

The Scoop

Volume: 13 Issue: IX Date: September, 2023

ASBURY
BETHANY
VILLAGE



Anticipate More

From the Executive Director...

Brian Grundusky



Hello to all residents and associates!! As we continue to enjoy the summer season, I want to thank all of you for your dedication to ensuring that we are doing all that we can to come together as a community. We have had a number of different issues and projects that we have been working on and we will continue to work together to do all the good we can to those that we serve.

COVID-19 Update: Recently, we have seen a spike in positive cases at BV. This is also in correlation to the increase in cases in Cumberland County. We will continue to follow the science and the direction of our federal and state regulators when it comes to Covid protocols. The good news is those that are testing positive are able to bounce back within a few days. We ask that if you have any type of covid symptom, that you not assume that it is allergies or a cold. Please continue to test and take all necessary precautions to protect yourself and your fellow residents. Please

continue to ask questions and provide feedback. We do anticipate these numbers to increase moving into the Fall season. I also wanted to get back to some other operational updates as we need to forge ahead and continue the great work that we do here at

Bethany Village.

Financial Update: Bethany did meet the Operating Ratio (OR) for July. The OR came in at 92.795% (+\$5,333) compared to a budgeted OR of 92.8%. We were over in OR expenses by **\$77,734**. Primary drivers of this variance were due to being over in contract labor (C.N.A./Dining). We were over in OR revenue for the month by \$83,047. This variance was due to exceeding occupancy in Residential Living and exceeding our contractual adjustment targets in The Oaks Skilled Nursing.

YTD: BV is currently at 89.2% compared to a budgeted OR of 93.3%. This is a positive variance of 4.1%. We are over in OR expenses by \$539,901 (Contract Labor) but over in OR revenue by \$1,527,003 (Foundation and Federal Covid Expense reimbursement). The

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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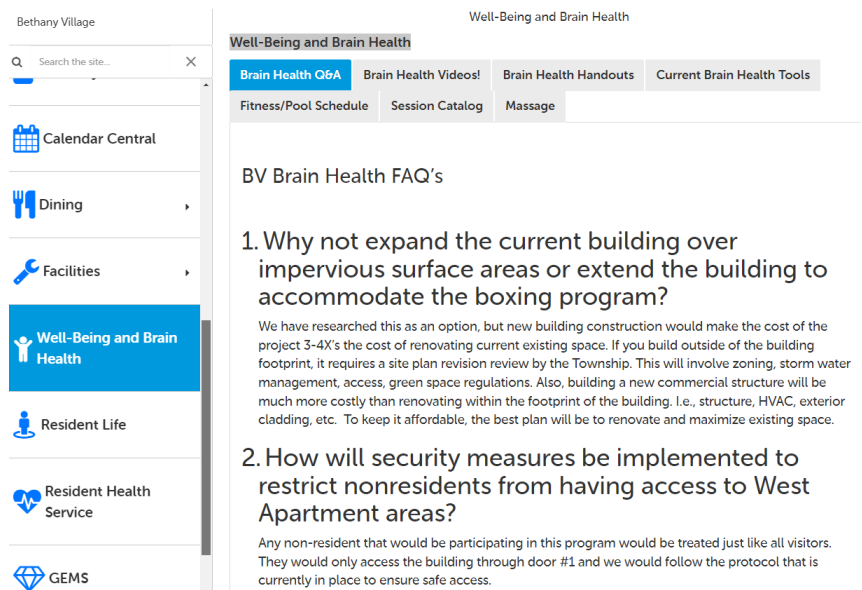
BV Senior Leadership Team will continue to ensure that we are doing everything that we can to ensure that we are maximizing our resources while providing quality care and services. The leadership team did submit an OR contingency plan for 2023 to ensure we can do all that we can to meet our goals.

Staffing: We are still facing some staffing challenges at BV. We continue to have shortages in Dining, Housekeeping and Skilled Care C.N.A.s. Recently, we have filled several openings in these areas and we are making gains. We are being creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times.

Occupancy: (as of 8/16/2023): We are currently 95% occupied (compared to a budget of 94.8%). In Residential Living, we currently have 4 West Apartments and 3 Court Apartments available. We also have 4 Assisted Living rooms. We have extended the current incentive plan for the West Apartments and will be working with our corporate marketing team to develop other methods to fill these openings.

BV Brain Health Program/Project: BV did hold a Brain Health Program presentation in August. This was an educational and planning presentation for the BV Brain Health Initiative. Sue Paul, Todd Andrews, JD Shuman, and I made presentations. There have been concerns with the project and the renovation plans of the West side of campus. We continue to assess all areas and work with the architects and engineers to develop this program. A FAQ section has been added to ICON under the Well-Being and Brain Health menu so residents can use this as a resource. Also, residents can forward any question that they have to Brian Grundusky who will then update the FAQ list in ICON.

2024 Budget: We are starting the 2024 budget process at BV. Budget training was completed on 8/10/23 and the budget system was opened on 8/14/23. I have been working with several resident committees gathering information and feedback for current and future budget ideas and opportunities. There are several steps and review sessions that have been scheduled with all on-site managers and the ASCC budget team (Late August/September). We plan on sharing the 2024 budget with the residents at the November Coffee (annual process).



Bethany Garden Club

Cindy Rogers Lindsay



By this time in August, some of the vegetable plants are looking a little sad, but some gardeners have planted their fall crop of peas, spinach, lettuce and more. A thrilling appearance in the garden this week are swallowtail butterflies on Barbara Nolan's zinnias and my flowers! Lisa DeVries and I have even spotted two monarch butterflies fluttering by while we play in the dirt. So exciting! I have been checking my milkweed and so far no signs of monarch caterpillars or chrysalis.

