

The Scoop

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ASBURY
BETHANY
VILLAGE
Anticipate More



From the Executive Director...

Brian Grundusky



Hello to all residents and associates! Wishing you all the best as we move into the beautiful fall season. I want to provide all the residents and associates an administrative update in the following areas:

Financial Update: Bethany did meet the Operating Ratio (OR) for July as the OR came in at 84.3% compared to a budgeted OR of 91.5%. This is a 7.2% positive variance. The primary reason for this variance was due to being under in expenses (\$137,471) for the month (Salary/Employee Benefits and General/ADM) and being over in revenue (\$90,774) .. Even though we were under in total expenses, we did see negative variances in contract labor (\$83,209) and software (\$2,431). We are now exceeding YTD OR by 9.8%. The managers will continue to look at areas that we can be more efficient while maximizing all revenue opportunities.

Staffing: We are still facing staffing challenges at BV. We continue to have shortages in Housekeeping, Laundry, and Dining. We are creative to ensure that we are doing all that we can to attract and retain our staff and do appreciate your ongoing patience and support during these challenging times. We will continue to do all that we can to ensure that we meet the needs in these areas.

Occupancy: (as of 8/18/2025): Overall, occupancy is currently at 95.05% compared to a budget of 95.54% This is a (0.49%) negative variance. In Residential Living (94.47%), we currently have 2 West Apartments, 1 West Cottage (Estate Home), 1 Center apartment and 9 Court Apartments available. We are 97.1% (YTD) occupied in MapleWood AL and 95.57% in the Oaks SNF. We have extended the current incentive plan for the Court Apartments and will be working with our marketing team to develop other methods to fill these openings. Residential Living and Skilled Nursing are still below budget, but we anticipate those two areas to continue to trend in the right direction moving forward.

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Bethany Village
325 Wesley Drive
Mechanicsburg, Pa 17055

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Phase 3 Update: The construction for Phase 3 started on 6/16/25. As of 8/18/25, 85% of the demolition phase has been completed. The BV team continues to meet with the construction and architect on a bi-weekly basis for status updates. The Foundation will be coordinating fundraising efforts moving forward as we still need to generate \$1.8 million in funds through the Foundation. We still anticipate this project to be completed within 10-12 months.

Dining Update: We have been having challenges with the current dining program (specifically in AL and SNF). The BV team will continue to work with Aramark to ensure we are doing all that we can to work through these current issues. We recently hired a new Executive Chef. His name is Jon Ritt, and he hit the ground running. Jon brings passion and energy to the team, and we are looking forward to what Jon is going to bring to the community. We are still trying to fill the vacant GM role and there are several candidates that we are interviewing to ensure we can hire the right person. We also have 5 open dietary aide positions. This is a major priority for the community, and we will work on these issues to get us to a new level when it comes to our dining programs at Bethany Village.

ICE and Federal/State Inquiry Policy/Process: I recently had a resident Coffee and I had residents asking if we had a policy/process in place for any type of federal/state inquiry. I want to alert the residents that we do have a community/system wide policy and process that we would follow if we were encountered with this situation. If a resident is in a situation where they need any type of assistance in this area, we ask that the resident refer the agency to our front desk. Once the situation has been identified, BV does have a process that we follow to ensure the safety and overall wellbeing of all residents and associates. If any resident has any questions about this process, they can reach out to me at any time.

Bethany Village Auxiliary

Phyllis Kegerreis

Fall is almost here and it's time to get back in the swing of things. Every year Boscov's sponsors "Friends Helping Friends " to help not for profit organizations. The Bethany Village Auxiliary sells the passes as our fall fund raiser. This year, the date for this event is October 22nd. The cost of the passes is \$5. This entitles you to 25% off just about everything in the store on that day. This is a win-win event- for the store, for the Auxiliary and for you. We will be selling the passes beginning in September. If you want a pass, please contact Phyllis Kegerreis at 717-697-1562 or Corinne Kostukovich at 717-697-1725 for passes. There will be a schedule set up for sales on East and West at the end of September so watch your TV for dates. The Auxiliary really appreciates your support. I neglected to mention that we get to keep the money for the passes. All the money we raise is spent helping our residents in Maplewood and The Oaks. Over the years we have provided many special items.

We will be having our Board meetings the first Wednesday of the month at 9:30 am in the East Conference Room and you are welcome to attend. Come and see how we operate.

Enjoy the beautiful autumn weather. Hopefully we will have lots of sunshine.



Mary Jane Paluska: A Life Well Lived

Jeanne Zody

Mary Jane Paluska was born on May 17, 1939, beginning a remarkable journey that would span over eight decades of love, loss, resilience, and adventure. Growing up in Dayton, Ohio, she received her education locally, including attending business school, which would later prove valuable in her professional life.

Her life took a pivotal turn when she began working at Wright Patterson Air Force Base, where she met Frank Paluska. Frank, originally from Aurora, Illinois, was a Notre Dame University graduate. The couple married in Dayton on October 10, 1959.

