be producing soon. I am happy to see my milkweed is popping up along the fence and hopefully we can see the monarch butterflies this summer in varying stages of development.



The Club is happy to welcome many new gardeners this season. Our "Westerners" (from the West side) are Judith Sommer and Dick Neff. Our "Easterners" are Ann Swenson, Steffa Miles, Nedra Iwerks, Jill Smeltzer, Leroy Weaver, and Lisa Devries and we are expecting another newcomer moving in next month.

As I was working in the garden the other day, I noticed Beth Shank and other residents enjoying the glimpse of nature as they stroll by. As you can see, the garden is a happening place to be. Everyone is welcome

From the Chaplain

Brand Eaton



I have always found June to be a month of renewed energy. The world seems to take on a different hue and "pop." The temperatures are consistently warm although typically not too hot. Flowers and shrubbery are in bloom and summer is young. Graduations and weddings fill some of our weekends, and we are given to think about these milestones as markers of transformation. New careers and new lives lived together are beginning. Perhaps we are participating in this energy in active ways—gardening or celebrating as the grandparents of the newly graduated or newlywed. In these ways, we are actively engaging in this renewed energy. But even those of us who simply observe the blossoms in the bushes and the blossoming lives around us with a smile are

participants and receivers of this renewal and transformation. For in the sum, it is the engagement of the heart with gratitude for all things new that is key. "June is bustin' out all over."

Additions to the library June 2023

Jan Moran: “Beach View Lane” This is a new author, but one who has a reputation for writing clean romance with real women...of a certain age. This book begins a small-town beach, two books series, which makes you feel good when you read them. "Plan on drinking a pot of coffee, and putting off household chores while you relax for some well-deserved down time and finish this novel!"

Scott Turow: "The Last Trial" Two formidable men collide in this story about a celebrated criminal defense lawyer and the prosecution of his lifelong friend -- a doctor accused of murder, Alejandro "Sandy" Stern, a brilliant defense lawyer, with his health failing but his spirit intact, is on the brink of retirement when his old friend Dr. Kiril Pafko, a former Nobel Prize winner in the medical field, is faced with charges of insider trading, fraud, and murder, his entire life's work, is put in jeopardy. Stern decides to take on one last trial. Stern's duty to defend his client and his belief in the power of the judicial system both face a final, terrible test in the courtroom, where the evidence and reality are sometimes worlds apart. Full of the deep insights into the spaces where the fragility of human nature and the justice system collide, "The Last Trial" is a masterful legal thriller that unfolds in page-turning suspense -- and questions how we measure a life.

Fern Michaels: “Secrets” This book, the 2nd in the Lost and Found series, blends mystery and drama as siblings Cullen and Luna set out to uncover the secrets behind a long-lost diary. Every antique tells a story. Cullen and Luna learned that through their parents' furniture business. Now, with their restoration shop and café, they often find themselves at the center of those stories, unraveling mysteries for their clients. The old steamer chest that Cullen receives from an anonymous source is fascinating in its own right. But inside, Cullen discovers more—a locked diary accompanied by a letter, asking for the diary to be restored to its rightful owner. Read this novel to find out how they unravel this mystery.

John Sandford: “Dark Angel” This is the 2nd book of two in the Letty Davenport series. Have you read the 1st book in the series, “The Investigator”? In this sequel, Letty Davenport, the tough-as-nails adopted daughter of Lucas Davenport, takes on an undercover assignment that brings her across the country and into the crosshairs of a dangerous group of hackers. Letty Davenport's days working at a desk job are behind her. Her previous actions at a gunfight in Texas—and her incredible skills with firearms—draw the attention of several branches of the US government, and make her a perfect fit for even more dangerous work. The Department of Homeland Security and the NSA have tasked her with infiltrating a hacker group, known only as Ordinary People, that is intent on wreaking havoc. Letty and her reluctant partner from the NSA pose as free-spirited programmers for hire and embark on a cross country road trip to the group's California headquarters. While the two work to make inroads with Ordinary People and uncover their plans, they begin to suspect that the hackers are not their only enemy. Someone within their own circle may have betrayed them, and has ulterior motives that place their mission—and their lives—in grave danger.

Sarah Dessen: “The Truth About Forever” Expect the unexpected. Macy's got her whole summer carefully planned. But her plans didn't include a job at Wish Catering. And they certainly didn't include Wes. But Macy soon discovers that the things you expect

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least are sometimes the things you need most. Dessen gracefully balances comedy with tragedy and introduces a complex heroine worth getting to know. Have you ever played the game, "Truth"? Read this book to see how it is played and what the results bring to the main characters and let me know if you want to read more of this new author's books.