Beside seeing the beauty of mother nature, I see the beauty and kindness of people flourishing in the garden. For example, Lisa DeVries is always willing to water anyone's garden. She even will pick their produce and cut them a bouquet of flowers and deliver them. I have seen other gardeners like Ed Bitzer's son, Mike, help out by weed whacking for others. Also, it goes without saying- all the generous donations of food and

flowers by many of our club members to the produce tables show the kindness and beauty of sharing.

It's my observation that there are many beautiful things happening in the garden!

From the Chaplain

Brand Eaton

September is a transition time. Children return to school. Sports fans turn their attention to football. Amusement parks, outdoor recreation areas, and other seasonal enterprises close for the year or adjust their hours of operation. While mild and even summer-like weather will continue with us well into the month, "meteorological autumn" begins on the first of September.



The ancient Celts understood such transition times as auspicious. They placed great emphasis on the day of the equinox as a time when the divide, the "veil", between this world and the spirit world was very thin and permeable. They looked for omens and signs of change.

You may live life with little more than a passing notice of the changes that September brings and promises. You may, in fact, resist noticing by working hard to extend the waning days of summertime. I would encourage you to take time to notice September's transition—to see the school buses coming and going, the days growing shorter, the omens and signs of September. It heralds an ending, but also a beginning and in paying attention to the transition you may find we still inhabit an enchanted world.

What I Like / Dislike About Bethany Village Living

Lee and Wendie Young

We live at 5235 Sassafras Court. We have been here a little over four months.

Likes

- 1) All of the yard maintenance is done on one day. Back in our old neighborhood, we never knew when a machine was going to be fired up, esp. at dinner time.
- 2) Absolutely wonderful neighbors. Everybody is friendly in the whole village too.
- 3) The spacious garage with lots of storage areas.
- 4) No more carting the clothes from our bedroom in the back of the house to the washer/dryer downstairs. It is all 'right there'.
- 5) All of the activities going on, especially the dinners.
- 6) Love the fitness room.
- 7) Nice and quiet. Wonderful college campus like vibe. Beautiful landscaping.
- 8) Nice to be able to bike outside without worrying about lots of traffic.
- 9) Wonderful Tuesday afternoon Bible study.
- 10) Spacious rooms. Lots of indoor storage space, too.
- 11) Centrally located to lots of stores, highways, restaurants, etc.
- 12) No kids screaming in swimming pools, dogs barking, loud parties and the like. That never bothered us when we were younger, but for some reason it does now. When did we become 'Get off my lawn' people?
- 13) Did I mention how friendly and helpful everybody is?
- 14) So many fellow gardeners!!
- 15) Love the gym and pool.
- 16) And many many more things that I thank God for on a daily basis! We are truly blessed to be here!!



Dislike

- 1) No door to go outside from the garage like we had on our old garage. I'm not sure we'd use it but we keep trying to use it!
- 2) The deer eating my flowers! But they're so cute to watch, especially the fawns!
- 3) What's up with all of this eating??!! You trying to make us get fat??!!



I think we're gonna stick around as long as you'll have us!



Bethany Village Model Railroad Club

Come See the Garden Train During Rockathon!

We know, your busy social schedule has interfered with your heartfelt plans to come and see the Garden Trains located in Martha's Garden between The Oaks and MapleWood. Just for you, on September 21st for Rockathon, the trains will run from 11:00am until 4:00pm which eliminates your excuses. Come and enjoy Rockathon and all the fun events and food while supporting a great cause. Plus if you haven't enjoyed watching the trains



run and reminiscing about the venues and eras represented in the layout, this is your golden opportunity.

If you have any interest in joining us in being a blessing to the residents of Bethany Village, we can use all kinds of skills to build, operate, and host the operations of our trains. Contact Membership Director Nancy Thomas (717- 591- 5497) President Tony Wright (717 307-1718) or Vice President Jim Wilt (717 648-5175) for information. You can also see more details on our web site: <https://bvmrrc.bvrescoun.org/>

Humble Pie, Bear Traps and Trixie

Ann M. Van Dyke

Throughout my young life, I was often humbled by the degrees people went to keep me safe. Particularly when I was SURE I did not need anyone's help. I grew up with dirt under my fingernails so I could take care of myself. Except when I couldn't.

Bear traps showed up several times in my childhood. (The adult me hopes so very much that no one uses those awful things anymore.) My 12 y.o. brother, two years older than I, was constantly building. The neighbor farm had a small—probably 15 x 15—but sturdy chicken coop that he decided to turn into a fort. Of course, a fort. I have no idea if he had their permission. We just kind of roamed around on neighbors' farms and did things.



His first task was to brace the door, because certainly, many people up-to-no-good would be trying to get into a stinky, old, kid-rehabbed chicken coop in the middle of a cow pasture; so multiple braces and locks were required inside and out. Then he dug a tunnel under the chicken coop fort which led to a trap door in the floor, also secured by multiple braces and locks. When he was done building a fold-down-from-the-wall bed, he hauled an old mattress up there...that he found in a freelance dump behind someone's barn. Then he announced he and I needed to 'camp out' there. I had been his assistant in this endeavor and thought we might take a sandwich up there some day; but, holy smoke, had not planned on an overnight.

In order to keep us safe during the night, my highly security-conscious 12 y.o. brother placed open bear traps around the bed. Though sleeping there kind of gave me the heevie geevies, I was assured by my big brother's efforts to keep us from being eaten by bears.

A couple weeks later I decided to take off by myself through a wooded, hilly area where I had never been before. I didn't tell anyone where I was going because my 10 year-old self was so darn tough and smart and independent. After a long, long hike, it became clear to me that I was going to spend the rest of my life in that forest. I was very, very lost. So, I was real surprised when I stumbled out onto a dirt road just as a car drove by. (I'm betting that was the only car to drive the road all day.) It was the County Nurse, God bless her. She stopped and said, "Aren't you Pat Van Dyke's daughter?" I swear, she knew everyone in the County. She also said, "You know, there are a lot of bear traps back in there." I was so scared and relieved, I wept...while eating some metaphorical pie.