Soon after their marriage, Mary Jane and Frank began building their family. Their journey as parents included both joy and heartbreak—they welcomed their daughter Anne, who remains single and lives in Mechanicsburg today, but they also experienced the profound loss of a premature child who died at birth. Around the time they relocated to St. Louis, Missouri, they expanded their family through adoption, welcoming their son Joe, who now lives in San Francisco with his two children. Tragically, the family would later face another devastating loss when another daughter passed away at age 45 in Dayton.

The move to St. Louis brought new experiences for the family. Mary Jane and Frank were among the first visitors to ascend the famous Gateway Arch. Frank worked in St. Louis as a civilian army employee. Eventually, they moved to Mechanicsburg where Frank was hired as the youngest GS-15 civilian employee with the Fleet Material Support Office (FMSO). During this period, Mary Jane embraced her role as a stay-at-home mother while their children attended school.

As Mary Jane navigated her roles as wife and mother, she began experiencing hearing difficulties—a hereditary condition she had inherited from her mother. Despite facing this challenge at a relatively young age, she demonstrated remarkable resilience and adaptability. After dedicating approximately eleven years to full-time motherhood, Mary Jane entered the workforce at Rite Aid Corporation, where she began by sorting coupons from branch pharmacies. Her dedication and work ethic led to various positions within the company, ultimately resulting in a twenty-year career with Rite Aid.

When Frank retired in 1999, the couple embraced their golden years with enthusiasm and adventure. They developed a love for swimming at the West Shore YMCA and discovered a passion for cruising. In 2012, Mary Jane and Frank moved to Bethany Village, where they settled into their East Cottage. They were active participants at Elizabeth Ann Seton Church and particularly enjoyed the bus trips sponsored by their parish. Frank moved to the Oaks facility in 2015 and subsequently passed away.

Determined to maintain her quality of life despite her hearing challenges, Mary Jane underwent a cochlear implant procedure at Johns Hopkins Hospital. This medical intervention proved to be transformative, significantly improving her hearing and enabling her to remain engaged with her community and loved ones.

Even in her eighties, Mary Jane continues to embrace adventure. Just a year ago, she embarked on a trip to Portugal, though the journey proved challenging when she fell after only one day. Remarkably, she escaped without breaking any bones—a testament to both her good fortune and physical resilience. Her recovery and positive attitude about the experience exemplify the strength of character that has carried her through life's ups and downs. Her life reminds us that resilience, love, and a positive outlook can carry us through whatever challenges we may face.

PARCR News

Lowell Starling

PARCR hears from the Pennsylvania government about the Department of Aging's "Aging our Way" initiative.

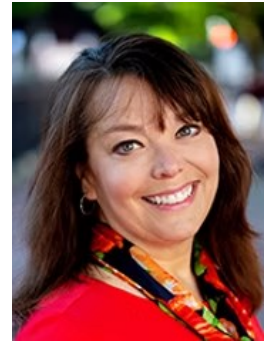
Coming Next:

October 8, 2025, PARCR Quarterly Meeting: The October meeting will return to the scenic and massive Masonic Village campus in Elizabethtown. Governor Josh Shapiro has been invited to speak on the status of the Aging Our Way PA initiative. If he is not available, a representative of the PA Department of Aging will update us. As usual, we will hear from LeadingAge PA and NaCCRA as well as learn more about Masonic Village and have an opportunity to tour the campus.



Farther Out:

January 14, 2026, PARCR Quarterly Meeting: The January meeting will be back at Bethany Village. The keynote speaker will be Lori Dierolf, President, Open Door Training and Development who is an expert on cognitive issues. Her topic will be "Is it Dementia or Old Age?" As a teaser, if you can't find your car keys, that is aging, but if you find your car keys but don't know what to do with them, that's dementia. As usual we will also hear from LeadingAge PA and NaCCRA about their initiatives.



PARCR purchases new AV technology: To address the challenges of running large hybrid meetings at different member communities, PARCR is investing in a new set of Audio/Visual equipment which PARCR can run independently or in synchronization with the AV equipment at the host community. This should alleviate the challenges in recent meetings, particularly for those who attended remotely. It also provides a platform for growth as PARCR seeks more members to increase its influence with legislators and regulators.

Committed to Improving PA Senior Lives



Through Resident Involvement

Bethany Village Model Railroad Club

Where is this Train Bound?

Come all you rounders if you want to hear
The story of a brave engineer.
Casey Jones was the rounder's name.
On the Illinois Central, boys, he won his fame.

The caller called Casey at half past four.
The foreman met him at the roundhouse door;
He said "Joe Lewis can't make his run,
So you'll have to catch up on the Cannonball Run."

Chorus:
Casey Jones---climbed into the cabin,
Casey Jones---orders in his hand,
Casey Jones---lookin' out the window,
Taking a trip to the promis'd land.

Do you know what happened to Casey and his passengers?

The Garden Trains located in Martha's Garden between the Oaks and Maplewood are scheduled to run Wednesdays and Saturdays from 10:30 to 11:30am, weather permitting, until the end of September. **On September 18 we will have a special run to support Bethany Village's Rockathon to support the Alzheimer's Association. However, we will not emulate Casey!**

If you like Railroad songs, look for news about our annual Night Train Run where we will run the trains, play sing along railroad songs, and provide refreshments to the audience.