Timothy Egan: "A Fever in the Heartland" This book tells the story of a man named David C. Stephenson whose life story changed with every telling. Within two years of his arrival in Indiana, he'd become the Grand Dragon of the Ku Klux Klan and the architect of the strategy that brought the group out of the shadows – their message endorsed from the pulpits of local churches, spread at family picnics and town celebrations. Judges, prosecutors, ministers, governors and senators across the country all proudly proclaimed their membership. But at the peak of his influence, it was a seemingly powerless woman – Madge Oberholtzer – who would reveal his secret cruelties, and whose deathbed testimony of his abduction, rape, and murder finally brought the Klan to their knees and kept the Klan from ruling the country. It is a book for our times.

Connie Scheil

A SPECIAL ANNOUNCEMENT
FOR
Residents who attended the
Vesper service on May 21, 2023.

A gold commemorative coin in recognition of the Battle of Iwo Jima dated 1945 was discovered in the offering plate on May 21, 2023.

Virginia Wilt is in possession of this coin. If this item belongs to you, please call my cell phone 717-319-0498 to claim your item. Leave a message if necessary for a return call.

Thank You
Virginia Wilt – Vesper Chairwoman

The Bethany Readers

Barbara Bankard

Bethany Readers A Women's Book Club



The Bethany Readers welcomes all women of Bethany Village and Bethany Towers to our monthly book discussion.

The group will meet on **Tuesday , June 13 at 10:00** am in the **Rife Center**. Our selection this month is To Kill a Mockingbird led by Mary Baker. (Note change)

Listed below are the dates and books to be discussed for the remainder of 2023. The Bethany Village library has one copy of each book. If you borrow one of these books, be sure to return it as soon as you are finished, so others can borrow it.

Please begin to send suggestions for 2024 to Barb Bankard. There are a lot of good books out there!

To be added to the email list, contact Barb Bankard at bbankard@comcast.net or 410-236-7520.

Hope to see you there!

***Please note- dates and rooms are subject to change. ***

Date	Book	Facilitator
Tuesday, June 13 Rife Center	To Kill a Mockingbird by Harper Lee	Mary Baker
Friday July 14 Corporate Conf	Founding Mothers: the Women who Raised our Nation by Cokie Roberts	Ida Mae Heidecker
Tuesday, August 8 Rife Center	Horse: a Novel by Geraldine Brooks	Maggie Pepe
Friday, Sept 8 Corporate Conf	The Book Woman's Daughter by Kim Michele Richardson	Melissa Stock
Tuesday, Oct 10 Rife Center	The Blue Orchard by Jackson Taylor	Jane Tracey
Friday, Nov 10 Corporate Conf	Lillian Fishbox takes a Walk by Kathleen Rooney	Micki McCoy
Tuesday, Dec 12 Rife Center	Facilitators for 2024 PARTY	

Birthday Wishes



Listed below are our neighbors who are celebrating birthdays this month. Reach out to them on their special day (and other days, too).

- | | | | |
|-------------|--------------------------|-------------|-------------------------|
| 6/1 | June Bitzer | 6/17 | Robert Kelly |
| | Anne Wagoner | 6/18 | Margaret Schultz |
| 6/3 | Diana Ferrandino | | Ed Stevenson |
| | Judith Sommer | 6/20 | Judy Trissler |
| 6/4 | Nan Enders | 6/21 | Doris Bennett |
| | Larry Miller | | Dale Mellott |
| 6/5 | Dorothy Bricker | 6/22 | Clarence Asbury |
| 6/6 | Leon Calabrese | 6/23 | Jean McKlveen |
| 6/7 | Georgianne Diener | 6/24 | Dale Meadowcroft |
| | Richard Neff | 6/25 | Ed Slaby |
| | Earl Norman | | Lois Zettlemyer |
| 6/8 | Dolores Fortner | 6/26 | Jean Voss |
| 6/9 | Dorothy Crow | | Joan Zimmerman |
| 6/10 | Tom Johnston | 6/27 | Bill Lambert |
| | ANNA YENCHKO | 6/28 | Robert Anderson |
| | Jack Zehring | | Brian Jelstrom |
| 6/13 | Sally Beaver | | Robert Park |
| | Betty Brown | 6/29 | Louise Bauer |
| | EVELYN RIES | | Larry Hallock |
| 6/15 | William Boors | | Joe McLaughlin |
| | Joyce Frak | | Peggy String |
| | Marcie Norman | 6/30 | Cate Reimer |
| | Anna Royer | | |

Powers of Attorney: Which Type Does an Individual Need?

Everyone is a potential victim of dementia, and therefore, you should take steps to deal with the possible legal complications involving dementia before it is too late to act effectively.

Dementia is the loss of memory and other mental abilities caused by physical changes in the brain that are severe enough to interfere with daily life. Alzheimer's disease accounts for an estimated 60% to 80% of the cases.

It is very important for individuals to consult with an attorney to be sure the proper documents are in place before they start declining.