Turns out I had stumbled out of the woods just up the lane from the little one-room schoolhouse that my Dad attended, grades 1 – 7. He rode there on his pony, Trixie, who munched on hay during the school day, that was donated by a local farmer.

As I grew up, it dawned on me that my valley was full of humble people who gladly received help. We gave each other rides home, vegetables when your garden didn't do so well, hay for any kid's Trixie, spring water when your well went dry.... That's how I learned it's harder to be a gracious receiver than it is to be a gracious giver. And life requires that we all learn how to graciously receive.

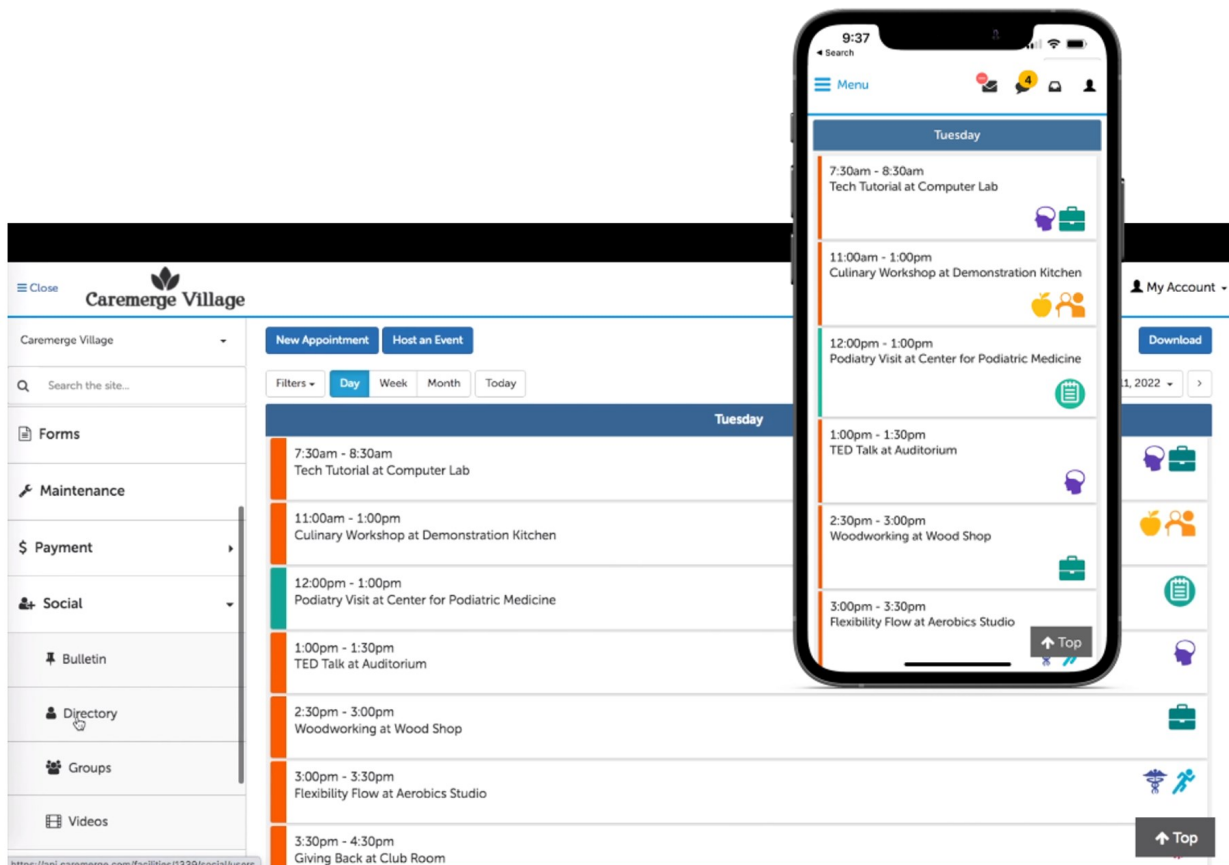
Ann M. Van Dyke is grateful for her serious farming roots and for the gracious and humble people who formed her. She is a retired civil rights investigator and trainer for PA state government. (5/23)



Attention New Residents or those looking for an ICON refresher!

There will be an in person training on our ICON Community Engagement Site and App on 9/26 at 10am in the Rife Center

Please contact Resident Life to sign up!



James Lee Burke: “Flags on the Bayou” In the fall of 1863, the Union army is in control of the Mississippi river. Much of Louisiana, including New Orleans and Baton Rouge, is occupied. The Confederate army is retreating toward Texas, and being replaced by Red Legs, irregulars commanded by a maniacal figure, and enslaved men and women are beginning to glimpse freedom. When Hannah Laveau, an enslaved woman working on the Lufkin plantation, is accused of murder, she goes on the run with Florence Milton, an abolitionist schoolteacher, dodging the local constable and the slave catchers that prowl the bayous. Wade Lufkin, haunted by what he observed—and did—as a surgeon on the battlefield, has returned to his uncle’s plantation to convalesce, where he becomes enraptured by Hannah. *Flags on the Bayou* is an engaging, action-packed narrative that includes a duel that ends in disaster, a brutal encounter with the local Union commander, repeated skirmishes with Confederate irregulars led by a diseased and probably deranged colonel, and a powerful story of love blossoming between an unlikely pair. As the story unfolds, it illuminates a past that reflects our present in sharp relief.