If you have any interest in joining us in being a blessing to the residents of Bethany Village, we can use all kinds of skills to build, operate, and host the operations of our trains. Contact Membership Director Ed Ravizza (208-249-4986) or President Jim Wilt (717 648-5175) for information. You can also see more details on our web site: <https://bvmrrc.bvrescoun.org/>



Food for Thought

Dale Meadowcroft

There is beauty in the broken.

Kintsugi is a Japanese philosophy and art form that emphasizes the beauty of imperfection and resilience, particularly in the context of mending broken objects with gold. It teaches that scars and flaws can be sources of strength and beauty, rather than weaknesses to be hidden or ignored.



“The story of kintsugi—this style of pottery—may be the most perfect embodiment of all our trauma-shattered lives... Instead of throwing away the broken beloved pottery, we’ll fix it in a way that doesn’t pretend it hasn’t been broken but honors the breaking—and more so, the surviving—by highlighting those repaired seams with gold lacquer. Now the object is functional once again and dignified, not discarded. It’s stronger and even more valuable because of its reinforced, golden scars.”

Adversity, whether born from disability, a prolonged sickness, or the profound loss of a loved one, is a crucible where the human spirit is both refined and revealed. Much like metal tempered in fire, our hardships transform us, revealing depths of resilience, compassion, and strength previously hidden. In these challenging times, we discover that beauty often lies in the scars we bear and the wisdom gained from those very struggles.

Consider the remarkable journey of Helen Keller—a luminous example of turning adversity into triumph. Despite losing sight and hearing at a very young age due to illness, Keller’s inner fire propelled her to learn to communicate, to educate, and ultimately to inspire millions around the world. Her life stands as a testament to how limitations imposed by the external world can ignite an inexhaustible inner strength, reshaping what was once seen as a disadvantage into a beacon of possibility and hope.

Rather than trying to hide the damage, kintsugi highlights the repair. The imperfections are what make it beautiful and valuable. A broken piece that is put back together has more of a story, seems more authentic and real, is stronger and more resilient than something that has stayed pristine. The breaking of what once was, the layered and time-consuming process of putting it back together, the mending it with gold, all contribute to its value. And surprisingly, it becomes more resilient than it was before.

Kintsugi suggests that through mending and healing, we can emerge stronger and more beautiful than before. It encourages us to accept our imperfections and flaws, both in ourselves and in others, and embrace the process of healing and renewal.

The beauty of overcoming such profound challenges is evident in the way our lives become enriched with empathy and understanding. Each trial faced—whether the isolation of sickness or the grief following a loss—unlocks a deeper capacity to connect with others, to perceive life with a heightened sense of gratitude, and to grow in ways that cannot be measured by conventional success.

Ultimately, our individual stories of overcoming shape not just our own lives but also inspire those who are watching our journey. We are all, in some measure, being tempered by fire. Like Helen Keller, whose legacy endures as an emblem of courage and empathy, we find that every challenge endured brings with it the promise of renewed strength and a more profound understanding of what it means to truly live.

A GARDEN WALK

Anna & Sara Johnston

TICKS! A favorite newspaper heading: “ Pull up your socks!”

Even better, tuck your pant-legs into your socks when venturing out to garden or walk along trails. It's important to stay in the middle of prepared paths where you won't come into direct contact with tall grasses or could rub against shrubs and branches in more wooded areas.

Wear something long-sleeved and possibly a hat. You want to be covered up as much as possible. Blacklegged ticks, or deer ticks, are the biggest carriers of Lyme disease and other co-infections.

If you find a tick on you, remove it immediately and carefully, pulling it straight out from its head, and then clean area with soap & water or rubbing alcohol. Place the removed tick in a Ziplock bag with an alcohol-dipped cotton ball.

This will help with preservation so you can later identify it with either your doctor or an extension lab. Ticks don't attach right away, so you may be able to wash them off by showering following your time outside. It generally takes 24 hours from when the tick bites and when it transmits Lyme disease, so stay vigilant.

Some of you may know someone who had undiagnosed Lyme disease and suffered the consequences. If you develop a “bulls-eye rash” with body aches or a low fever, check in with your doctor because you want to address it early.

So, enjoy the great outdoors, just be safe about it. And with cooler evenings it IS time to get out and enjoy the work of our fellow gardeners and see what is thriving (besides weeds) with our new weather conditions.

For more information contact PALyme.org



TRANSMISSION

Lyme disease is transmitted mostly by the nymphal deer tick. At this stage, the ticks are the size of a period at the end of a sentence. Many people are not aware when they've been bitten by a tick and may not make a connection

ROCK-A-THON

SEPTEMBER 18 2025

Rockin' Readers Sub and Pretzel Sandwich Fundraiser

The Bethany Village Library is now accepting orders for the Alzheimer's Fund raiser.

R & K Subs are \$8.00

R & K Pretzel Sandwiches are \$7.00

Checks to be made payable to BETHANY VILLAGE

Orders should be dropped off in the Library or the Resident Life office, by September 5.