These documents include a power of attorney, a living will and the correct HIPPA forms. Once completed, they enable a designated person to meet and speak with doctors, hospitals, care facilities, pharmacies and other parties.

POWERS OF ATTORNEY

There are four main types of powers of attorney:

- . **Limited.** This gives someone else the power to act on one's behalf for a limited purpose and for a very limited time, such as giving someone the right to sign a deed to property for oneself if traveling on that day.
- . **General.** This gives an attorney-in-fact all of one's powers and rights, such as the right to sign documents, pay bills and conduct financial transactions on one's behalf.
- . **Durable.** This can be general or limited in scope and is for use when one becomes incapacitated.
- . **Springing.** This allows an attorney-in-fact to act on one's behalf if the person becomes incapacitated, but it does not become effective until the person actually is incapacitated. Within this document, it's critical to clearly define the standard for determining incapacity and triggering the power of attorney.

ONE SIZE DOES NOT FIT ALL

While many prepackaged do-it-yourself power of attorney forms are available, it is a good idea to have an attorney draft the form specifically for you. There are many issues to consider, and one size does not fit all.

Individuals often think that after they've designated a power of attorney, they've done their job and "everything is fine." But sometimes the person assigned is not able to actually have the power of attorney, because some companies, including financial institutions, prefer that people sign their own power of attorney forms.

You may want to ask each of the companies holding your major accounts what they require. Power of attorney forms should also be amended as new issues may arise, such as giving the person permission to manage Facebook or other social media accounts.



ECOLOGY TEAM ACCOMPLISHMENTS – 2022

Ann Marie Judson

- Tree & plaque planted in memory of Jane Wilshusen, Ecology Team member
- Sixth Trex Bench placed
- Venture Series Speaker – Lori Yeich – PA Dept. of Conservation & Natural Resources
- Bluebird boxes constructed in the Woodworking Shop & delivered to interested residents & lecture on Bluebirds offered at the Rife Center
- Mission & Values Statement and Goals completed and 2 goals selected with the formation of two subcommittees
- Goal #2 – to support reduction of toxic herbicides, pesticides, still being worked on by Marlin Snider's subcommittee
- Goal #6 – Develop a plan to construct rain gardens was worked on & discontinued
- Healing Garden – divided into quadrants for easier maintenance by BV residents and metal signs for plants & trees in process of being placed
- Green items introduced into BV Gift Shop by Mary Smith
- Trip to Asbury Solomons Island by Tom & Anna Johnston, Joyce Kieffer, Ann Marie Judson – June 28-29, to learn from their Ecology Team
- East Mini-Park Committee formed to establish a park on the East Side for Residents
- Marketing will include information about Ecology Team in New Resident's Orientation Packet
- Three Social Gatherings held to promote community among Ecology Team members & friends
- Ecology Team participated in BV Living Fair in October

Do you have green meal delivery
containers stacking up?

Dining Services needs them to
serve meals.

Please leave them for pickup or
return them to Dining Services



Bereavement Notifications

Don Bair 4-20-23

Sara Phillips 5-12-23

Charlie Thurner 5-3-23

Joanne Smith 5-14-23

Patricia Waterman 5-11-23



Please Welcome our New Residents to Bethany Village

Amanda Price

Frank De Maio moved into Center Apartment 121. His phone number is 856-896-1377. He has moved here from New Jersey. Frank is in a pastoral program locally and has been very busy! He recently just got back from a mission trip to Brazil. Frank is happy to have a place to call home here at Bethany, while completing his education.



Alice Herncane moved into East Cottage 512. Her phone number is 717-691-2593. Alice has moved here from Mechanicsburg, PA and is originally from Huntingdon, PA. She is retired from the PA Department of Revenue. Alice is active with Mt. Olivet United Methodist Church. She enjoys crafts and knitting as well. Alice is looking forward to having a small flower garden and perhaps doing some volunteer work here at Bethany.



Daniel and Susanne Seitz moved from Carlisle, PA into West Apartment 3128. Their phone number is 717-385-7614. Daniel served in the US Army from 1968-1970. He served as a medic during Vietnam while in the Army and has even taught Adult Sunday School Classes. He also worked for the Government in the Federal Highway Department as a Right of Way Officer. Daniel enjoys hunting, fishing, reading and traveling. Susanne was a Sales Correspondent for Amp Inc. for many years. She really enjoys music, singing, gardening, herbs,

bird watching, crafts (pressing flowers), reading, art and visiting museums. Daniel and Susanne have traveled many places including Hawaii, Arizona, New Mexico, Colorado, Wyoming, Ontario, Virginia, Scotland and many more! They are excited to meet new people and get involved here at Bethany.