Anne George: “Murder Runs in the Family” Mary Alice has spared nothing for her only daughter's wedding -- from seventy-five yards of bridal train to gourmet food for over three hundred guests and enough glittering elegance to make Mary Alice think about finding herself a fourth rich husband to pay for it all. Practical Patricia Anne has put away her aunt-of-the-bride blue chiffon and settled back into domesticity when fun-loving Mary Alice calls to say they have a post-wedding date with a genealogist from the groom's side of the family. Lunch is a fascinating lesson on the hazards of finding dirty linens in ancestral boudoirs that ends abruptly when their guest scurries off with the local judge, leaving the sisters with their mouths open -- and finishing their luncheon companion's cheesecake -- when the police arrive. Their mysterious guest has taken a plunge from the ninth floor of the courthouse building -- an apparent suicide. But given the scandals a nosy genealogist might have uncovered, the sisters are betting that some proud Southern family is making sure their shameful secrets stay buried. . . along with anyone who tries to dig them up. This is #3 in Anne George’s *Southern Sisters Mysteries*.

Tom Brokaw: “Never Give Up” Tom’s father, Red, left school in the second grade to work in the family hotel—the Brokaw House, established in Bristol, South Dakota, by R. P. Brokaw in 1883. Eventually, through work on construction jobs, Red developed an exceptional talent for machines. Tom’s mother, Jean, was the daughter of a farmer who lost everything during the Great Depression. They met after a high school play, when Jean played the lead and Red fell in love with her from the audience. Although they didn’t have much money early in their marriage, especially once they had three boys at home, Red’s philosophy of “Never give up” served them well. His big break came after World War II, when he went to work for the Army Corps of Engineers building great dams across the Missouri River, magnificent structures like the Fort Randall and the Gavins Point dams. Late in life, Red surprised his family by recording his memories of the hard times of his early life, reflections that inspired this book.

Jenny Colgan: “500 Miles From You” What happens when two medical professionals-- ex Army medic from a village in the Scottish Highlands and an inner city nurse from inner-city London—switch jobs for three months and become unlikely pen pals? Lissa, is a nurse in a gritty, hectic London neighborhood. Always terribly competent and good at keeping it all together, she’s been suffering quietly with PTSD after helping to save the victim of a

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shocking crime. Her supervisor quietly arranges for Lissa to spend a few months doing a much less demanding job in the little town of Kirrinfeif in the Scottish Highlands, hoping that the change of scenery will help her heal. Lissa will be swapping places with Cormack, an Army veteran who's Kirrinfeif's easygoing nurse/paramedic/all-purpose medical man. Lissa's never experienced small-town life, and Cormack's never spent more than a day in a big city, but it seems like a swap that would do them both some good. In London, the gentle Cormack is a fish out of the water; in Kirrinfeif, the dynamic Lissa finds it hard to adjust to the quiet. But these two strangers are now in constant contact, taking over each other's patients, endlessly emailing about anything and everything. Lissa and Cormack discover a new depth of feeling...for their profession and for each other. But what will happen when Lissa and Cormack finally meet...?

Nora Roberts: "Identity" A thriller about one man's ice-cold malice, and one woman's fight to reclaim her life. Former Army brat Morgan Albright has finally planted roots in a friendly neighborhood near Baltimore. Her friend and roommate Nina helps her make the mortgage payments, as does Morgan's job as a bartender. But after she and Nina host their first dinner party—attended by Luke, the flirtatious IT guy who'd been chatting her up at the bar—her carefully built world is shattered. The back door glass is broken, cash and jewelry are missing, her car is gone, and Nina lies dead on the floor. Soon, a horrific truth emerges: It was Morgan who let the monster in. "Luke" is actually a cold-hearted con artist named Gavin who targets a particular type of woman, steals her assets and identity, and then commits his ultimate goal: murder. What the FBI tells Morgan is beyond chilling. Nina wasn't his type. Morgan is. Nina was simply in the wrong place at the wrong time. And Morgan's nightmare is just beginning. Soon she has no choice but to flee to her mother's home in Vermont. While she struggles to build something new, she meets another man, Miles Jameson. He isn't flashy or flirtatious, and his family business has deep roots in town. But Gavin is still out there hunting new victims, and he hasn't forgotten the one who got away.

Connie Scheil



Bethany Village is such a friendly place. I met so many people and I can't remember all their names. I am so thankful for the ones who help me feel welcome by wearing their name tags.

If you don't already have a plastic holder with a clip, call the Resident Life Office (717- 591-8071) .

Food for Thought

Dale Meadowcroft

Sometimes you read something and know that it is worth sharing. Such is this inspiration from an unknown source.

Once upon a time in a small Italian town, a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it better. She was tired of fighting and struggling all the time. It seemed like life was one problem after the next.

The next day her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot, and ground coffee beans in the third pot. He then let them to sit and boil, without saying a word to his daughter.

The daughter moaned and impatiently waited, wondering what he was doing.

After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed them in a bowl. Then he ladled the coffee out and placed it in a cup.

Turning to his daughter, he asked. 'What do you see?'

'Potatoes, eggs, and coffee,' she replied.

'Look closer,' he said, 'and touch the potatoes.' She did and noted that they were soft. He asked her to take an egg and break it; pulling off the shell, she observed the hard-boiled egg.

Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

'Father, what does this mean?' she asked. He explained that the potatoes, the eggs, and coffee beans had each faced the same adversity— the boiling water. However, each one reacted differently:

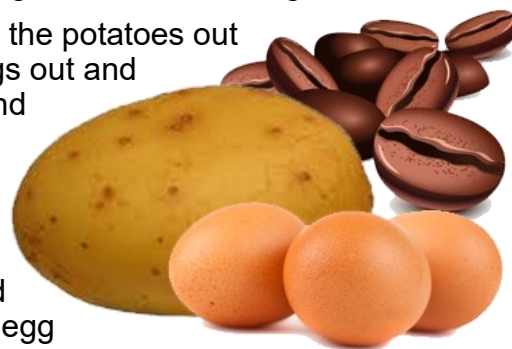
The potato went in strong, hard, and unrelenting, but the boiling water made it soft and weak.