Pickup day of Rock-a-thon, September 18

West 11:00-12:00, door 62

East 11:00-2:00, breezeway

SUBS-\$8.00

Turkey Sub \$8.00 _____

Italian Sub \$8.00 _____

Ham Sub \$8.00 _____

Total. _____

PRETZEL SANDWICHES-\$7.00

Ham \$7.00 _____

Be Part of the Transformation—

Dear Bethany Village Resident,

Imagine stepping into a vibrant, modern hub right here in our community—a place where neighbors meet for coffee and conversation, enjoy a soothing massage after a busy morning, work out with friends, and browse for ideas in the gift shop. This vision is closer than you think, and with your support, Phase 3 will bring it to life!

Phase 3 is more than a renovation—it's a reimagining of our aging building into the heart of Bethany Village. With exciting plans to introduce a beautiful new library, a convenient bank, a welcoming salon and spa, gift shop, a lively game room, a state-of-the-art fitness center, and expanded facilities for our Residents' Council fair, this project delivers solutions you've been waiting for:

Meaningful spaces for connection and wellness: No more traveling far for essential services—a bank, salon, spa, and fitness room will be just steps away from your front door.

A renewed sense of community: The new game room and expanded fair facilities offer fresh opportunities for engagement, recreation, and celebration with neighbors.

A lasting impact: Supporting Phase 3 means investing directly in a better quality of life, ensuring our beloved community remains vibrant and inviting for years to come.

But none of this can happen without **your involvement**. The fundraising for Phase 3 is already underway, and now is the perfect moment to make a difference. By joining this effort, you can help turn an aging building into a destination your family and friends will cherish.

Ready to be part of Bethany Village's next chapter?

Contact Jacob Kanagy today to learn how you can support Phase 3. Let's work together to build the future you deserve—right at home.

With appreciation,

The Bethany Village Phase 3 Team

Call or email Jacob Kanagy in the Foundation Office, jkanagy@asbury.org, or 717-591-8019 and take the first step toward a better Bethany Village!

Elections Are Coming

Joan Bretz, Nominations and Elections Committee Chair

The Residential Living Residents' Council serves as a liaison between the Bethany Village Administration and its residents. It also carries out fundraising activities such as the furniture and house wares sales that support many activities at Bethany Village, including the library, the train club and chorus music. The Council consists of 17 elected representatives from the different residential living areas - East and West Cottages, West Apartments, East Center and Court Apartments. The number of representatives allotted is based on the number of residential units in each area. Half of those representatives are elected each year for two-year terms that begin in January following election..

Shortly after Labor Day each living unit will receive a nomination form . Start now to think about whom you might want to see working for you. Talk with your neighbors to see if they would like to serve as a member of the Council. Think about who else you might know who would a good representative. Think about whether you would like to serve as a member of the Council - you may nominate yourself. There are monthly meetings and many committees to which you can volunteer your services and time. However, in general the work involved is not too onerous.

Be the first to learn from Brian Grundusky what is happening here at Bethany Village, Help your fellow residents address problems and recommend solutions. Volunteer for the many opportunities the Council offers.

When the nomination form arrives, please nominate one or more residents. But please verify that any such nominee is willing to serve if elected. When the nominations have been collected, a ballot will be distributed for the final selection of your representatives. If you have questions or would like more information about the Residential Living Residents' Council role here at Bethany Village, please contact one of your current representatives.



Power Outages

We are extremely fortunate to have back-up diesel generators on both the East and West Campus and have not had to utilize them too often over the years. Nonetheless, power grid failures or weather events have interrupted the electricity delivery to us on more than a few occasions. Thanks to emergency preparations and responses by a cracker-jack team of associates, we can often recover from these events with only minor inconveniences.

However, we have come to realize that our back-up generators only cover certain areas here at Bethany and we need to make other accommodations especially for those of you who live in the East and West apartments and cottages. While we cannot always keep your ice cream from melting or promise uninterrupted viewing of your favorite TV program, we can offer safety and security during these outages.

One method of preparing is by gaining knowledge of who relies on electricity to power necessary medical equipment for daily living. Examples of these would include Peritoneal Dialysis, Electric recliner chairs that you depend on for transfers, Oxygen concentrators, and other respiratory treatments that you must plug into an outlet to operate (such as C-Pap and nebulizer machines).

We keep a list of those residents who rely on these medical devices so that we can be proactive and contact those in the community (who may also be without phone service) during these times of need. It would be wise to update that list annually and this is your reminder to do so today.

Simply dial the numbers below, or send an email, to indicate who you are and what device is dependent on electrical current, and we will add it to our notes for potential need in the future. If you live on the East campus direct your calls to Shania and if on the West, you can send to John. No matter what area of campus you reside, this simple step could make a meaningful difference in your peace of mind during potential times of crisis.