Agnes "Nessie" Kind moved in West Apartment 4107. Her phone number is 717-360-0712. Nessie moved here from Millsboro, DE. She was born in Blantyre, Scotland, UK. Her family moved to the US in 1953 and she grew up in Pearl River, N.Y. After graduating high school, Nessie attended nursing school and became an RN. She worked for NYACK Hospital until she joined the Army Nurse Corps and was assigned to Valley Forge Army Hospital caring for soldiers injured in Vietnam. Nessie was discharged as Captain and moved with her husband to Denton, TX. He was the CEO of a large nursing home in Fayetteville, PA, until he entered Wesley Seminary and received his Master of Divinity. He was an ordained elder in UMC and served at various churches until retiring. Nessie worked for Scotland School for Veteran Children for over 22 years as a nursing supervisor. She has been active in her church in Lewis, DE as well as her community. She loves to travel, knit, and visit with friends and family and is excited to be involved here at Bethany!

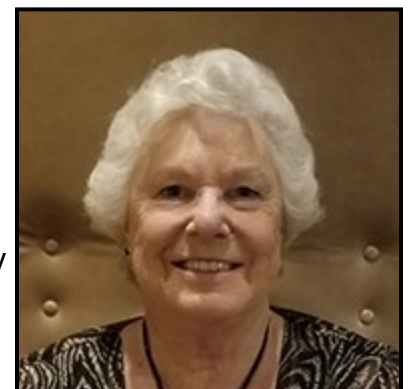


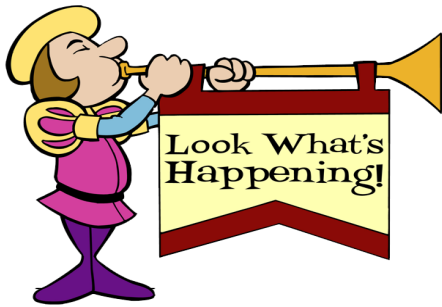
Sheldon and Florence Grasley moved into West Apartment 3134. Their phone number is 717-579-6765. They moved here from Mechanicsburg, Pa. Florence was employed by Ski Roundtop Resort for 25 years. Her work involved assisting the Area Managers with administrative duties on a year round basis. Sheldon was employed by the Pennsylvania School Boards Association for 22 years. He served as the Managing Director of the PSBA Insurance Trust and CEO of School Boards Insurance Company, Ltd during his tenure. Sheldon was also employed by Marsh McLennan Insurance Brokers and Independent School Management after retiring from

PSBA.

Sheldon and Florence both enjoy traveling, especially in the form of cruising, traveling to the Caribbean regularly, various European Countries and really loving London, Barcelona and Tuscany, Italy several times. They really loved a trip to Australia via Hawaii and the Fiji Islands. Prior to cruising they would travel around the US to various ski locations.

They also enjoy playing cards and other table games with family and friends, as well as going to the Harrisburg Symphony Orchestra. You might also catch them watching a theatrical production, both amateur and professional. Their favorite thing to do though after all of that, is spending time with family.





The SCUTTLEBUTT Bulletin Board

*****Are there any BV Residents interested in:
PSU or Steeler FB or Pirate Baseball?*****

IF SO, EMAIL ME AT: LEEFIEUX@GMAIL.COM
OR CALL ME AT 717 796 2373

I AM TRYING TO GAUGE THE INTEREST. IF THERE IS
ENOUGH INTEREST, MAYBE WE CAN GET A 'ROOM'
AND MEET ON A REGULAR BASIS?? WE ARE.....HOPEFUL!

Lee Young, 5235 Sassafras Court

Over the past several months, it appears that Bethany Village has got caught up in divisive rhetoric and tribalism. However, it's important to remember that all residents here are residents of Bethany Village and not residents of East Bethany Village or West Bethany Village, since those entities do not actually exist. We're all here together, and we need to work towards unity and understanding. One of the most important ways to avoid divisiveness is to listen to others and approach conversations with an open mind and a willingness to learn. It's also important to be respectful towards others, even if we disagree with them, without personal attacks, and insults that only serve to further divide us. Instead, we should focus on having civil and respectful conversations.

It's easy to make generalizations about East vs. West residents, but this only serves to be counter productive and further divide us. It's important to remember that everyone is a resident of "Bethany Village" and should act accordingly. One of the best ways to avoid divisiveness at Bethany Village is to accept that it is only a street that divides the campus into East/West and not residents. By accepting this, we can gain a greater appreciation for Bethany Village and all work together for the benefit of "all residents".

By working towards unity, we can create a more harmonious Bethany Village.

THE SCUTTLEBUTT is a community bulletin board for announcements or communicating with our resident community. Included could be want ads, a brief thought to share, or thoughts for a new activity. If you would like your thoughts or ideas to fill this space, send them to dale.meadowcroft@gmail.com

Items of appropriate content, good for our community will be reviewed and published.