The egg was fragile, with the thin outer shell protecting its liquid interior. But once placed in boiling water, the inside of the egg became hard.

However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new and wonderful.

'Which are you,' he asked his daughter. 'When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?'

When I retired, a colleague quipped, "Remember the hole you leave when you pull your finger from a bucket of water." I replied, "I prefer using a peppermint stick. Although the hole is gone, there is still a lingering taste to the water."



VENTURE LECTURE SERIES

Monte Avery

Thursday, September 21, 2023 – 7:00 p.m.

The Fall Series begins with Lindsey Lyons, Director of Sustainability Learning at Dickinson College. Her topic will be **A Path and Purpose to Sustainable Living: Dickinson College's Journey**. Come learn how one local college has chosen to focus on sustainability learning and action to create a pathway to become a national leader and a carbon neutral institution. Find out how **Bethany Village** residents could pursue actions to make a difference in their everyday lives and why this matters. Dickinson College has learned a lot about sustainability education through our campus and community projects and programs and will share lessons learned and ideas for a more sustainable future.



Lindsey Lyons is currently the Director of Sustainability Learning at Dickinson College's Center for Sustainability Education. She has received national attention for her leadership work to embed sustainability across the curriculum and into education abroad including presentations and workshops that connect sustainability, global learning and community engagement. In her tenure at Dickinson, Lindsey has overseen many initiatives that have helped Dickinson secure recognition as a #1 Sierra Magazine Cool School, Princeton Review Green Honor Roll institution and Gold Rating from AASHE. Before coming to Dickinson College in 2011, she developed natural resource and sustainability initiatives in higher education for Oregon State University and Wilson College. Lindsey understands that education is key to a sustainable future and enjoys working with others to make positive changes to create more sustainable living and learning options for everyone.



Two other lectures will be on Thursday, October 19, 2023, and Thursday, November 16, 2023. Information on those lectures will appear in the October and November editions of THE SCOOP.

The Venture Lectures are **NOT** broadcast on Channel 956. We hope you will join us for all of these lectures.

**9th ANNUAL ROCK A THON
THURSDAY, SEPTEMBER 21
11:00 AM- 4:00 PM
EAST AND WEST CAMPUS**

The Resident Life Office and The Associate Engagement committee are pleased to announce this year's Rockers. Below you will find each team, where they will be rocking, and what they will be selling or raffling.

**West Campus (skilled and assisted living)- Oak terrace,
Oaks outside porch, Martha's garden, MapleWood porch**

Rockin Royals-Oak Terrace Porch-under the pergola-Selling Sloppy Joe's, chips and a drink; Raffle basket

Rockaholics-Oak Terrace Porch-selling painted rocks and fall flower arrangements.

Model Railroad-Oak's garden/train, donations to be the "Conductor" of the train

Hot Potato Squad-Martha's Garden, gazebo, baked potato bar with toppings.

Suga Babies-MapleWood Front Porch-Selling baked treats; sand tarts, coconut cookies

Rock with Purpose- MapleWood Front Porch-Selling bracelets and chocolate dipped pretzels

The Rockettes-MapleWood Front Porch-selling chicken potpie

MapleWood Rocks-MapleWood front porch-selling hotdogs (with all the toppings), chips, and soda.

WEST CAMPUS-DOOR 1



Clinical Rockers-West Front Porch, Kraut and chili dogs, with a toppings bar; memory wall-purchase purple ribbon, gift basket raffle

STOP BY CLINIC TO BUY RAFFLE TICKETS AND PURPLE RIBBON BEFORE THE ROCK A THON

Resident Life and Wellness- West Front Porch, taking preorders for Fall Mums, delivery the day of the Rock a thon, raffle basket

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Therapy Rockers-West front porch-plant sale, dish scrubbies, rainbow bracelets, bake/snack sale

EAST CAMPUS-Bistro and Breezeway

Fabulous Foundation-Bistro-Brain health food and massages

Smokey Pig and the Sweet Treats-Bistro-selling Conrad's smoked pulled pork sandwiches, coleslaw and baked goods.

Needlecraft/Arts-East Breezeway-handmade items from the knitting, crocheting and craft groups, dish scrubbies and a quilt raffle.

Woodshop-Bistro, selling handmade wooden items, bowls, plates, birdhouses

Rockin Readers-East Breezeway, selling R&K subs, preorder pick up the day of the Rockathon

Center Rockers-East Breezeway, taking preorders for cake rolls and braided pastries

LET'S GET READY TO ROCK!!!!!!!!!!

A Garden Walk

Anna Johnston

It's September and my garden has suffered from high temperatures and not enough watering. I don't like the heat. The weeds flourished. "Volunteer" squash and pumpkins are taking up a surprising amount of space and are thriving next to our composter. Those with tomato plants are busy sharing. The time for dividing some perennials is in the Fall, but I don't want to if the thermometer is in the 90's. It is always time to visit our Community Garden on the East Campus and the Healing Garden on the West Campus at Skilled Nursing. Check out the Joe Pye Weed near the Healing Garden's front entrance. It's hard to miss since it is 8-10 feet tall. It's a native and attracts bees and butterflies.

The Fall Equinox is September 23rd. Seasons are changing, but in unexpected ways.

What is new or happily familiar that you see and hear when you take your Garden Walk?

Look, Listen, Exercise, and Enjoy!