Thank you,
John Bowen, Director of Social Services
717-591-8081
jrbowen@asbury.org

Shania McMillon
717-591-8794
smcmillon@asbury.org



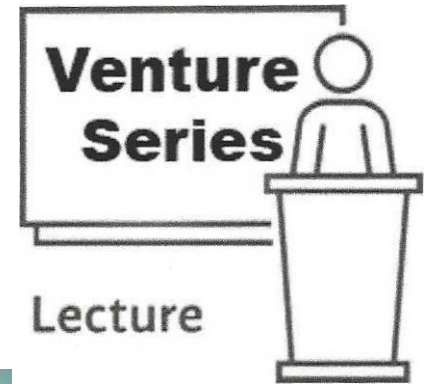
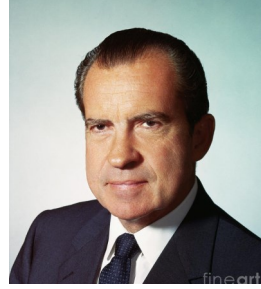
VENTURE LECTURE SERIES

Monte Avery

**THURSDAY, SEPTEMBER 18, 2025
7:00 P.M.**

The Fall Series begins with Dr. Jean-Paul Benowitz. Dr. Benowitz has been a previous lecturer for the Venture Lecture Series, and we are very pleased to have him return to begin the Fall Series. His topic will be **“Our Pennsylvania Dutch Presidents”**.

Since the office was established in 1789, there have been 45 U. S. Presidents serving in 47 presidencies. Three of the Presidents of the United States were raised in the Pennsylvania Dutch tradition.



Herbert C. Hoover (1874-1964) 31st president (1929-1933) was from a Quaker background; Dwight D. Eisenhower (1890-1969) 34th president (1953-1961) was from a Mennonite and Brethren in Christ background; Richard M. Nixon (1913-1994) 36th vice president (1953-1961) 37th president (1969-1974) was from a Quaker background. All three of these presidents in their memoirs attribute their domestic and foreign policies, including pacificism and nonresistance to their Pennsylvania Dutch upbringing. All three presidents had progressive social welfare programs and developed foreign relations strategies rooted in an understanding of global peacemaking. Much of the New Deal was started by Hoover, Eisenhower passed the first Civil Rights Act and appointed an extremely liberal Supreme Court, Nixon augmented the progressivism of the Great Society. Hoover was known before, during, and after his presidency for his leadership in global humanitarian relief work and served as an advisor in every presidential administration through Lyndon B. Johnson. Eisenhower ended the war in Korea served as an advisor to John F. Kennedy on the Bay of Pigs and Cuban Missile Crisis averting war and seeking diplomacy and peacemaking. Nixon was a foreign policy expert advisor to every president through Bill Clinton guiding the presidents in the art of international diplomacy. The Pennsylvania Dutch Mennonite, Brethren, and Quaker ideals of social justice and peacebuilding impacted the presidencies and presidential legacies of Hoover, Eisenhower, and Nixon; all of whom, as president, embraced the Mennonite, Brethren, and Quaker understanding of the separation of church and state in as much as they did not promote civil religion. Their Pennsylvania Dutch Mennonite, Brethren, and Quaker roots informed their understanding of freedom of religion in a democracy. Hoover, Eisenhower, and Nixon did not believe in implicit religious values of a nation as expressed through public rituals, symbols, and ceremonies. This presentation demonstrates how Hoover, Eisenhower, and Nixon were

(Continued on page 14)

progressive and at times counter cultural and it was based on their Pennsylvania Dutch heritage. Jean-Paul Benowitz teaches history at Elizabethtown College where he is the Director of Public Heritage Studies. Since 1993 he has been on the faculty teaching in the Departments of History and Religious Studies. He earned his BS in History at Eastern Mennonite University where he authored his senior thesis on the history of the Horse and Buggy Mennonites of Virginia. He earned his MA in History at Millersville University where he wrote his MA thesis on the history of the Horse and Buggy Mennonites of Pennsylvania and Virginia. He was a scholar in residence at Elizabethtown College's Center for Anabaptist Studies. During this time, he authored several scholarly articles and books about Pennsylvania Dutch Culture. He did his doctoral work at Temple University. His dissertation is a biography of U. S. Congressman James Wadsworth Symington who worked in the Eisenhower, Kennedy, and Johnson administrations. Much of Jean-Paul's scholarship, published works, public presentations have focused on 20th Century American political history, particularly presidential studies, and international relations. This is the foundation for Honors courses he teaches about leadership in the Honors Program where he is an academic advisor and where he directs the Office of Prestigious Scholarships and Fellowships. He teaches community-based learning Honors courses about local history and historic preservation. He has authored books about local history, articles about the Historic Peace Churches, and a column in the local newspaper in Elizabethtown about local history.

We will continue our series in October and November. On Thursday, October 16, 2025, David Morrison will be talking on **"Pennsylvania's Governors' Residences, from William Penn to Josh Shapiro"**

Mr. Morrison is the Executive Director of the Historic Harrisburg Association and has been involved with the Association in various capacities since 1986. He has been a leader in Pennsylvania governmental, educational and nonprofit affairs for more than 40 years.