Bethany Village Dining Opportunities (BVDO)

Ray Saunders

What is BVDO? Simply stated, it is a dining and social plan that provides residents with opportunities to dine in three very distinct environments, to meet neighbors or to receive meals in their individual residence while providing financial savings. The voluntary meal plan of BVDO consists of six levels of participation with varying discounts:

- \$ 75 per month, 5% discount, savings \$3.75-month, \$45 annually
- \$100 per month, 7% discount, savings \$7.00-month, \$84 annually
- \$125 per month, 10% discount, savings \$12.50-month, \$150 annually
- \$150 per month, 15% discount, savings \$22.50-month, \$270 annually
- \$200 per month, 15% discount, savings \$30.00-month, \$360 annually
- \$250 per month, 15% discount, savings \$37.50-month, \$450 annually

The meal plan of the BVDO is voluntary. Enrollment is effective the first day of the month, but you can request participation any time. Forms are available at east and west front desks or you may request enrollment in the finance office on the east campus. . This is a declining balance plan. It provides a discount on each purchase and your receipt shows remaining funds available. Unused funds are forfeited at the end of the month. Enrollment can be changed or terminated at any time and is effective at the beginning of any month.

Each resident should review their plans to use the various Bethany Village dining facilities and determine which participation level could best provide for their dining needs.

For all of us life will change, needs will change and take on a different meaning. Through all these stages of life, dining and socialization are of the utmost importance. We have attractive and appealing dining options. This could include participating in the voluntary meal plan, occasionally visiting one or more of the dining venues, or if necessary, using meal delivery to our residence.

If you have not participated recently, do so. You may be pleasantly surprised. Springfield's, Collegiate Café, the Bistro and meal delivery are awaiting.



Participate! Enjoy! Save!

Mini Park Update

Barb Bankard

The mini park project on the East campus is making progress. The new park bench has arrived and should be placed soon. Two picnic tables have been ordered, and umbrellas have been purchased to provide shade.

Joyce Kieffer and Carol Steffy created three beautiful flowering planters, which have been placed. They add much needed color to the area, and a number of neighbors have commented on them.



Posters have been placed on both the East and West campuses.

Progress will continue to be made as funds are raised. Because this project is resident funded, there are multiple ways you can support it. Some of these are listed below. Contact Jacob Kanagy in the Foundation Office to financially support this plan. Currently, over \$9000 has been raised. The Ecology Team has donated \$2000 to the fund, and it is anticipated that other donations will be forthcoming.

Concept Drawing of Park

Contact any of the committee members with questions, or to volunteer.

Barb Bankard, Margee Kooistra,
Joyce Kieffer, Carol Steffy, Anne
Irvin





Evening Campfire Cookout



Date: Monday, September 18th

Time: 5:00-6:00PM

Where: Martha's Garden

Cost: \$15.00 (cash or check*)



Finish the summer season with an **Evening Campfire Cookout**

The picnic menu will have all your favorite fare items, including hot dogs, hamburgers with all the toppings and sides, Beverages and to finish off with S'mores.

You may sign up on Icon or in the Resident Life Office.

* Checks must be made payable to Bethany Village

**Payment must be made at the
Resident Life Office!!!**

Music feeds the Soul



In the words of Arthur Schopenhauer, "music is the food of the soul". Music has a myriad of advantages for the mind, body, and of course, the soul. Music can bring back memories. It can enhance the mood you are in: sad music makes sadness stronger, and cheerful music can cheer you up, even get you dancing or singing along. Meditative music calms you down.

Over the year I have been here, Bethany Village has had a number of lovely concerts from high-level (community) groups in the Rife Center, to smaller music performances in The Oaks and MapleWood. Right now, it is time to sign up for the bus to the Harrisburg Symphony, a group of professional musicians well worth listening to.

Then there are the Market Square Concerts: this Award-Winning organization brings a variety of world-renowned chamber music groups to Harrisburg. I heard the Escher String Quartet in the Temple Ohev Sholom in July and they were breathtakingly fabulous. I know, because I played many a quartet in my career. Unfortunately, the BV bus cannot get to some of those venues, but check them out: marketsquareconcerts.org. Call me if you want a ride to one of their concerts.

Since Bob Lamb retired, we are now without an Instrumental Ensemble at BV. Thanks to Dick Neff (Bluegrass) and Susan Stiller (Classical) we still bring music to those who can no longer go out (Oaks and MapleWood, and Rife Center too). If you play an instrument, contact me and we'll see if we can put some enjoyable music together for BV residents. The appreciation you get is priceless!

Lisa de Vries (violinist) 540 556 3121

Help the AUXILIARY Raise \$1,500.

Phyllis Kegerreis

The Auxiliary is selling passes for the Boscov's "Friends Helping Friends" event on October 18th. Be a Friend By Helping a Friend. The cost is \$5 which all goes to the Auxiliary. You get 25% off most items in the store. We have 300 passes to sell. If you help us by purchasing them, we will have raised \$1,500. You can sign up to ride the shuttle to Boscov's on the September trip list. Passes can be purchased in the Gift Shop. You also can see any Auxiliary Board member or contact Phyllis Kegerreis at 717- 697-1562. If I'm not home, leave a message and I will get back to you. We will also have times at both East and West in the lobbies. These dates will be put in your mailboxes the last week in September. It will also be a reminder for you.



The Auxiliary Board will meet at 9:30 AM on Wednesday, September 6. The meeting will be held in the East Conference Room. You are welcome to attend and see how we operate. We look forward to seeing you!

The Bethany Readers

Barbara Bankard

A Women's Book Club

The Bethany Readers welcomes all women of Bethany Village and Bethany Towers to our monthly book discussion.

The group will meet on **Friday, September 8 at 10:00 am in the West Commons Room.** ****Please note the change in location**.** Our selection this month is *The Book Woman's Daughter* by Kim Michele Richardson. Melissa Stock will facilitate the discussion.

We only have 2 more books to read and discuss for 2023. The Bethany Village library has one copy of each book. If you borrow one of these books, be sure to return it as soon as you are finished, so others can borrow it.

Please begin to send suggestions for 2024 to Barb Bankard. There are a lot of good books out there! Book selections will be made in November.

To be added to the email list, contact Barb Bankard at bbankard@comcast.net or 410-236-7520.

Hope to see you there!

Tuesday, October 10, *The Blue Orchard* by Jackson Taylor led by Jane Tracey

Friday, November 10, *Lillian Fishbox Takes a Walk* by Kathleen Rooney, led by Micki McCoy

Tuesday, December 12 , Facilitators for 2024 and Annual PARTY



Birthday Wishes



Listed below are our neighbors who are celebrating birthdays this month. Reach out to them on their special day (and other days, too).

Names in CAPITAL LETTERS are 100+

- | | | | |
|------|--------------------|------|-------------------|
| 9/1 | Christian Hipp | 9/16 | Patrick Dougherty |
| | Ellie Meadowcroft | | Shirley Kerr |
| | Dennis Plymette | | Sandy Wright |
| | GEORGE SCHEUERMAN | 9/17 | REGINA GAUMER |
| | Carol Steffy | | David Weiss |
| 9/2 | Romaine Boyanowski | 9/18 | George Carpenter |
| | Virginia Leber | | BOB RHODES |
| | Daniel Seitz | 9/19 | Herb Sollenberger |
| | Janet Shank | 9/20 | Doris Killick |
| 9/3 | Ray Schott | | Donald McCoy |
| 9/4 | Sandy Leyder | 9/21 | I.S. Eberly |
| 9/5 | Patsy Ambrose | 9/22 | David Clovsky |
| 9/7 | Nina McElwain | | Cynthia Lindsay |
| 9/8 | Penny Bair | | Joan Mackey |
| | Anne Irvin | 9/24 | Sharon Arnold |
| 9/9 | Mary Jane Erby | 9/25 | Barbara Nicholas |
| 9/10 | Dean Burling | 9/26 | Curt Bonser |
| | Linda Kelley | | Katie Long |
| 9/11 | Dick Landry | 9/27 | Frank Rajnik |
| 9/12 | Gordon Arnold | | Chris Slatick |
| | Donna Gutshall | 9/28 | Alice Huffman |
| | Margee Kooistra | 9/29 | Suzanne Gilbert |
| 9/13 | Sue Walker | | Kitty Markley |
| 9/15 | Jim Campbell | | Fay Shiflett |
| | Marlin McLaughlin | | Henry Taitt |
| | Chip Savidge | 9/30 | Sue Reisinger |

Economic and Market Perspectives

By The Numbers



2.7%
Global economic growth is projected to slow to 2.7% in 2023, reflecting ongoing drag from more restrictive monetary policy and tighter credit conditions.



3.5%
 The unemployment rate has dipped to 3.5%. Low unemployment has put pressure on wages as employers compete for scarce workers. However, employment growth has fallen below 200,000 two months in a row for the first time since the onset of the pandemic in 2020.



2.4%
 The U.S. economy grew at a 2.4% annual pace in the second quarter, propelled by steady consumer spending and a rebound in business investment.



0.2%
Sales at retailers rose a tepid 0.2% in June, reflecting a continued shift in consumer spending habits towards services and signaling softness in some parts of the U.S. economy.



4.7%
Core inflation which excludes more volatile categories such as food and energy rose 4.7% over the past 12 months. This was the lowest reading since mid-2022 but remains well above the Federal Reserve's 2% inflation target.



86%
 The probability of the Federal Reserve holding the federal funds target rate steady at the next FOMC meeting in September is currently priced into the market at 86% as of August 8th, 2023.



71.6
 The consumer sentiment survey climbed to a 22-month high of 71.6 in July as worry over a recession eased due to a slowdown in inflation and a robust job market.



76%
 The top 10 largest companies in the S&P 500 have contributed approximately 76% of the total return of the S&P 500 year to date. The top 10 are Apple, Microsoft, Amazon, Nvidia, Alphabet (counting both share classes as a single company), Berkshire Hathaway, Meta, UnitedHealth, ExxonMobil and Tesla. The S&P 500 is up just over 16% year to date as of August 4th.



8%
Construction on new homes fell 8% in June, as U.S. homebuilders sharply slowed down starting construction on new single-family homes.



Sources: The Conference Board, U.S. Bureau of Labor Statistics, U.S. Bureau of Economic Analysis, S&P Global, University of Michigan, U.S. Census Bureau, Macrobond, and FactSet.

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PARCR will be learning more about CCRC industry issues

Lowell Starling

Do you want to keep informed on what is happening in the CCRC industry and understand the challenges and potential solutions being evaluated? Then attend PARCR's October Quarterly meeting which will be back at Garden Spot Villages in New Holland the morning of October 11, 2023. We will have two speakers for the keynote presentation addressing the challenges facing the CCRC industry and some potential solutions to solve them. The speakers are Asbury Community's Division President Todd Andrews and Steve Jeffry of the Colligo Group consortium of six CCRCs. Both of them have significant experience in the senior living industry and will share their insights.

As always, we will also hear from Dan Seegar on what is happening on the national front and LeadingAge PA on legislative and regulatory matters in Pennsylvania. This is also an opportunity to see another CCRC campus if you haven't been to Garden Spot, and a great networking opportunity to meet and exchange experiences with residents from some 30 other CCRCs.