Join us again on Thursday, November 20, 2025, when John Maietta returns to tell us about **"OUR WORLD IN PICTURES: THE HISTORY OF PHOTOGRAPHY"**.

A native of Williamsport, Pa., John Maietta retired from a lifelong public relations career in 2010. For many years he operated a successful freelance business in the Harrisburg area, while simultaneously serving as a public affairs officer with the Pennsylvania National Guard. Starting in 2002, he completed numerous active-duty assignments with the U.S. Army, including long-term deployments to Bosnia, Kosovo, Germany, and Iraq. In 2014 he received a master's degree in applied history from Shippensburg University. He later taught introductory courses in world history at Shippensburg and York College of Pennsylvania. His popular presentations on history and culture have been featured at many libraries, retirement centers, and other venues throughout the region.

REMINDER – these lectures **are not televised** on Channel 956. Your in-person attendance at the lectures is very much appreciated.

Bethany Readers September 2025

Barb Bankard

The Bethany Readers is a women's book club open to all women of Bethany Village and Bethany Towers. We meet monthly on alternating 2nd Tuesdays or 2nd Fridays. We are excited about our book selections for 2025. Listed below are the monthly books, dates and facilitators.

Our next discussion will be on Tuesday, September 9 at 10:00 a.m. in the West Education Room (Maplewood), West campus, door 21. Gail Hoke will lead the discussion of The Women by Kristin Hannah. We look forward to seeing you there!

Tracy Olson has agreed once again to gather the book recommendations for 2026, so we can select next year's books in November. Please email your suggestions to her at tracy0265@gmail.com. Thanks!

Any questions you have can be sent to me at bbankard@comcast.net Barb Bankard

Date	Book	Location	Facilitator
Tuesday, September 9	The Women – Kristin Hannah	Maplewood Conference Room	Gail Hoke
Friday, October 10	The Covenant of Water – Abraham Verghese	Corporate Conference Room	Marj House
Tuesday, November 11	The Glassmaker – Tracey Chevalier	Maplewood Conference Room	Yasmin Anjahli
Friday, December 12	2026 Book List and Facilitator Selections	Corporate Conference Room	Christmas Luncheon

***Locations subject to change

Bethany Village Volunteer Opportunities

**Become an Ambassador
to a New Resident**

**Be a Caring Friend to a
Resident in Oaks or Maplewood**

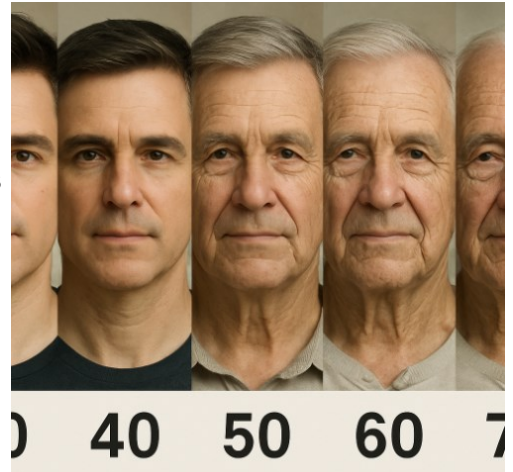


**For more information contact
Trudy Luebbbers @717-591-8021,
or TLuebbbers@Asbury.org**

Life Changes

John Bowen, MSW Director of Social Services

Does anything really stay the same? We would be hard-pressed to come up with many examples when asked this question. And, certainly, our names would not be anywhere on that list. That is because life happens and each of us ages, even if it might be just one day at a time. The changes that we experience as living, breathing creatures may present as physical, or cognitive, emotional, or spiritual. There is no getting around the fact that when we look in the mirror tomorrow, we are not gazing upon the same youthful reflection that stared back at us what seemed like just yesterday. So, when Shania and I speak next month on "Life Changes" consider how that is affecting you, personally, and come learn how we can partner with you to postpone (or even prevent) some of the less-desirable outcomes that often result from aging.



As your social workers in Residential Living, we are here to help educate and navigate through whatever challenges lay ahead on your journey. We will be in the Rife Center on September 30th at 2:00. Hope to see you there.

Come meet your residential social workers, John and Shania, to learn more about how to manage the changes we go through as we age, have some fun, and share in refreshments.

2024 Archival Yearbook

Joan Bretz, Residents' Council History Committee Chair

Hopefully, many - if not most - of you have taken the opportunity to browse through the 2024 Archival Yearbook, which was on display in the East breezeway through July and in the West Reading Room through August. This yearbook will now be placed in the bookcase by the clock in the East breezeway (across from the mailboxes) on a permanent basis. It joins the other yearbooks that take Bethany Village history back to its origins in 1964.



The 2024 edition contains material and photos reviewing events, groups and activities that impacted our lives last year. Other volumes provide a taste of life at Bethany Village through previous years. Please take some time to enjoy them all.

The 2025 Archival Yearbook is now well under way. If you would like to join the History Committee and play a part in recording the history of Bethany Village both for our current residents and for those who follow us, please contact Joan Bretz, History Committee Chair, via phone at 717-657-3645 or via email at jbretz1@earthlink.net. At the very least send photos and programs from the various Bethany Village events for possible inclusion in the next Archival Yearbook or make suggestions as to what you would like to see included for posterity..

Remembrance Garden

Do you know that we have a Remembrance Garden on campus? In August of 2014 the Residents' Council of Bethany Village created a committee to study the feasibility of establishing a Remembrance Garden. This garden was to be placed in a location on the Bethany Village campus that was accessible to all, and it was to be fully funded by the residents.

Through contributions from residents and friends we completed the construction of the Bethany Village Remembrance Garden in 2014. It consists of a curved brick walkway that contains memorial bricks leading to the labyrinth surrounded by benches and beautiful plantings. Here residents and friends may sit quietly to remember loved ones in a beautiful natural setting.

The Garden is located on the West Campus



benches at the top for you to relax after you have taken a meditative walk through the labyrinth. Or perhaps you would wish to take a slow stroll up the curved brick pathway reading the names of departed loved ones and recalling fond memories.

The mission of the Bethany Village Remembrance Garden is to provide a place where family members and friends can be remembered in a beautiful setting throughout the year.

Forms for requesting a brick to be added are available in the foundation office on the east side.



across the parking lot from the entrance to The Oaks. Another way to access the Garden is to continue past the entrance to Sheely Lane and remain on Wilson Lane until you drive into the rear parking lot of the West apartments. The Remembrance Garden is immediately to the right as you reach the parking lot.

Please take the time to not only become familiar with the location but to enjoy the beauty and serenity of the surrounding areas. There are



Sheep Dip

Ann Van Dyke

“Let’s not just throw sheep dip at this.” That’s a quote, and I guess I need to back up and explain. A couple of us on a community center board were brainstorming via text about an upcoming project. A woman on the board proposed we do X. A fellow on the board thought X would be sloppy and ineffective and expressed that by making the “throwing sheep dip” comment. I got back to him immediately and said the woman who proposed X, is the last person in America who should have sheep dip thrown on her. He somewhat apologized by explaining that the comment was simply an old corporate expression meaning that sheep dip equated the aforementioned sloppy and ineffective approach to anything. *

Well, corporate America, do I have news for you. Sheep dip is great stuff. That’s one of those things you learn when your Dad couldn’t be a dairy farmer because his asthma would not allow him to be in the barn long enough to milk everybody, but it would allow him to do the amount of tending in the barn that sheep needed. So, beginning when I was 9, Dad began to build his flock. It began with a tiny, little newborn lamb who had been rejected by her mother. (There’s some rough stuff that goes on in the barn.)

Dad brought her home, handed her to me and said, “Tah, dah, happy birthday!” We kept her in a big box in the kitchen that winter, and I fed her with a baby bottle about 80 times a day...it seemed. Maybell was like a puppy who never got the drift of house training but loved being around people. When she got big enough to join Dad’s first-ever flock, she didn’t like it one bit. She apparently found the other sheep to be dirty and smelly and stupid and would bolt for the house every time she had the chance.

Meanwhile, Dad was happy his flock was growing, and he did what every good sheep farmer does, he ran them through the sheep dip. I don’t suspect they actually ran, but that’s the expression my Dad used. After they got over the humiliation of going through the stuff (you had to dunk their heads along with every inch of the rest of them), they clearly felt better. Sheep dip kills all those little itchy, bitty, buggy critters that otherwise live deep in their wool, and it clears up eye infections and sores and bad attitudes that come with all of the above. It worked so well, Dad even dipped the barn cats.

The stuff made such a difference, that farmers had a long list of jokes that went like this, “Mike has the flu? Bring him down and we’ll run him through the sheep dip and he’ll be fine in the morning.” “Tractor giving you problems? Hose it down with sheep dip and it will be humming in minutes.” “High school football team doing poorly? We need to run those boys through the sheep dip and they’ll be winning by Friday.”

All this to say, sheep dip is exactly what the corporate world needs to throw on their problems! But talk with a farmer first.

*After the Board considered 437 options, they chose to do X.

Bethany Village

September Birthdays

9/1 Ellie Meadowcroft

Dennis Plymette

Carol Steffy

9/2 Romaine Boyanowski

Virginia Leber

Daniel Seitz

Janet Shank

9/3 RAY SCHOTT

9/4 Sandy Leyder

Pam Steele

9/5 Patsy Ambrose

9/6 Richard Peterson

9/7 Nina McElwain

Tim Sullivan

9/8 Penny Bair

Anne Irvin

9/9 MARY JANE ERBY

Ardelle Watts

9/10 Dean Burling

Carol Cottrell

Linda Kelley

9/11 Dick Landry

9/12 Gordon Arnold

9/16 Patrick Dougherty

Shirley Kerr

Marlin McLaughlin

Sandy Wright

9/17 Pat Koscienski

Harold McInnes

David Weiss

9/18 BOB RHOADES

Sara Spence

9/19 Donna Dorwart

Beverly Miller

William Sanders

9/20 Donald McCoy

9/21 Eileen DiFonzo

I.S.Eberly

9/22 David Clovsky

Cynthia Lindsay

Joan Mackey

9/24 Susan Adams

Sharon Arnold

9/26 Curt Bonser

Carolyn Long

9/27 Frank Rajnik



September Volunteer Opportunities

For Oaks & Maplewood



Escort Residents to Events to Martha's Garden
Train runs and visits with them outdoors



9/4 Carnival Day in the Oaks

From 2:30 pm – 3:30 pm

A couple of volunteers are needed to assist with games and prizes.