You do not have to be a PARCR member to attend the in-person meetings. However, as always, PARCR individual memberships are only \$20 a year and you can find the registration materials at PARCR.ORG. For the \$20 you get access to all the legislative and regulatory information published by PARCR in conjunction with LeadingAge PA, and the PARCR Post newsletter. You also get front row seating at the Quarterly Meetings ☐

Official Websites:

PARCR – PARCR.ORG

(Pennsylvania Alliance of Retirement Community Residents)

LeadingAge PA – leadingagepa.org

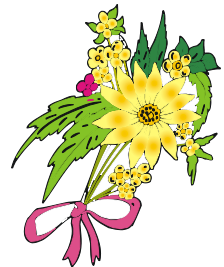
NaCCRA – naccra.com (National Continuing Care Residents Association)

Bereavement Notifications

Nancy McIntosh 8-7-23

Natalie King 8-16-23

Marion Russell 8-21-23



Please Welcome our New Residents to Bethany Village

Amanda Price



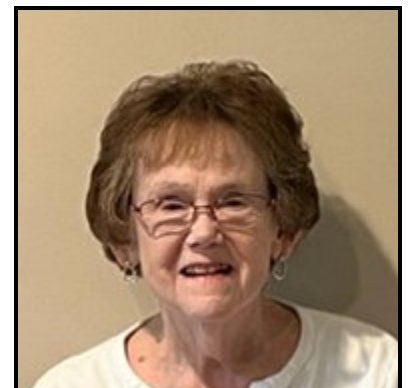
Christopher and Sharon Dougherty have moved into Court Apartment 3216. Their phone number is 571-266-9715. They moved to Bethany from Dumfries, Virginia. Sharon grew up in Bedford County, Pa. The oldest of seven children, she spent her working career with the Federal Government at the Pentagon in the Office of the Surgeon General. Sharon finished her career at the WWII Memorial Office. She enjoys reading, flowers and birding. Christopher was born in Brooklyn, NY and has four siblings. He worked for the

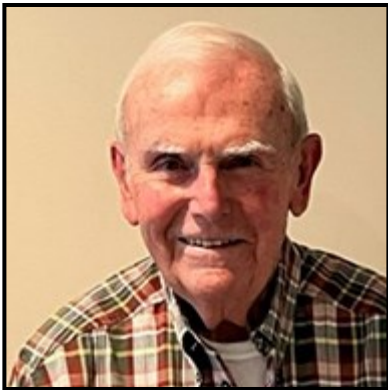
Virginia Department of Transportation. He always enjoyed the outdoors, especially fishing and boating. Christopher in the past loved welding and metal working. They are both excited to be here and meet new people.



Richard and Suzanne Klinedinst are new residents of Bethany Village West 4114 and their phone number is 717-649-9670. Richard grew up in Mechanicsburg and Suzanne in Palmyra. In 1958, they began to attend Lebanon Valley College in the music department. They started dating at the end of their first year and were married before their senior year. Richard's degree led him to directing middle school bands and teaching private woodwind lessons. He directed handbell choirs at Messiah University and at the churches they attended. Suzanne became a church musician and directed choirs and played the organ in various churches for 59

years. Richard earned his PhD in instrumental music education and Suzanne earned her master's degree in organ performance. They have three children, four grandchildren and a great granddaughter. Richard and Suzanne are lovers of ex racing greyhounds and had four of them. Richard still leads woodwind ensembles. Both hope they can find other instrumentalists and vocalists here at BV for making music. They will celebrate their 62nd wedding anniversary in September.





Dean and Claire Burling have moved into West Apartment 2137. Their phone number is 717-591-8737. They moved here from Morristown, NJ. They are happy to be much closer to their daughters and grandchildren who are local to Camp Hill.

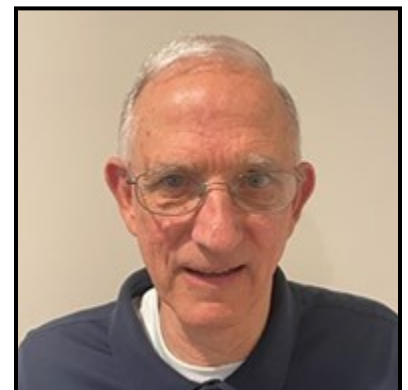


Eleanor Weigle moved into East Cottage 302 Her phone number is 717-761-4122. Eleanor moved here from Camp Hill, Pa. She likes to travel and spend time with her daughter. Eleanor has some connections here at Bethany already and is happy to be getting settled in.



Margaret Hurtt moved into West Apartment 1140. Her phone number is Cell 717-458-7693 and Home 717-458-8544. She moved here from Arlington, VA. Her mother moved as well and resides in AL. She was a Budget Analyst for many years. Margaret is glad to be getting her mother and herself settled here at Bethany!

Mike Simmers moved into West Apartment 3143. His phone number is 717-645-1364. He is moving from Mechanicsburg, Pa. He is a retired Pennsylvania State Police Trooper. Mike likes cooking, reading, walking and antiques!





The SCUTTLEBUTT Bulletin Board

🎹 HELLO, MUSIC LOVERS! 🎹

The Harrisburg Symphony Society is in the annual process of recruiting new members. This well-established and productive group represents “organization at its best” and is truly the wind beneath the wings of the Harrisburg Symphony Orchestra, so loved by many Bethany Village residents. The yearly dues are \$35 for singles and \$50 for couples. Help keep the HSO humming along by sending your checks to the Society offices at 800 Corporate Circle, Suite 101, Harrisburg, PA 17110. Both Sandy Henry and Lee Griffiths are known to be members and can speak enthusiastically as to the enjoyment and honor of membership!

THE SCUTTLEBUTT is a community bulletin board for announcements or communicating with our resident community. Included could be want ads, a brief thought to share, or thoughts for a new activity. If you would like your thoughts or ideas to fill this space, send them to dale.meadowcroft@gmail.com

Items of appropriate content, good for our community will be reviewed and published.