9/9 Bonnie Koons Music

9/16 Musical Stylings of Ric Todd

From 2:30 pm – 3:30 pm

A couple of volunteers are needed to assist with escorting Oaks and/or MW residents to the events.



To Paint Nails at the Oaks

Volunteers can come any day of the week.



Be a BINGO Caller for Maplewood

Mondays & Friday: 1:30 – 2:30 pm

Monday, Wednesday, & Friday: 11:30 – 12:30 pm

Monday & Thursdays: 10:30 – 11:30 am

Volunteers are needed to call out the numbers for BINGO Games. Members of the Activity Team set the room up with cards, chips, and prizes.

Interested in Volunteering
Contact Trudy Luebbers at 717-591-8021
or email tluebbers@asbury.org

Bereavement Notifications

Barbara Nolan – 7-22-25

Kathryn Wiley – 8-2-25

Dorothy Bricker – 8-7-25

Betty Kearney – 8-9-25

Doug Sargeant – 8-14-25

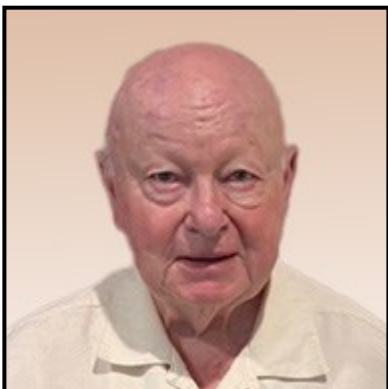


Welcome New Residents

Amanda Price



Mary Linn Faries has moved into West Apartment #3142. Her phone number is 717-766-3004. Mary Linn has moved here from Mechanicsburg, PA. She is very happy to be here and looking forward to getting acclimated and being closer to her husband who resides here at Bethany.



George and Frankie Glass have moved into Court Apartment 3131. Their phone number is 717-577-7478. They have moved here from Mechanicsburg, Pa. George was an engineer and Frankie was a teacher. They are both looking forward to socializing with new people and getting settled in their new home.



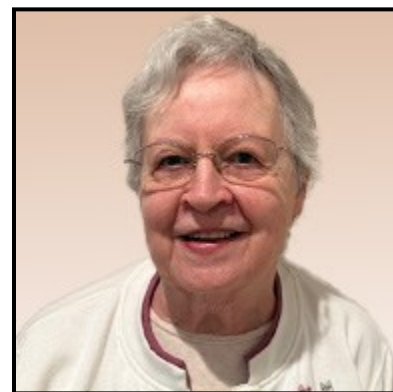


Michelle and Steve Drachler have moved into East Cottage 410. Their phone numbers are S:717-926-7240, M:717-712-8511. Michelle and Steve spent about a year searching for a place to spend the rest of their lives together. As it turns out it was only 11.6 miles from their former home in Susquehanna Township. Michelle spent her career as a state bureaucrat in Pennsylvania



and Tennessee, as well as a retirement career as a church office manager. Steve says he's retired, but friends say he's never really stopped working. He was an award-winning journalist before following a call to ministry as an urban missionary, and then as the director of media relations for The United Methodist Church. Since leaving that post, he's been a lobbyist and communications consultant. He spent eight years too, in Pennsylvania's political world. They met at a Hershey Bears hockey game in 1978, when their personal cupid did a formal introduction. The Drachlers love travel, including

Nancy Wilson has moved into West Apartment #2107. Her phone number is 717-395-0209. Nancy moved here from Mechanicsburg, PA. Her hometown is Tioga County, PA, near the NY State line. Nancy and her husband graduated from Mansfield State College (University), then moved east to Bradford County PA, to spend their teaching careers in the Wyalusing School District. They were active in church and community in the village of Camptown, PA, made famous by Stephen Foster (Doo-dah!) Nancy and her husband were blessed by wonderful families, including two daughters and three grandkids. They moved to Mechanicsburg ten years ago and enjoyed their time here until he passed. They were modern Western square dancers, and enjoyed RVing, antique/classic cars, bowling, travel, etc. Nancy is from a musical family, so she enjoys piano, organ and choir. She collects dolls and likes to write. She already has a few friends here at Bethany and hopes to make more while she is mini golfing, gardening, crafting, and water exercising.



Tim and Winnie Sullivan have moved into West Apartment #3143. Their phone numbers are Tim-717-766-6666, Winnie-717-576-2961. They moved here from Mechanicsburg; Pa. Winne is from Mechanicsburg and Tim is from California; Tim was in programmer at Book of the month club and Winnie worked in Accounting at Book of the Month



club. They both enjoy the fitness here at Bethany, especially chair yoga and the pool!